




**Chief Investigator**  
**Rob Stein**

Authorised Signature: 

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## TRIAL AND NAMED INVESTIGATOR CONTACT DETAILS

<b>Sponsor</b>	<b>University College London</b> Dr Rajinder Sidhu Deputy Director of Research Support, Joint Research Office. UCL Hospitals NHS Foundation Trust 4th Floor West, 250 Euston Road, London NW1 2PG Tel: 020 3447 5554 Email: uclh.randd@nhs.net	<b>Chief Investigator</b>	<b>Prof Rob Stein</b> Professor of Breast Oncology, UCL. Department of Oncology UCL Hospitals NHS Foundation Trust 1 <sup>st</sup> Floor Central, 250 Euston Road London NW1 2PG Tel: 020 3447 9072 Email: r.stein@ucl.ac.uk
<b>Co-Chief Investigator</b>	<b>Prof Iain Macpherson</b> Professor of Breast Oncology, University of Glasgow. Beatson West of Scotland Cancer Centre 1053 Great Western Road Glasgow G12 0YN Tel: 0141 301 7128 Email: iain.macpherson@glasgow.ac.uk	<b>Co-Chief Investigator</b>	<b>Prof Andreas Makris</b> Hon. Professor and Consultant Clinical Oncologist Mount Vernon Cancer Centre Rickmansworth Road Northwood HA6 2RN Tel: 01923 844723 Email: amakris@nhs.net
<b>Co-Chief Investigator</b>	<b>Dr Luke Hughes-Davies</b> Consultant Oncologist (rtd), Cambridge Email: 39lthd@gmail.com	<b>WCTU Lead &amp; Senior Trial Statistician</b>	<b>Prof Janet Dunn</b> Professor of Clinical Trials & Head of Cancer Trials, Warwick Clinical Trials Unit Warwick Medical School University of Warwick Gibbet Hill Road Coventry CV4 7AL Tel: 024 7657 5847 Email: j.a.dunn@warwick.ac.uk
<b>Senior Project Manager</b>	<b>Helen Higgins</b> Warwick Clinical Trials Unit, Warwick Medical School. University of Warwick Gibbet Hill Road Coventry CV4 7AL Tel: 024 76151178 Email: h.higgins@warwick.ac.uk	<b>Trial Management</b>	<b>Uzma Manazar (TM)</b> <b>Amy Broadfield (TC)</b> Warwick Clinical Trials Unit, Warwick Medical School. University of Warwick Gibbet Hill Road Coventry CV4 7AL Tel: 024 7615 1948 Email: optima@warwick.ac.uk
<b>Trial Quality Assurance</b>	<b>WCTU Quality Assurance</b> Warwick Clinical Trials Unit Warwick Medical School University of Warwick Gibbet Hill Road Coventry CV4 7AL Email: wctuqa@warwick.ac.uk	<b>Trial Statistician</b>	<b>Dr Andrea Marshall</b> Associate Professor of Statistics, Warwick Clinical Trials Unit. Warwick Medical School University of Warwick Gibbet Hill Road Coventry CV4 7AL
<b>Patient Advocate</b>	<b>Dr Adrienne Morgan</b> Independent Cancer Patients' Voice  www.independentcancerpatientsvoice.org.uk info@icpv.org.uk	<b>Breast Care Nurse</b>	<b>Dr Victoria Harmer</b> Macmillan Consultant Nurse (breast), Breast Care Unit. Imperial College Healthcare NHS Trust Charing Cross Hospital Fulham Palace Road London W6 8RF
<b>Qualitative Research Investigators</b>	<b>Drs Leila Rooshenas &amp; Carmel Conefrey</b> School of Population Health Sciences. University of Bristol Canyng Hall, 39 Whatley Road Bristol BS8 2PS	<b>Qualitative Research Advisor</b>	<b>Prof Jenny Donovan</b> Professor of Social Medicine, School of Population Health Sciences. University of Bristol Canyng Hall, 39 Whatley Road Bristol BS8 2PS

<b>Health Economist</b>	<b>Prof Peter Hall</b> Professor Medical Oncology (Cancer Informatics), Edinburgh Cancer Research Centre. University of Edinburgh Crewe Road South Edinburgh EH4 2XR	<b>Health Economist</b>	<b>Dr Alison Smith</b> Lecturer in Health Economics, Academic Unit of Health Economics Leeds Institute of Health Sciences University of Leeds. Worsley Building, Clarendon Way Leeds LS2 9LJ
<b>Health Economics Advisor</b>	<b>Prof Christopher McCabe</b> Professor of Health Economics, Centre for Public Health, School of Medicine, Dentistry and Biomedical Sciences, Queen's University Belfast. Royal Victoria Hospital Belfast BT12 6BA	<b>Oncology Advisor</b>	<b>Dr Anne Armstrong</b> Consultant in Medical Oncology, The Christie and Hon. Senior Lecturer, University of Manchester. The Christie NHS Foundation Trust Wilmslow Road Manchester M20 4BX
<b>Oncology Advisor</b>	<b>Prof David Cameron</b> Professor of Medical Oncology, Department of Medical Oncology Edinburgh University & NHS Lothian. Crewe Road South Edinburgh EH4 2XU	<b>Oncology Advisor</b>	<b>Prof Helena Earl</b> Emeritus Professor of Clinical Cancer Medicine, University of Cambridge. Department of Oncology Addenbrooke's Hospital Box 193-R4 Cambridge CB2 0QQ
<b>Oncology Advisor</b>	<b>Prof Dan Rea</b> Professor of Medical Oncology, School of Cancer Sciences University of Birmingham Edgbaston Birmingham B15 2TT	<b>Oncology Advisor</b>	<b>Dr Fharat Raja</b> Consultant in Medical Oncology, UCLH. Department of Oncology, UCL Hospitals 250 Euston Road London NW1 2PG
<b>Oncology Advisor</b>	<b>Dr Caroline Wilson</b> Consultant Medical Oncologist. The Christie NHS Foundation Trust Wilmslow Road Manchester M20 4BX	<b>Surgical Advisor</b>	<b>Prof Stuart McIntosh</b> Professor of Surgical Oncology and Consultant Breast Surgeon, Patrick G Johnston Centre for Cancer Research. Queen's University Belfast 97 Lisburn Road Belfast BT9 7AE
<b>Pathology Advisor</b>	<b>Prof Sarah Pinder</b> Professor of Breast Pathology, School of Cancer & Pharmaceutical Sciences, King's College London. 9th Floor, Innovation Hub Comprehensive Cancer Centre at Guy's Hospital Great Maze Pond London SE1 9RT	<b>Pathology Advisor</b>	<b>Prof Abeer Shaaban</b> Consultant Breast Pathologist, Department of Histopathology, University Hospitals Birmingham. Queen Elizabeth Hospital Birmingham Mindelsohn Way, Edgbaston Birmingham B15 2GW
<b>Scientific Advisor</b>	<b>Prof John Bartlett</b> Biomarkers & Companion Diagnostics Group, Edinburgh Cancer Research Centre. Western General Hospital Crewe Road South, Edinburgh EH4 2XR	<b>Scientific Advisor</b>	<b>Dr Karen Taylor</b> Group Leader, Institute of Genetics and Cancer The University of Edinburgh, Western General Hospital Crewe Road South Edinburgh EH4 2XR
<b>Norway Chief Investigator</b>	<b>Prof Bjørn Naume</b> Oslo University Hospital HF, Division of Cancer Medicine. Department of Oncology Radiumhospitalet, Postboks 4953 Nydalén, 0424 Oslo Norway	<b>Australia/ New Zealand Chief Investigator</b>	<b>Dr Belinda Kiely</b> Medical Oncologist Campbelltown Hospital, Therry Rd, Campbelltown, NSW 2560 Australia

## ABBREVIATIONS

Abbreviation	Explanation
AE	Adverse Event
AI	Aromatase inhibitor
BCSS	Breast cancer specific survival
C	Cyclophosphamide
CDK 4/6	Cyclin Dependent Kinases 4 and 6
CHI	Community Health Index
CI	Chief Investigator
CONSORT	Consolidated Standards of Reporting Trials
CRF	Case Report Form
CSG	Clinical Studies Group
ctDNA	Circulating tumour deoxyribonucleic acid
D	Day
dd	dose dense
DCIS	Ductal carcinoma in situ
DEXA	Dual energy X-ray absorptiometry
DRFI	Distant recurrence free interval
DRFS	Distant recurrence free survival
E	Epirubicin
EBCTCG	Early Breast Cancer Trialists' Collaborative Group
ER	Oestrogen receptor
F	Fluorouracil
FACT-B	Functional Assessment of Cancer Therapy for breast cancer patients
FDA	Food and Drug Administration
FNA	Fine needle aspiration
FFPE	Formalin fixed paraffin embedded
FSH	Follicle stimulating hormone
GCP	Good Clinical Practice
G-CSF	Granulocyte - Colony Stimulating Factor
GDPR	(The European Union) General Data Protection Regulation
GnRH	Gonadotropin-releasing hormone
GP	General Practitioner
HER2	Human Epidermal Growth Factor Receptor 2
HRA	Health Research Authority

