# **Newsletter April 2018**

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis





### Recruitment update

Total recruitment is currently 389.

33 patients were randomised in March and April has started well with 4 already. It would be great if we could exceed last month's total.

Please continue to screen and approach potential participants.

### Recruitment Tip of The Month: Talking about adjuvant treatment

When discussing adjuvant treatment, start off with the 'certainties' – the treatments that we KNOW will benefit the patient: hormone therapy (and radiotherapy).

Explain that there is less certainty about which patients should receive chemotherapy, because not all tumours are 'chemotherapy sensitive'.

Let the patient know that till recently, there hasn't been a test to determine which tumours are likely to respond to chemotherapy, and which are not. Explain that the OPTIMA study is about using a biological test – Prosigna – to try to target chemotherapy use.



## Baseline Details CRF Section 4 - Medication

We have received a number of Baseline Details CRF's where instead of entering a value into the medication table cells (for example, once daily, TDS) "as above" quote marks have been used. All those we have received so far will be amended as self-evident corrections, but please can we ask you not to do this moving forward. All lines should be completed in full, those that are not will be returned as queries. Many thanks.



# OPTIMA on the move! Regional Investigator Meetings

We are currently arranging a series of meetings around the country aimed at OPTIMA investigators, research nurses, surgeons and other MDT members.

The first meeting is taking place in Glasgow on April 26th, further meetings are planned for the East of England, North Wales, South Wales and the Midlands. You will be given plenty of notice that we are coming to your area, please keep an eye on your inbox.





#### Audio-Recorders Available

Would you like some personalised feedback on your approach to patient recruitment? Get in touch with the OPTIMA qualitative researcher, Carmel Conefrey, for a chat about audio-recording your recruitment appointments.

Carmel.conefrey@bristol.ac.uk 0117 9287296

## Number of patients randomised per site

Information correct as of 04/04/18

Blackpool Victoria Hospital  20 University Hospital of North Tees  Mount Vernon Cancer Centre  Bristol Haematology and Oncology Centre  University Hospitals of North Midlands  Peterborough City Hospital  Addenbrooke's Hospital  North Middlesex Hospital  The Christie  10 Queen Elizabeth Hospital, Birmingham  Royal Alexandra and Inverclyde Hospital  Puniversity Hospital  Pork Hospital, Wrexham  Bristol Haematology and Oncology Centre  18 Darent Valley Hospital  19 Darent Valley Hospital  Addenbrooke's Hospital  North Middlesex Hospital, Birmingham  North Middlesex Hospital  North Middlesex Hospital, Birmingham  North Middlesex Hospital  North Middlesex H	
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Glan Clwyd Hospital, Bodelwyddan 6 Royal Cornwall Hospital 2	2
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Royal Shrewsbury Hospital 6 Royal Glamorgan Hospital 2	2
Stepping Hill Hospital 6 Sunderland Royal Hospital 2	2
Derriford Hospital, Plymouth 5 Western General Hospital, Edinburgh 2	2
Lister Hospital 5 Ysbyty Gwynedd, Bangor 2	2
Macclesfield District Hospital 5 Airedale General Hospital 1	1
New Cross Hospital, Wolverhampton 5 Basingstoke and North Hampshire Hospital 1	1
Northumbria Healthcare NHS Foundation Trust 5 Belfast City Hospital 1	1
St Margaret's Hospital, Epping 5 East Sussex Healthcare NHS Trust 1	1
Whittington Hospital 5 Musgrove Park Hospital 1	1
East Kent Hospitals NHS Foundation Trust 4 Royal Hampshire County Hospital 1	1
Milton Keynes University Hospital 4 Royal United Hospital, Bath 1	1
Norfolk & Norwich University Hospital 4 Southampton General Hospital 1	1
Royal Gwent Hospital 4 St Mary's Hospital, Isle of Wight 1	1

#### **Contact us**

If you have any questions please don't hesitate to contact us, the OPTIMA team are very willing to help.