# Newsletter November 2018

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis





OPTIMA prelim-412 OPTIMA main-714

October has been another good month, we exceeded our target with an excellent 56 patients randomised!

Congratulations to joint top recruiters Beatson Oncology Centre and Royal Devon and Exeter Hospital—4 patients each.

We know how hard you are working to screen and recruit eligible patients, please keep going!

## Megablocks

If you are sending a megablock please make sure that they are posted no later that Monday to be included in the Wednesday Prosigna run.

The reason for this is that occasionally the blocks need to be re-embedded before processing for OPTIMA.

# Recruitment tip of the month – Lead with treatment 'certainties'

It helps to lead on adjuvant treatments that are certain....

"There are a couple of treatments that you should **definitely** have, **one** of which is radiotherapy to the breast...... The **second thing you should definitely have** is some hormone based tablets,"

This approach provides a platform to contrast the 'certainties' of some treatments with the uncertainties of chemotherapy benefit for all patients, and in turn, provides the opportunity to talk about the desire to better target chemotherapy use.

#### **OPTIMA Stratification Variables**

Within OPTIMA, we stratify by the following variables:

Chemotherapy regimen

Number of involved nodes

Histological grade

Tumour size

Menopausal status

This information is recorded on the Randomisation CRF (Form #2)

These data items are <u>critical</u> for the outcome of the trial so please ensure that these items are accurate <u>before</u> you randomise the patient.

# PRESS

# **OPTMA Audio-recording.**

If you have a recorder, please ask your next eligible patient if you can record the appointment. Contact <u>carmel.conefrey@bristol.ac.uk</u> for more information.



#### New team member

Welcome to Adam Raynes who has joined the Warwick OPTIMA team as a data entry clerk

### **Consent Forms**

Please note that completed consent forms should **not** be sent to the OPTIMA trial office.



A copy should be given to the patient, one for the patient's hospital records and store the originals in section 8.3 of your Investigator Site File.

Any consent forms received here will, unfortunately, constitute a protocol violation.

#### Redaction

When redacting histology reports to send to the trials office and the lab, please also remove the name of the person who requested the report. Thank you!

#### **Contact Us**

OPTIMA trial office 02476 151948 <u>optima@warwick.ac.uk</u>

Oualitative Recruitment Study 01179 287296 <u>carmel.conefrey@bristol.ac.uk</u>

Number of 1	patients rand	lomised p	er site (a	21/10/2018)
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Number of patients ra	ndo	mised per site (31/10/2018)	
University Hospital Coventry	33	Royal United Hospital, Bath	6
Mount Vernon Cancer Centre	32	Whittington Hospital	6
University Hospitals of North Midlands	31	York Hospital	6
Blackpool Victoria Hospital	29	Bedford Hospital	5
Bristol Haematology and Oncology Centre	29	Medway Maritime Hospital	5
Addenbrooke's Hospital	22	Norfolk & Norwich University Hospital	5
NHS Lanarkshire	21	New Cross Hospital, Wolverhampton	5
Peterborough City Hospital	21	Prince Charles Hospital	5
The Christie	20	Royal Cornwall Hospital	5
Beatson West of Scotland Cancer Centre	19	Southampton General Hospital	5
Velindre Cancer Centre	18	St Mary's Hospital, Isle of Wight	5
Wrexham Maelor Hospital, Wrexham	18	University College London Hospital	5
Royal Alexandra and Inverclyde Hospitals	17	University Hospital of North Tees	5
Derriford Hospital, Plymouth	16	Airedale General Hospital	4
Royal Devon and Exeter Hospital	16	Belfast City Hospital	4
Queen Elizabeth Hospital, Gateshead	12	Darent Valley Hospital	4
Salisbury District Hospital	12	North Middlesex Hospital	4
University Hospitals of Morecambe Bay	12	Nottingham University Hospital	4
Glan Clwyd Hospital, Bodelwyddan	11	Royal Hampshire County Hospital	4
Torbay Hospital	11	Sunderland Royal Hospital	4
Royal Albert Edward Infirmary, Wigan	10	Bradford Royal Infirmary	3
Royal Free Hospital	10	Chase Farm Hospital	3
Stepping Hill Hospital	10	Dumfries and Galloway Royal Infirmary	3
Luton and Dunstable University Hospital	9	East Sussex Healthcare NHS Trust	3
Russells Hall Hospital, Dudley	9	Maidstone Hospital	3
Weston Park Hospital, Sheffield	9	Pennine Acute Hospitals	3
East Kent Hospitals NHS Foundation Trust	8	Queens Hospital, Burton upon Trent	3
Frimley Park Hospital	8	Western General Hospital, Edinburgh	3
Macclesfield District Hospital	8	Ysbyty Gwynedd, Bangor	3
Northumbria Healthcare NHS Foundation Trust	8	Basildon University Hospital	2
Royal Gwent Hospital	8	Birmingham City Hospital	2
Barnet Hospital	7	Broomfield Hospital	2
Darlington Memorial Hospital	7	Chesterfield Royal Hospital	2
Forth Valley Hospital	7	Churchill Hospital, Oxford	2
Queen Elizabeth Hospital, Birmingham	7	Hinchingbrooke Hospital	2
Royal Glamorgan Hospital	7	Northern Lincolnshire and Goole NHS Trust	2
Royal Shrewsbury Hospital	7	University Hospital Crosshouse	2
St Margaret's Hospital, Epping	7	Weston General Hospital	2
George Eliot Hospital	6	Basingstoke and North Hampshire Hospital	1
Lister Hospital	6	Leighton Hospital	1
Milton Keynes University Hospital	6	Ulster Hospital	1
Musgrove Park Hospital	6		