<b>Abbreviation</b>	<b>Explanation</b>
HRT	Hormone Replacement Therapy
HSC	Health and Social Care
HSCIC	Health and Social Care Information Centre
ICD-O	International Classification of Diseases for Oncology
ICC	International Coordinating Centre (i.e. the local Trial Office for International Collaborators)
ICH	International Conference on Harmonisation
ICPV	Independent Cancer Patients' Voice
IBCFS	Invasive breast cancer free survival
IDMC	Independent Data Monitoring Committee
IHC	Immunohistochemistry
ISH	In-situ hybridisation
ITC	Isolated tumour cells
i.v.	Intravenous
LCIS	Lobular carcinoma in situ
LH	Luteinizing hormone
M	Methotrexate
MPEP	Molecular Pathology Evaluation Panel
MRC	Medical Research Council
NCRI	National Cancer Research Institute
NCRN	National Cancer Research Network
NEQAS	National External Quality Assessment Service
NHS	National Health Service
NICE	National Institute for Health and Care Excellence
NIHR HTA	National Institute for Health Research Health Technology Assessment
NPI	Nottingham Prognostic Index
NSABP	National Surgical Adjuvant Breast and Bowel Project
ONS	Office of National Statistics
OPTIMA	<b>Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis</b>
OPTIMA-YOUNG	<b>Optimal Personalized Treatment of early breast cancer using Multi-parameter Analysis: focus on YOUNGER women; protocol NCT07106632 sponsored by Unicancer</b>
OS	Overall survival
OSNA	One-step nucleic acid amplification

<b>Abbreviation</b>	<b>Explanation</b>
PATH-FOR-YOUNG	Personalized Adjuvant Treatment for HR+/HER2- breast cancer <b>FOR YOUNG</b> patients ( <a href="http://path-for-young.unicancer.fr">path-for-young.unicancer.fr</a> )
p.o.	Orally
PCR	Polymerase chain reaction
PIS	Patient Information Sheet
PgR	Progesterone Receptor
PPI	Patient and Public Involvement
P	Paclitaxel (administered weekly or 2-weekly)
q.	Every
QA	Quality assurance
QRS	Qualitative Recruitment Study
qRT-PCR	Quantitative reverse transcriptase polymerase chain reaction
RCT	Randomised controlled trial
R&D	Research and Development
REC	Research Ethics Committee
ROR	Risk of Recurrence
RS	Recurrence score
SAE	Serious Adverse Event
SOP	Standard Operating Procedure
T	Docetaxel
TMG	Trial Management Group
TSC	Trial Steering Committee
UCL	University College London
UCLH	University College London Hospitals NHS Foundation Trust
WCTU	Warwick Clinical Trials Unit (i.e. the central OPTIMA Trial Office)

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## 1. TRIAL SUMMARY – OPTIMA-PREMENOPAUSAL EXTENSION

<b>Title:</b>	Optimal Personalised Treatment of early breast cancer using <b>Multi-parameter Analysis</b>
<b>Rationale:</b>	<p>Multi-parameter tumour gene expression assays or tests have been shown to provide superior risk predictions to conventional assessment for patients with ER-positive HER2-negative early breast cancer without lymph node metastases and are widely used to assist chemotherapy decisions for this population. Evidence to support test use for patients with higher-risk breast cancer, particularly with lymph node involvement however remains limited.</p> <p>The OPTIMA trial seeks to advance the development of personalised treatment of early breast cancer by the prospective evaluation of multi-parameter assays as a means of identifying those patients who are likely to benefit from chemotherapy, whilst sparing those who are unlikely to do so from an unnecessary and unpleasant treatment, and to establish the cost-effectiveness of this approach. The OPTIMA study population is at high risk of recurrence and would ordinarily be treated with a combination of chemotherapy and endocrine therapy. The trial compares the management of patients using test-directed allocation to chemotherapy or not with standard management (chemotherapy) in a non-inferiority design. A preliminary phase of the study, <i>OPTIMA prelim</i>, demonstrated the feasibility of a large-scale trial and selected the test technology to be used in the main trial. The OPTIMA main trial is conducted in both pre- and post- menopausal patients and men aged <math>\geq 40</math> and is designed to demonstrate non-inferiority of test-directed treatment in this population.</p> <p>During the OPTIMA main recruitment period some trials have reported apparent benefit of chemotherapy in premenopausal patients with higher clinical risk but low multiparameter assay scores. In contrast to OPTIMA however, most of these patients did not receive ovarian function suppression thereby creating an imbalance between trial arms due to chemotherapy-induced premature ovarian insufficiency. The OPTIMA-premenopausal extension phase of the trial will expand the pre-menopausal patient cohort, who will contribute data to a combined analysis with the separate OPTIMA-YOUNG trial in this population of premenopausal women treated with optimal endocrine therapy.</p>
<b>Inclusion criteria</b> <i>premenopausal extension</i>	<ul style="list-style-type: none"> <li>• Female aged 35-54</li> <li>• Premenopausal, defined as follows:             <ol style="list-style-type: none"> <li>i. Younger than age 45 with no evidence of ovarian insufficiency.</li> <li>ii. At least one episode of spontaneous menstrual bleeding in the 6 months prior to trial entry if age <math>\geq 45</math>.</li> <li>iii. If neither (i) or (ii) apply, serum FSH level must be <math>\leq 25</math> IU/L and oestradiol level within the locally defined pre-menopausal range.</li> </ol> <p><i><b>NOTE:</b> Hormonal contraception including depot progestogens will suppress FSH and oestradiol levels. In those taking oral contraception, levels will recover rapidly on discontinuation.</i></p> </li> <li>• Excised invasive breast cancer with local treatment either completed or planned according to trial guidelines.</li> </ul> <p><i><b>NOTE:</b> Re-excision or completion mastectomy for close or positive/involved margins and delayed axillary clearance for pathologically proven axillary lymph node involvement is permitted following trial entry, either before or after chemotherapy.</i></p>

- ER positive (>10% of tumour cells stained positive) as determined by the referring site in a laboratory meeting national external quality assurance standards, and in accordance with national or ASCO-CAP guidelines.

***NOTE:** Where ER status is reported by Allred (or Quick) Score or by H-Score, tumours with high scores meet the ER-positive definition but the %staining component of the score is required to determine eligibility for intermediate-score tumours. Refer to the table for mapping.*

	Eligible (ER staining >10%)	Eligibility determined by %staining component of the score	Ineligible (ER staining ≤10%)
Allred (or Quick) Score	6, 7, or 8	4 or 5	3 or less
H-Score	>30	10-30	<10

- HER2 negative or low (IHC 0-1+, or ISH negative/non-amplified) as determined by the referring site in a laboratory meeting national external quality assurance standards, and in accordance with national or ASCO-CAP guidelines.
- Tumour size and axillary lymph node status; one of the following must apply:
  - 4-9 lymph nodes involved AND any invasive tumour size.
  - 1-3 nodes involved, with at least 1 node containing a macrometastasis (i.e. deposit >2mm diameter) AND any invasive tumour size.
  - 1-3 lymph nodes involved with micrometastases only (i.e. deposit >0.2-2mm diameter) AND invasive tumour size ≥20mm.
  - node negative AND invasive tumour size ≥ 30mm.

**NOTES:**

- Lymph nodes containing isolated tumour cell clusters (ITC) only (i.e. deposit ≤0.2mm diameter) will be considered to be uninvolved.*
- Involvement of lymph nodes with macrometastases or micrometastases may be determined either by histological examination or by OSNA or equivalent PCR-based assay.*

- Considered appropriate for adjuvant chemotherapy by the treating physician.
- Patient must be fit to receive chemotherapy and other trial-specified treatments with no concomitant medical, psychiatric or social problems that might interfere with informed consent, treatment compliance or follow up.
- Multiple ipsilateral cancers are permitted provided at least one tumour fulfils the tumour size and axillary lymph node entry criteria, and none meet any of the exclusion criteria.

***NOTE:** Refer [below](#) for guidance on selection of tumour blocks to be sent to the Central Laboratory.*

- Bilateral cancers are permitted provided the tumour(s) in one breast meets the eligibility criteria and the other, contralateral tumour is not ER negative and/or HER2 positive and not clinically significant, defined by both of the following:
  - The contralateral tumour **does not** fulfil the tumour size and lymph node eligibility criteria required for trial entry; i.e. the following are **not** acceptable:
    - presence of lymph node macro-metastases;
    - presence of lymph node micrometastases if the tumour size is ≥20mm;
    - tumour size ≥30mm when there is no lymph node involvement.
  - The treating physician does not consider that the characteristics of the contralateral tumour alone justify consideration of adjuvant chemotherapy.

	<ul style="list-style-type: none"> <li>• Short term pre-surgical treatment with endocrine therapy including in combination with non-cytotoxic agents is allowed providing that the duration of treatment does not exceed 8 weeks. <i>NOTE: A <a href="#">pre-treatment core biopsy</a> should be sent to the Central Laboratory; a sample from a surgical excision or other on-treatment biopsy is not acceptable.</i></li> <li>• Informed consent for the study. <i>NOTE: Consent must be received prior to undertaking any trial procedure. Randomisation and tumour block processing may be performed based on formally documented remote verbal consent when written consent will be delayed; written consent is required before proceeding to trial-specified treatment.</i></li> </ul>
<p><b>Exclusion Criteria:</b> <i>premenopausal extension</i></p>	<ul style="list-style-type: none"> <li>• <math>\geq 10</math> involved axillary lymph nodes (with either macrometastases and/ or micrometastases) or involvement of any of internal mammary, supraclavicular and infraclavicular lymph nodes. <i>NOTE: Internal mammary lymph nodes identified by anatomical imaging studies alone will be considered uninvolved where the diameter is <math>&lt; 10\text{mm}</math>.</i></li> <li>• ER negative/low (<math>\leq 10\%</math> of tumour cells stained positive) OR HER2 positive/amplified tumour (as determined by the referring site).</li> <li>• Metastatic disease. <i>NOTE: Formal staging according to local protocol is recommended for patients where there is a clinical suspicion of metastatic disease or for stage III disease (i.e. tumour <math>&gt; 50\text{mm}</math> diameter with any nodal involvement OR any tumour size with 4 or more involved nodes).</i></li> <li>• Previous diagnosis of malignancy unless: <ul style="list-style-type: none"> <li>i. managed by local treatment only AND disease-free for 10 years.</li> <li>ii. ductal carcinoma in situ (DCIS) or pleomorphic lobular carcinoma in situ (pleomorphic LCIS) of the breast managed by local treatment only; treatment with anti-oestrogens is not permitted. <i>NOTE: Isolated classical type lobular carcinoma in situ (LCIS) is not considered in this context to be a diagnosis of malignancy.</i></li> <li>iii. any other in situ carcinoma as defined by the International Classification of Diseases for Oncology (ICD-O) including basal cell carcinoma of skin and cervical intraepithelial neoplasia.</li> </ul> </li> <li>• Pre-operative anti-cancer treatments except short-term endocrine therapy administered as per the inclusion criteria.</li> <li>• Adjuvant systemic treatment commenced prior to trial entry* except endocrine therapy, which must be discontinued prior to starting trial-allocated chemotherapy.</li> <li>• Trial entry* and randomisation more than 12 weeks after completion of breast cancer surgery. Trial entry should ordinarily be within 8 weeks of final surgery.</li> </ul> <p>*Trial entry is dated from the earlier of participant signature of the consent form or the giving of remote verbal consent.</p>
<p><b>Hypothesis:</b></p>	<p>Tumour multi-parameter assays predict chemotherapy sensitivity. Patients with hormone sensitive primary breast cancers that have a low multi-parameter assay score do not have a meaningful chance of benefiting from adjuvant chemotherapy despite other factors that may predict for a high risk of disease recurrence.</p>

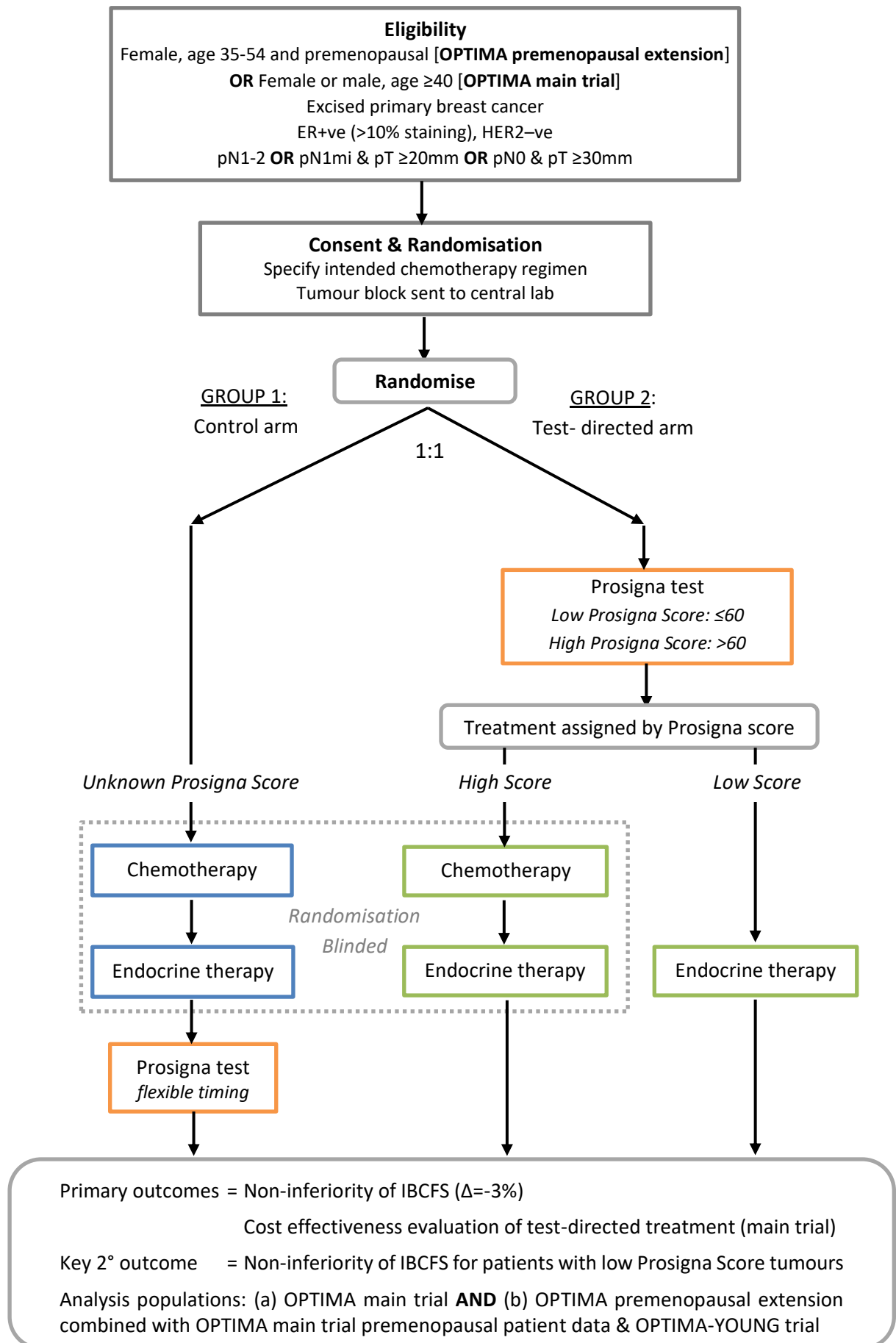
<b>Objectives:</b> <i>premenopausal extension.</i>	To demonstrate that the strategy using a gene expression (Prosigna)-driven decision to administer adjuvant chemotherapy or not is non-inferior to the standard of care (adjuvant chemotherapy) in premenopausal women with HR-positive/HER2-negative primary BC treated with optimal ET in terms of invasive breast cancer free survival (IBCFS).
<b>Trial Design:</b>	OPTIMA is a multi-site partially blinded randomised international clinical trial with a non-inferiority endpoint and an adaptive design. Randomisation is equal between trial arms.
<b>Trial arms:</b>	<p><b>Experimental:</b> Test-directed assignment of chemotherapy or not, followed by endocrine therapy.</p> <p><b>Control:</b> Chemotherapy followed by endocrine therapy.</p> <p><b>Randomisation will be concealed for patients assigned to chemotherapy</b></p>
<b>Test Technology:</b>	Prosigna (Chemotherapy assigned according to Prosigna Score >60 vs. ≤60)
<b>Tumour Block Testing:</b>	<p>Tumour blocks should be selected for testing as follows:</p> <ul style="list-style-type: none"> <li>• Patients with a unifocal tumour: a representative tumour block should be selected.</li> <li>• Patients who have received pre-operative endocrine treatment: a pre-treatment core biopsy should be selected.</li> </ul> <p><b>WARNING:</b> A tumour block from a surgical excision or other on-treatment biopsy is not acceptable: treated tumours are likely to have a lower Prosigna Score than untreated tumours due to therapy-induced changes in gene expression, which could change the treatment allocation.</p> <ul style="list-style-type: none"> <li>• Patients with multiple ipsilateral tumours: the site will identify an “index” lesion, selected as the tumour with the highest grade, followed by largest invasive tumour diameter. In rare cases, it may be necessary to submit samples from more than one lesion to the laboratory, for instance where lesions have differing morphology but the same grade. It is anticipated that laboratories will, as per standard good practice, assess ER and HER2 on the different lesions. Clinical management will be based on the highest Prosigna score for patients randomised to test-directed treatment.</li> </ul> <p><b>NOTE:</b> <i>Involved lymph nodes are not suitable for trial-specified laboratory investigation.</i></p>
<b>Procedures:</b>	<ul style="list-style-type: none"> <li>• Following informed consent, sites will login to the trial study capture application and perform randomisation.</li> <li>• Sites should select a tumour block(s) for testing and send this to the Central Laboratory together with the required documentation.</li> <li>• The Trial Office will notify the site of the participant’s treatment allocation (determined by Prosigna test result in the experimental arm).</li> <li>• Sites will request participants to complete the Quality of Life and Health Resource Use Assessment patient questionnaire prior to treatment allocation and at 3, 6, 12 and 24 months from the date of consent.</li> </ul> <p><i>Sites will be informed when Patient Questionnaire Booklet completion is activated.</i></p>

<p><b>Trial Treatments:</b> <i>premenopausal extension</i></p>	<p><b>Chemotherapy (permitted regimens):</b></p> <p>Anthracycline non-taxane</p> <ul style="list-style-type: none"> <li>• FEC90-100</li> <li>• EC90-100</li> </ul> <p>Taxane non-anthracycline</p> <ul style="list-style-type: none"> <li>• TC</li> </ul> <p>Combined anthracycline-taxane</p> <ul style="list-style-type: none"> <li>• (F)EC-T</li> <li>• (F)EC-P</li> <li>• AC-T</li> <li>• AC-P</li> <li>• TAC</li> </ul> <p>Dose-dense</p> <ul style="list-style-type: none"> <li>• dd AC/EC-P</li> </ul> <p>Paclitaxel-albumin (nab-paclitaxel) may be substituted for docetaxel/ paclitaxel.</p> <p>Platinum salts may be added to chemotherapy regimens for patients identified as having a homologous DNA repair deficiency.</p> <p><b>Endocrine therapy:</b></p> <p>Endocrine therapy for all patients in the premenopausal extension phase should be ovarian suppression combined with either tamoxifen or an aromatase inhibitor planned for a minimum of 5 years; the recommended duration is 10 years.</p> <p><u>Initial treatment period (years 0-5)</u></p> <p>Tamoxifen or an aromatase inhibitor for 5 years; combined with either ovarian suppression with GnRH agonist for at least 3 years OR bilateral surgical oophorectomy.</p> <p>Ovarian suppression may be deferred in the event of chemotherapy-induced amenorrhoea but should be initiated for those who resume menses up to 2 years from trial entry.</p> <p><u>Extended treatment period (years 6-10)</u></p> <p>Endocrine therapy of physician’s choice up to a total of 10 years.</p> <p><u>Attempted pregnancy</u></p> <p>Participants may choose to interrupt endocrine therapy if they wish to attempt pregnancy after completing a minimum period of treatment. Those who wish to do so should be informed of the <a href="#">evidence</a> for the safety of taking this step as well as its potential risks.</p> <p><b>Adjuvant CDK 4/6 inhibitors</b></p> <p>The CDK4/6 inhibitors, abemaciclib or ribociclib may be prescribed concurrently with endocrine therapy according to licence.</p>
<p><b>No. patients:</b> <i>premenopausal extension</i></p>	<p>Premenopausal cohort from 4500 patients recruited to the OPTIMA main study with approximately 760 additional patients recruited to the premenopausal extension phase for a combined analysis with OPTIMA-YOUNG of 4959 patients.</p>

	Recruitment between the premenopausal extension and OPTIMA-Young will be competitive. Sample size does not include patients recruited into OPTIMA prelim.
<b>Stratification:</b> <i>premenopausal extension</i>	<ol style="list-style-type: none"> <li>1. Country: each country will be represented as a separate category</li> <li>2. Chemotherapy regimen</li> <li>3. Number of involved lymph nodes</li> <li>4. Histological grade</li> <li>5. Tumour size</li> <li>6. Age</li> <li>7. Intended CDK 4/6 inhibitor use</li> </ol>
<b>Outcome measures:</b> <i>premenopausal extension</i>	<p><b>Primary outcomes:</b> Invasive breast cancer free survival (IBCFS): non-inferiority of test-directed chemotherapy treatment and endocrine therapy compared to chemotherapy followed by endocrine treatment.</p> <p><b>Secondary outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>Key Secondary outcome:</b> IBCFS and other outcome measures for patients with low-score tumours (defined as tumours for which the Prosigna score is below the cut-off [<math>\leq 60</math>] for chemotherapy use).</li> <li>• Distant recurrence free interval (DRFI) and Distant recurrence free survival (DRFS).</li> <li>• Breast cancer specific survival (BCSS) and Overall survival (OS).</li> <li>• Health resource use, and Quality of life as measured by EQ-5D &amp; FACT-B questionnaires and distress thermometer.</li> <li>• Cost effectiveness evaluation of protocol specified multi-parameter assay driven treatment against standard clinical practice.</li> </ul>
<b>Analysis:</b>	The primary outcome of invasive breast cancer free survival (IBCFS, defined as: loco-regional invasive breast cancer relapse, distant relapse, ipsilateral or contralateral new invasive primary breast cancer or death by any cause) will be calculated from the date of randomisation to the date of first IBCFS event or the date last known to be alive. The primary outcome of IBCFS will be assessed using Kaplan-Meier survival curves and compared using Cox models after adjustment for stratification variables. The analysis will test the non-inferiority hypothesis that the IBCFS rate for test-directed chemotherapy is not more than 3% lower than the IBCFS rate for standard chemotherapy, which is assumed to be at least 87% after 5 years of follow-up. A secondary analysis of non-inferiority of IBCFS will be performed for those patients with tumour Prosigna Scores of $\leq 60$ . Analyses will be performed in the Per Protocol population. Premenopausal patient data from the OPTIMA main trial and premenopausal extension will be combined with data collected by the parallel OPTIMA-YOUNG trial and will be analysed for non-inferiority of IBCFS in this population using a Cox model stratified by study (OPTIMA vs OPTIMA-YOUNG) and adjusted for the trial stratification factors.

*Note: The summary contains information on trial features that are specific to the OPTIMA premenopausal extension (indicated in the margin) or the entire trial. Details specific to the OPTIMA main trial are contained in the protocol body (outcome measures, statistical considerations etc) or in Appendix 2 (eligibility, treatment).*

## 2. TRIAL SCHEMA



### **3. INTRODUCTION**

In recent decades, adjuvant chemotherapy has been widely used in the treatment of early breast cancer to reduce the risks of relapse and death. The “Oxford Overview” (EBCTCG) meta-analysis of adjuvant chemotherapy trials suggests that the reduction in the relative risk of relapse and death is similar for all breast cancers, but the absolute benefit is greater for those at highest risk. Patients at high risk of relapse, either from having involved axillary lymph nodes and/or large tumour size, have usually been recommended adjuvant chemotherapy on the expectation that they would benefit from this treatment. A major focus of research in recent years has been to develop tests of sensitivity to chemotherapy so that patients who would not benefit from such treatment could avoid unpleasant side effects and health care funders could be spared unnecessary costs. Whilst oestrogen receptors and Human Epidermal Growth Factor Receptor 2 (HER2) expression are used to determine sensitivity to endocrine therapy and trastuzumab respectively, no similar tests exist for chemotherapy sensitivity.

A number of ‘multi-parameter’ prognostic tests for breast cancer have been developed that use molecular techniques, mostly applied to paraffin-embedded tumour tissue. These tests are established as providing superior prognostic information to conventional histopathology assessment of node-negative breast cancer for patients with ER positive and HER2 negative breast cancer. They are widely used to help guide chemotherapy decisions in this population. More limited evidence additionally suggests that the tests have utility in node-positive disease and may be predictive of chemotherapy benefit.

The OPTIMA study aims to assess the value of multi-parameter tests in women and men who have tumours that are ER positive and HER2 negative and who are currently offered adjuvant chemotherapy in addition to endocrine therapy because they are at high risk of recurrence. In this study they are randomised either to receive standard treatment (chemotherapy) or to “test-directed treatment”. In the test-directed option, a decision on chemotherapy treatment is made based on the tumour test score: patients with a high-score tumour will be assigned chemotherapy, those with a low score tumour will not.

### **4. BACKGROUND**

#### **4.1. The current treatment of breast cancer**

Breast cancer is a major public health problem. It is the most commonly occurring cancer in the United Kingdom with an annual incidence of 55,000 in 2015-17, and with about 11,500 deaths annually in the same period, it is the second most frequent cause of cancer death in women(1). 80% of women who develop breast cancer are older than 50 years at diagnosis and most deaths occur in this age group. Other developed nations report comparable incidence and mortality figures.

The treatment of primary breast cancer, which is undertaken with curative intent, is divided into local (surgery and radiotherapy) and systemic (including chemotherapy, endocrine treatment and HER2-targeted drugs) therapies. The goal of systemic treatment is to eliminate occult microscopic metastatic disease and thus prevent incurable distant relapse. Decisions on adjuvant treatment depend on an individual patient’s risk of developing future overt metastatic disease. The risk is affected by tumour stage (size and number of involved axillary lymph nodes) and by tumour biology. Relevant biological features include tumour grade, and its oestrogen receptor (ER) and HER2 status. These latter two also predict sensitivity to anti-oestrogen drugs and HER2-targeted therapy respectively. Distant relapse, which affects a minority of patients, typically occurs after an interval of several years; late (after 5 years) relapse is a particular feature of both ER positive and lower grade tumours(2). Although male breast cancer is comparatively rare and therefore much less studied, there are no reasons to believe that it is in any way fundamentally different from female breast cancer; the treatment is the same.

Endocrine therapy with tamoxifen and more recently aromatase inhibitors (AIs) is considered to be the mainstay of treatment for postmenopausal women with ER positive disease, the commonest presentation of breast cancer. AIs have been shown to be superior to tamoxifen in a number of large randomised clinical trials; current National Institute for Health and Clinical Excellence (NICE) guidance recommends that these drugs should be offered to the majority of postmenopausal patients(3, 4).

In the UK as in many other countries it has become standard to offer chemotherapy with anthracyclines and/or taxanes to most women with axillary node involvement. Although undoubtedly highly effective for some, chemotherapy is extremely unpleasant with side effects such as hair loss, fatigue, nausea, painful mouth ulcers, weight gain, muscle pain, diarrhoea or constipation and loss of sensation in hands and feet. About one in six patients require admission to hospital with serious complications and there is a small risk of death from treatment. Patients are frequently unable to work during and for some time after treatment, which has a considerable cost to society. Many are left with anxiety, fatigue and depression, which severely affect their quality of life for months or even years afterwards. There is also a small long-term risk of treatment induced leukaemia and cardiomyopathy.

Chemotherapy itself is expensive. An estimate for the cost of delivering a course of fluorouracil, epirubicin and cyclophosphamide (FEC) – Docetaxel (T) which is the most commonly used adjuvant chemotherapy regimen in the NHS, is £6447 ((5) updated to 2021 prices). This includes drug costs, outpatient visits and hospital admissions for the management of complications. Approximately 18,500 patients (41% of diagnoses) received chemotherapy in the UK in 2006 (6). Although these numbers have fallen in recent years (7), adjuvant chemotherapy treatment for breast cancer continues to impose a very substantial financial burden on the NHS.

Several computerised tools have been developed to aid adjuvant therapy decision making, particularly chemotherapy. All of these tools use individual patient and pathological data combined with population data to assess baseline risk. Clinical trial efficacy data are then used to predict individual patient treatment benefit. The best known of these tools are PREDICT (8) and Adjuvant! (9) (not currently available), which are recommended in NICE guidance(3, 4). Both PREDICT and Adjuvant! however, refine existing practice rather than offering a fundamentally new approach to selecting patients who are likely to benefit from chemotherapy.

The underlying assumption behind OPTIMA is that new tumour gene-expression based technologies which test multiple parameters allow the identification of a sizeable subgroup of women with breast tumours that are intrinsically insensitive to chemotherapy and for whom chemotherapy offers toxicity without a clinically meaningful benefit.

#### **4.2. Redefining breast cancer**

The traditional classification of breast cancer is based on morphology. The most useful component of this classification is histological grade which, when combined with stage information (tumour size and extent of nodal involvement), provides valuable prognostic information as exemplified by the Nottingham Prognostic Index (NPI)(10). In recent years, multiple additional prognostic markers have been defined through studies of tumour protein and gene expression. The best established are receptors for steroid hormones – oestrogen (ER) and progesterone (PgR), and HER2. ER and PgR expression are good prognostic markers and predict sensitivity to anti-oestrogen drugs. HER2 gene amplification and protein over-expression, which is an adverse prognostic feature, predicts sensitivity to HER2-targeted drugs such as trastuzumab (Herceptin). The value of Ki67, a marker of proliferation which is not routinely measured, is more controversial (11) and is subject to difficulties in assay standardisation(12).

Since 2000 with the invention of the technology of microarray profiling, a new molecular classification of breast cancer has been developed(13, 14). This classification divides breast cancers into four main “intrinsic subtypes”: luminal A, luminal B, HER2 enriched and basal-like (table 1). These subtypes differ

markedly in their clinical behaviour and response to therapy, as shown in the summary table. This goes some way to explaining the highly heterogeneous clinical behaviour of the disease. Within the intrinsic subtypes, luminal A breast cancer has a significantly better prognosis than the other subtypes. Most breast cancers with a lower proliferation rate (typically grade 1 or 2) that are both strongly positive for ER expression and which express HER2 at normal levels will fall into the luminal A category.

**Table 1: Clinical features associated with the intrinsic classification subtypes**

	Luminal A	Luminal B	HER2-E	Basal-like
<b>Prognosis</b>	Good	Moderate	Poor	Poor
<b>Proliferation</b>	Low	Moderate or High	High	High
<b>Chemosensitivity</b>	?Low /nil	?Moderate	?High	?High
<b>Oestrogen receptor</b>	Strong	Variable	Nil	Nil
<b>HER2 amplification</b>	Uncommon	In subset	Frequent	Nil

### 4.3. Multi-parameter assays in breast cancer

The emergence of the intrinsic classification has transformed understanding of breast cancer and is changing clinical management to a more individualised approach. There have been intensive research efforts to develop simple tools that allow both molecular subtyping of breast cancers and more importantly a molecular classification of relapse risk following treatment; these new tests typically involve the measurement of multiple tumour gene expression parameters simultaneously. A number of multi-parameter assays have been developed, by both academic groups and commercial organisations, many of which are available for clinical use (table 2). The main focus of this development has been in ER positive HER2 negative and particularly node-negative tumours.

Many of these assays, particularly Oncotype DX(15) and MammaPrint(15, 16), offer a simple numerical estimate of risk and/or risk categorisation information rather than information about a broad pathological classification. Most are strongly influenced by steroid hormone receptor, HER2 and proliferation marker expression.

The majority of the assays have been developed primarily as prognostic tests. Most validation studies have been performed by retrospective testing of archival material from historical trials; a number of retrospective cohort studies of outcomes in patients whose management has been influenced by testing, and three prospective trials evaluating multi-parameter assays have been published. Additionally, there is little data on the cross-comparison between the assays but it is perhaps significant that there is considerable overlap between the markers included in many of these tests. Most critically, there is very little data that allow the performance of the assays to be compared with best routine pathological practice. Nevertheless, the available comparisons suggest that all assays classify tumours with strongly positive ER and PgR expression, normal HER2 and low proliferation rate/histological grade as carrying the lowest risk; most of these tumours would be in the luminal A group.

**Table 2: Summary of multi-parametric tests for breast cancer.**

Assay (Provider)	Details of Multi-parametric assay	Test Output	Availability	Ref.
Perou and Sorlie (academic)	The original description of the intrinsic classification using 495 genes.	subtype	Not developed for clinical use	(13, 14)
Oncotype DX (Exact Sciences Corp.)	A 16 (+5 normalisation) gene qRT-PCR expression assay for ER positive breast cancer.	risk score & category	Central lab (US)	(15)
MammaPrint + Blueprint (Agendia)	A 70 + 80 gene microarray based expression signature.	risk category, subtype	Central lab (NL)	(16, 17)
Prosigna (PAM50) (Veracyte Inc.)	A 50 (+5 normalisation) gene expression assay using the NanoString platform.	risk score & category, subtype	Regional labs	(18, 19)
Breast Cancer Index (BCI) (bioTheragnostics)	A 7 gene qRT-PCR expression assay for ER positive breast cancer.	risk score & category	Central lab (US)	(20, 21)
Mammostrat (Clariant - NeoGenomics Laboratories)	A 5 gene immunohistochemical assay.	risk score	Not currently available	(22, 23)
IHC4 (non-proprietary/ Genoptix - NeoGenomics Laboratories)	Quantitative immuno-histochemical assay for ER, PgR, Her2, Ki67; conventional immunohistochemistry/ AQUA™ fluorescence IHC.	risk score & category	Local labs/ Not currently available	(24)
MapQuant (Genomic Grade Index) (Bordet Institute)	A 97 gene microarray based expression assay.	risk score & category	Not currently available	(25, 26)
EndoPredict (Myriad Genetics)	A 8 (+3 normalisation) gene qRT-PCR expression assay.	risk score & category	Regional labs	(27)
MammaTyper (Cerca Biotech)	A 4-gene qRT-PCR assay for ER, PgR, HER2 & Ki67.	subtype	Regional labs	(28)

qRT-PCR=quantitative reverse transcriptase polymerase chain reaction. ER=oestrogen receptor, PgR=Progesterone receptor. Ki67 is a proliferation marker.

A more detailed description of selected tests follows:

**Oncotype DX®:** This is a polymerase chain reaction (PCR) based expression assay measuring expression of 21 genes, 16 of which are cancer-related and 5 are controls(15). The test output is the “Recurrence Score” (RS), a continuous variable which predicts the risk of distant recurrence at 10 years following tamoxifen treatment of ER positive node negative breast cancer. Individual patient risk can be estimated from the calibration provided with the results. Additionally, patients are divided into 3 risk categories: low, intermediate and high, where intermediate is defined as a 10-20% risk of developing distant metastases over 10-years. The test is performed by Exact Sciences Corp. (trading as Genomic Health Inc., the developer, in some jurisdictions) in a single US laboratory.

Multiple studies (reviewed in(29-33)) have confirmed the value of Oncotype DX as a predictor of residual risk following endocrine therapy. Oncotype DX reclassifies risk defined by Adjuvant!, a well-validated risk prediction nomogram that utilises conventional histopathology parameters. Oncotype

DX has also been shown to predict chemotherapy sensitivity in the neoadjuvant setting (34, 35) as well as risk of local recurrence with a possible interplay with radiotherapy(36).

Retrospective analyses of individual patient Oncotype DX Recurrence Scores from a subset of participant tumour blocks from the NSABP B-20 trial of women without axillary nodal involvement (37) and the SWOG88-14/ INT0010 trial of women with node-positive disease (38) have been undertaken. These show that there is no evidence for a clinically significant chemotherapy benefit for women with an RS in the “low” or “intermediate” risk groups. The analysis of the SWOG88-14 trial is particularly important as it shows that even in heavily ( $\geq 4$ ) node-positive patients who have a particularly poor prognosis by virtue of stage, there is no benefit from the addition of chemotherapy to adjuvant endocrine therapy alone, if the RS is low. These data are widely interpreted to suggest that Oncotype DX is able to predict whether or not tumours are likely to be sensitive to chemotherapy. Incorporating clinical data (tumour stage, grade and age) for patients with node-negative disease into the test improves its performance as a prognostic test but crucially does not improve its ability to predict chemotherapy sensitivity(29, 39).

Limitations of Oncotype DX, as highlighted by 4 systematic reviews (30-33) include the relative paucity of data on the performance of the test in node-positive patients and that the data supporting the ability of the test to predict chemotherapy benefit are not robust, as they are based on small patient cohorts and/or there are potential confounding factors in the study design and included patient cohorts(32, 33). Additionally, Oncotype DX taken alone is only able to predict risk of recurrence within 5 years of diagnosis(40). The test has not been prospectively trialled against alternatives and there is no evidence that the Oncotype DX assay is any more informative than other gene expression assays(41). The prospective randomised controlled TAILORx trial, discussed in detail below(42), partially alleviates these criticisms.

**Prosigna® (PAM50):** PAM50 is a qRT-PCR expression assay developed in an academic setting using 50 genes selected from the original set identified in the pioneering microarray studies of intrinsic subtype(18). The assay provides subtyping information and additionally a numerical “Risk of Recurrence” (ROR) score; there are several variants of the ROR score incorporating varying amounts of clinical and conventional histological information. The basic ROR score algorithm includes parameters indicating how closely a sample lies to the centroid of each intrinsic subtype and is therefore more informative than subtype alone. PAM50 has been commercialised by NanoString Technologies (subsequently transferred to Veracyte Inc.) as Prosigna, an assay that can be performed in suitable local laboratories using proprietary hardware and reagents(19). The analytical validity of the assay has been demonstrated in this distributed environment (43) and NanoString Technologies was granted the necessary FDA (Food and Drug Administration) approval for its marketing as a prognostic assay in postmenopausal patients in 2013. The FDA-approved signature (Prosigna Score or ROR\_PT) includes parameters derived from expression of the PAM50 proliferation-related genes and tumour size. There are no direct comparisons between the performance of PAM50 and Prosigna although it seems reasonable to assume that the two are very similar. The PAM50 algorithms are available in the public domain but their recalibration as Prosigna is proprietary.

PAM50, and by inference Prosigna, has application to all subtypes of breast cancer but the detailed validation studies have been performed on patients with ER positive disease. PAM50 has been validated as a predictor of residual risk in 3 studies (18, 44, 45) and has been shown to reclassify risk defined by Adjuvant! using conventional pathology. Similarly, Prosigna has been shown both to predict residual risk and reclassify risk using the large transATAC cohort and approximately 1500 mostly node negative patients treated with endocrine therapy alone in the ABCSG08 study (46, 47). Prosigna, in contrast to Oncotype DX and IHC4, is also able to predict late (beyond 5 years) recurrence in these 2 patient cohorts (40, 48). Both of these cohorts were postmenopausal and the terms of the FDA approval of Prosigna reflects this. Further validation of the ability of Prosigna to predict outcome in patients has been generated by analysis of a cohort of approximately 2500 post-menopausal Danish women treated with endocrine therapy alone of whom 55% had lymph-node involvement(45). Other

validation studies of both PAM50 and Prosigna have been performed in cohorts that include premenopausal patients (49, 50). Both assays have also been shown to predict response to neoadjuvant chemotherapy and to distinguish response rates between higher and lower risk groups with ER positive disease (18, 51, 52). Other studies have explored the ability of PAM50 to predict long-term outcome in trials comparing two chemotherapy regimens, two of which were conducted in early breast cancer (53, 54) and one in advanced disease(55). None of the three studies selected patients by receptor expression, so the number of patients analysed with luminal disease was comparatively small. Two of the three studies failed to show a statistically significant benefit for patients with luminal B vs. luminal A disease whilst the trial exploring the addition of a taxane to an anthracycline regimen in the adjuvant setting showed that patients with low ROR scores appeared to benefit more from taxane treatment than those at higher risk(54), which is a counterintuitive finding.

**MammaPrint®:** The MammaPrint assay is based on 70 genes identified by expression profiling that were shown to predict outcome in a small mixed population of young breast cancer patients, of whom all sporadic cases were node-negative and none were treated with adjuvant tamoxifen(56). The test is marketed by Agendia Inc. as part of the SYMPHONY profile and is performed in central laboratories located in the Netherlands and in the USA. The output from MammaPrint is a simple binary division into “low risk” and “high risk”. MammaPrint has been reported to provide valid prognostic information in a number of studies and there is evidence that it is able to re-classify risk against existing prognostic variables (reviewed in(29-33)). Several studies have shown that MammaPrint is able to predict response to neoadjuvant chemotherapy including differentiating between high and low risk ER positive disease (51, 57, 58). A study of patients pooled from several data sets suggests that MammaPrint is able to predict chemotherapy benefit in patients with ER positive disease and up to 3 involved lymph nodes (29, 59), although this approach is open to criticism.

Overall the evidence supporting MammaPrint is convincing but in comparison with studies validating the use of Oncotype DX, is less comprehensive, particularly in respect of its potential utility as a predictive marker, with individual studies tending to have a lower quality(29-33). The publication of the randomised study, MINDACT, in 2016 is however the first prospective evidence showing that any multi-parameter assay is superior to conventional risk assessment(60). The limitations of the evidence supporting Oncotype DX also apply to MammaPrint.

**IHC4 and fluorescence IHC4:** There is evidence that 4 conventional immunohistochemistry (IHC) markers, ER, PgR, HER2 and Ki67 (61) are able to identify patients at increased residual risk following adjuvant endocrine therapy. The IHC4 test relies on quantitative IHC for these markers integrated into a viable predictor of residual risk in postmenopausal women with ER positive disease who had participated in the ATAC trial(24). IHC4 using conventional manual colorimetric (DAB) IHC has been developed in an entirely academic setting. The output from IHC4 is a numerical score with a division into 3 risk groups using the same definitions as Oncotype DX.

The original IHC4 validation study was performed on a large (1125) patient cohort and the report included a second validation performed on an independent cohort from Nottingham. Another completely independent study has been performed on approximately 4500 patients recruited from the TEAM study using both DAB IHC and quantitative immunofluorescence(62). Both methods of detection provided significant prediction of residual risk following endocrine therapy with reasonable correlation.

The low estimated cost (£150 at 2014 prices) of performing IHC4 using conventional IHC (32) and its portability are potential advantages for IHC4 over other multi-parameter assays. However, its portability is also its principal weakness as the reproducibility of manual quantitative IHC, particularly for Ki67, is limited(63). It is possible that the use of image analysis software supported by machine learning in local laboratories will improve reproducibility, but this is yet to be established.

**MammaTyper®:** This is a 4-gene qRT-PCR expression assay developed commercially by BioNTech Diagnostics GmbH and now transferred to Cerca Biotech GmbH. The assay measures ER, PgR, HER2

and Ki67 mRNA(28). These data are combined to allocate tumours to an intrinsic subtype rather than provide a risk score as IHC4. The definition of intrinsic subtype is based on an immunohistochemical definition, which does not map accurately onto PAM50/Prosigna defined subtypes(44). MammaTyper has been provided for clinical use since 2015 by a number of laboratories in Europe and Asia.

#### **4.4. Differential sensitivity of breast cancer subtypes to chemotherapy**

The strongest evidence for the effectiveness of adjuvant chemotherapy comes from the meta-analyses of over 100,000 patients in 123 chemotherapy trials conducted around the world by the Early Breast Cancer Trialists' Collaborative Group (EBCTCG), known as the "Oxford Overview". For node positive, postmenopausal women with hormone sensitive breast cancer treated with tamoxifen, the Overview suggests that 10-year mortality is reduced from about 31% to 25% by anthracycline chemotherapy (64). Whilst this is highly significant, 17 patients need to be treated for one life to be saved.

All historic published adjuvant chemotherapy trials in breast cancer have made the assumption that breast cancer is a single entity and that the proportional benefits of chemotherapy apply uniformly to all cancers irrespective of histological characteristics of the tumour. The development of the intrinsic classification requires re-evaluation of all of the available evidence on adjuvant chemotherapy treatment; now that different subtypes of breast cancer, which behave in different ways, are recognised, it is necessary to investigate the appropriate use of chemotherapy within the new classification.

Evidence that chemotherapy response is influenced by tumour biology comes from analysis of response to pre-surgical (neo-adjuvant) chemotherapy. Analysis of the outcome of treatment according to intrinsic subtype of individual tumours is particularly striking with a pathological complete response rate of 6% in luminal tumours compared to 45% in basal type (65). Two independent studies showed that the chances of achieving a pathological complete response for patients with luminal B tumours was more than double that for patients with luminal A tumours (18, 51).

A particularly relevant line of evidence comes from the retrospective analysis of historical trials comparing chemotherapy plus tamoxifen with tamoxifen alone in ER positive breast cancer according to the results of the Oncotype DX test performed on archival tumour tissue. Analysis of individual patient Oncotype DX Recurrence Scores (RS) in the NSABP B-20 trial in women without axillary nodal involvement and SWOG 88-14 trial in women with node positive disease has shown that there is no chemotherapy benefit for women with an RS in the "low" or "intermediate" risk groups. The analysis of the SWOG 88-14 trial is particularly important as it shows that there is no chemotherapy benefit if the RS is low, even in heavily ( $\geq 4$ ) node positive patients who have a poor prognosis by virtue of stage. This suggests that Oncotype DX is able to predict tumour chemotherapy sensitivity. These studies however have been criticised on methodological grounds (32, 33)

#### **4.5. The contribution of endocrine therapy to outcome**

Endocrine therapy is an essential component of the treatment of ER positive breast cancer, and in the overall population makes a greater contribution to improvements in outcome than does chemotherapy (66). In postmenopausal women, whilst both treatment with tamoxifen and AIs significantly reduce the risk of relapse and death, a number of large-scale trials have demonstrated superiority of AI treatment either given for 5 years or for about 3 years after about two years of tamoxifen ("AI switch") over 5 years of tamoxifen alone (67). Two trials, BIG 1-98 (68) and TEAM (69) have compared an AI switch strategy with 5 years of AI; neither trial showed an overall difference between the two treatment strategies at 8 and 5 years of follow-up respectively, although there were more relapses during the initial treatment phase with tamoxifen in comparison to women randomised to initial AI. For women with higher risk disease, there is also clear evidence for a benefit from continuation of tamoxifen to 10 years (70) or for a switch from tamoxifen to AI (compared to no

further endocrine treatment) after 5 years (71). Additionally, more limited data show that continuation of AI therapy for a total duration of 10 years is modestly superior to treatment for 5 years(72). The benefits of endocrine therapy are largely independent of those of chemotherapy in the postmenopausal population.

In premenopausal women, for whom AI therapy is ineffective unless combined with reversible ovarian suppression, endocrine therapy with tamoxifen is also well established as reducing the risk of relapse. There is also a significant body of evidence that ovarian suppression, oophorectomy and chemotherapy-induced ovarian failure also reduce relapse risk. Chemotherapy induced ovarian failure is common in the over 40's.

The principal randomised trials to investigate the benefit of ovarian suppression in the context of contemporary breast cancer treatment are the companion SOFT and TEXT trials (73, 74). Patients joining SOFT were premenopausal following chemotherapy, if given, and were randomised between tamoxifen, ovarian suppression + tamoxifen and ovarian suppression + AI, all given for 5 years. The primary end point was a test for superiority of 5-year disease-free survival of patients treated with ovarian suppression + tamoxifen compared with tamoxifen alone. The comparison between ovarian suppression + AI with tamoxifen alone was a secondary end point. The TEXT trial compared ovarian suppression + AI with ovarian suppression + tamoxifen and the primary analysis included patients enrolled in SOFT.

The SOFT trial allowed women who resumed menstruation after up to 8 months of post-chemotherapy amenorrhoea to participate. A subsequent trial with a similar design (ASTRRA) but conducted in a younger patient group and which reported comparable findings to SOFT allowed amenorrhoea of up to two years in participants (75).

SOFT and TEXT have been analysed after a median 8 years of follow-up (74). In the SOFT trial, the addition of ovarian suppression to tamoxifen or the combination ovarian suppression and AI reduced the risk of recurrence compared with tamoxifen alone. In subgroup analyses of the relative benefits of ovarian suppression in both comparisons, there were comparable gains for women who had received prior chemotherapy, or not. The chemotherapy-treated subgroup had both a higher absolute recurrence rate and gain from ovarian suppression. The majority of patients with node-positive disease enrolled in SOFT were treated with chemotherapy. SOFT has additionally shown that combination ovarian suppression and AI reduces distant disease recurrence in comparison to tamoxifen alone. Combined analysis of SOFT and TEXT has confirmed the overall superiority of ovarian suppression + AI over ovarian suppression + tamoxifen both in improving disease-free survival and freedom from distant recurrence. The relative benefits were comparable irrespective of whether patients were treated with chemotherapy, or not.

#### **4.6. Recent evidence for multi-parameter assay utility in breast cancer**

Three ongoing international randomised controlled trials (RCTs) have reported prospective evidence for the validity of test-directed treatment assignment by comparison of outcomes with patients treated with chemotherapy followed by endocrine therapy (chemo-endocrine therapy) since the inception of the OPTIMA trial.

- **TAILORx (42):**

This US intergroup trial randomised patients to chemotherapy followed by endocrine therapy or endocrine therapy alone based on an Oncotype DX test result. Eligible patients had ER positive breast cancer without nodal involvement. All patients underwent Oncotype DX testing and those with a Recurrence Score in the range 11-25 were eligible for randomisation. The majority of patients randomised in TAILORx would not currently be considered for chemotherapy in the NHS and would not qualify for Oncotype DX testing under the terms of the NICE guidelines. The TAILORx study showed no overall difference in outcome between patients who were randomised to chemotherapy in addition to endocrine therapy, or not. Event rates were low, with more

unrelated second cancers being reported than breast cancer metastases or death. Pre-menopausal women and/ or those aged under 50 appeared to benefit from chemotherapy with the relative benefit increasing with Recurrence Score; this effect was not seen in post-menopausal/ older study participants. A secondary analysis of trial data concluded that this provided evidence in support of the predictive hypothesis (76). Ovarian function suppression was infrequently given to pre-menopausal participants and no data on the incidence of chemotherapy-induced ovarian failure were collected. It is plausible that the benefit of chemotherapy in the pre-menopausal population can be explained as an indirect endocrine effect.

- **MINDACT - EORTC 1004 (60, 77):**

This pan-European trial compared adjuvant chemotherapy treatment decisions based on the MammaPrint test with decisions based on clinical risk calculated using “Adjuvant!” applying a pre-defined risk categorisation. The study aims to validate MammaPrint as a prognostic marker and to allow a modest reduction in chemotherapy use. A protocol modification made during recruitment allowed entry of patients with up to 3 involved axillary lymph nodes. The patient cohort, unlike that of OPTIMA, included patients with any ER and HER2 status. The trial population of 6693 patients included 21% with lymph node involvement, and 12% with ER-negative and 10% with HER2-positive disease. The primary analysis, published in 2016, showed that chemotherapy allocated on the basis of clinical vs genomic risk was reduced by 14% in the entire trial population (60). For patients classified as having high clinical risk, chemotherapy use was reduced by 46% for those additionally classified as having low vs. high genomic risk without detriment in their outcome. Overall event rates were low with over 90% of patients classified as having both high clinical and genomic risk, all of whom were treated with chemotherapy, remaining metastasis-free with an average follow-up of 5 years. Relatively few pre-menopausal patients were treated with ovarian suppression. The trial was underpowered to be able to demonstrate a chemotherapy benefit in the subpopulation classified as having low clinical but high genomic risk and vice versa.

A second analysis with 8 years follow-up (77) strengthened the primary 5-year DMFS result and added new subgroup analyses including outcome according to lymph node status in those patients in the clinical-high/genomic-low risk group with luminal like tumours. For the 699 N0 patients, the absolute 8-year DMFS was 91.7% for patients allocated chemotherapy with an absolute difference between the chemotherapy and no chemotherapy group of -2.5% (SE 2.3) (ITT analysis). The corresponding figure for the 658 1-3N+ patients was an 8-year DMFS of 91.2% allocated chemotherapy with a difference of -1.3% (SE 2.4). An analysis of outcome according to age ( $\leq 50$  vs  $> 50$ ) performed in this group showed evidence of a chemotherapy benefit in the younger (mostly premenopausal) patients but not in older (mostly postmenopausal) group. Overall, the results support the use of test-directed chemotherapy allocation in a comparatively low-risk population.

- **RxPONDER (78):**

This is a US Intergroup study that recruited 5083 patients between 2011 and 2017. Eligible patients had ER positive HER2 negative tumours with 1-3 involved axillary lymph nodes. All patients underwent Oncotype DX testing; those with a RS of 25 or less were eligible to be randomised between chemo-endocrine therapy or endocrine therapy alone. The trial aimed to test over 10,000 patients and randomise 4,500. The data were released early for safety reasons by the DMC. The principal finding demonstrated by the interim analysis was a statistically significant heterogeneity of outcome according to menopausal status. Of the 1665 premenopausal participants, those who were randomised to chemo-endocrine therapy had significantly fewer recurrence events in comparison to those assigned endocrine therapy alone. The chemotherapy benefit extended to a reduced incidence of distant recurrence and applied equally to subgroups with lower and higher Recurrence Scores. No chemotherapy benefit was demonstrated in the postmenopausal population or in any subgroup, particularly patients with differing levels of nodal

involvement or tumour RS. In the postmenopausal analysis however, 53% of recurrences were unrelated to breast cancer of which 29% were 2nd cancers, and 11.4% of participants rejected their assigned treatment thereby crossing between trial arms. This leaves a significant statistical uncertainty in the postmenopausal result. As was the case for MINDACT and TAILORx, few premenopausal participants were treated with ovarian function suppression. Finally, RxPONDER recruited comparatively low-risk participants with only 9% having 3 involved lymph nodes whilst 17% had a low clinical risk as defined by MINDACT.

Together, these three trials support the use of multi-parameter assays to reduce chemotherapy in patients with ER-positive, HER2-negative, node-negative or low nodal burden disease, particularly in postmenopausal women. However, consistent benefit from test-directed strategies has not been demonstrated in premenopausal patients with node-positive disease. These gaps reinforce the rationale for OPTIMA's design and patient selection criteria.

## 5. THE OPTIMA TRIAL

The OPTIMA trial seeks to advance the development of personalised treatment of early breast cancer by the prospective evaluation of multi-parameter analysis, as a means of identifying those patients with ER positive HER2 negative disease who are likely to benefit from chemotherapy and those who are not, and to establish the cost-effectiveness of this approach. OPTIMA is an international multi-site partially blinded randomised clinical trial with a non-inferiority endpoint and an adaptive design. OPTIMA compares standard treatment of chemotherapy followed by endocrine therapy (chemo-endocrine therapy) with multiparameter test-directed treatment allocation to either chemo-endocrine therapy or endocrine therapy alone. The OPTIMA trial has 3 parts or phases.

- i. OPTIMA prelim, the feasibility phase
- ii. The OPTIMA main trial
- iii. The OPTIMA premenopausal extension

### 5.1. OPTIMA prelim

OPTIMA *prelim* was intended to establish whether a large efficacy trial of multi-parameter test-based treatment allocation (test-directed treatment) is acceptable to patients and clinicians and to select multi-parameter test(s) to be used in the main study. This phase of the trial was designed to recruit a total of 300 patients, randomised in a 1:1 ratio over two years. A 200-patient extension phase was built into the design to allow a smooth roll-through into the main trial.

The specific objectives of OPTIMA *prelim* were:

- To evaluate the performance and health-economics of alternative multi-parameter tests to determine which technology(ies) are to be evaluated in the main trial.
- To establish the acceptability to patients and clinicians of randomisation to test-directed treatment assignment.
- To establish efficient and timely sample collection and analysis essential to the delivery of multi-parameter tests driven treatment.

OPTIMA *prelim* opened in September 2012. The database was locked on 3 June 2014 for the primary analysis with 343 participants recruited from 35 UK hospitals registered and 313 randomised. The trial met its endpoints and resulted in the selection of the Prosigna test for the OPTIMA main trial. The detailed conduct of OPTIMA *prelim* and its outputs are described in the final report (79) and in several specialised publications(80-83). In a pre-planned extension phase, recruitment continued until the end of August 2014 with a final total of 412 randomised participants.

The UK NIHR Health Technology Assessment Programme is the primary funder of OPTIMA *prelim* (award 10/34/01).

## 5.2. The OPTIMA main study

The OPTIMA main trial is designed to establish the safety and cost-effectiveness of test-directed chemotherapy using the Prosigna test in women or men aged at least 40 and with up to 9 involved lymph nodes.

Patients with node positive disease, for whom chemotherapy use is far more widespread than for those with node negative disease are only likely to benefit significantly from multi-parameter assays if these have the ability to predict chemotherapy sensitivity. This is because lymph node involvement is independently prognostic for recurrence, and the additional prognostic information provided by the tests decreases with increasing numbers of involved nodes (84). This is the underlying trial hypothesis.

Historic evidence supporting the predictive hypothesis are the re-analyses of the NSABP-B20 and SWOG 8814 trial outcomes for a subset of patients in which retrospective Oncotype DX tests were performed on retrieved tumour blocks. The results showed that the chance of chemotherapy benefit varies with Oncotype DX Recurrence Score, i.e. Recurrence Score predicts relative chemotherapy benefit. More recent evidence is provided by the three other randomised trials in this domain ([section 4.6](#)). The quality of all this evidence is however limited and has been criticised in several systematic reviews, e.g.(33, 85). The EBCTCG in several meta-analysis cycles has failed to find any biomarker that predicts chemotherapy sensitivity although they have not examined any multiparameter assay data (64, 86, 87). This does not mean that the predictive hypothesis is incorrect, but it does demand a high standard of proof. OPTIMA is intended to provide a definitive answer to this question.

The OPTIMA main trial recruits several specific groups of patients for whom there is either little or no existing evidence supporting the use of test-directed chemotherapy.

- Premenopausal women treated with ovarian function suppression  
Evidence that test-directed chemotherapy is a safe treatment strategy for premenopausal women who are at significant clinical recurrence risk is lacking. Ovarian function suppression forms part of endocrine therapy for all premenopausal women enrolled in the trial to reduce the risk of an imbalance between trial arms arising from chemotherapy-induced premature ovarian insufficiency (POI). There is evidence from historic chemotherapy trials that women who experience POI, even if this only transient have a reduced recurrence risk. There is also historic clinical trial evidence that ovarian function suppression (OFS) has equal efficacy to chemotherapy (88). The finding that chemotherapy benefits the premenopausal population by the MPA trials may therefore be caused by confounding.
- Patients with 3-9 involved lymph nodes.  
There is little pre-existing evidence for patients with 3 involved nodes and almost none for those with 4-9 nodes. If the predictive hypothesis is correct then it will apply to this patient group.
- Men  
Male breast cancer is a rare disease but biologically similar to (ER-positive HER2-negative) female breast cancer. OPTIMA will contribute to the very sparse evidence for test-directed chemotherapy use for this population.
- Patients receiving CDK4/6 inhibitor therapy.  
To date, CDK4/6 inhibitors are available to patients at high clinical risk of recurrence. The large majority of patients included in the relevant trials received chemotherapy (89, 90) although this is not a requirement in the relevant licenses. OPTIMA will provide additional evidence that these treatments can be effective in the absence of chemotherapy.

The OPTIMA main trial opened to recruitment in January 2017. UK recruitment completed in January 2025 and international recruitment is expected to complete in Autumn 2025. The primary analysis is expected in 2026.

The UK NIHR Health Technology Assessment Programme is the primary funder of the OPTIMA main trial (award 10/34/501).

### 5.3. The OPTIMA premenopausal extension

The OPTIMA premenopausal extension will recruit additional premenopausal patients as part of the PATH-For-Young (Personalized Adjuvant Treatment for HR+/HER2- breast cancer FOR YOUNG patients) project ([path-for-young.unicancer.fr](http://path-for-young.unicancer.fr)). This aims to provide definitive evidence for the safety of test-directed chemotherapy for premenopausal women with ER-positive HER2-negative breast cancer treated with endocrine therapy that includes OFS.

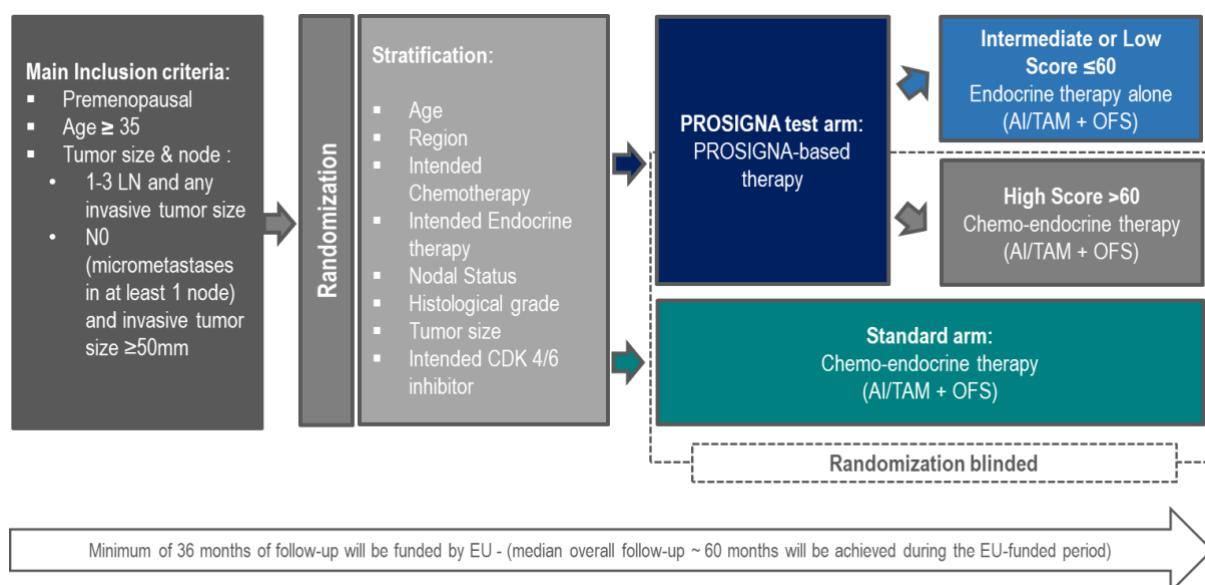
Evidence of chemotherapy benefit for premenopausal women from the randomised trials of test-directed treatment performed to date may result from the confounding effect of chemotherapy - induced POI in the absence of widespread OFS use for trial participants treated with endocrine therapy alone.

In addition, it is plausible that apparently similar cancers arising in younger and older women exhibit differential chemotherapy sensitivity. An analysis of the TAILORx premenopausal population in the randomised part of the trial suggests that there is a differential chemotherapy benefit according to Oncotype DX Recurrence Score. Differences in gene expression patterns that potentially relate to chemotherapy sensitivity have been identified in a comparison between tumours arising in younger and older women that have the same MPA risk(91). At a population level it has been observed that young women (under 40 years) with low histopathological risk tumours who did not receive adjuvant chemotherapy are at increased risk of breast cancer death(92).

It is not possible however to establish whether an intrinsic age-related differential chemotherapy sensitivity actually exists, or not, without controlling for chemotherapy-induced POI. OPTIMA has mandated OFS for all pre-menopausal patients since its inception and so will provide data free of this potential bias. However, this population is a subgroup in the OPTIMA main trial and OPTIMA is not powered for non-inferiority analyses in subgroups so cannot provide definitive evidence on this question. PATH-For-Young is designed to recruit sufficient premenopausal breast cancer patients whose endocrine therapy includes OFS to allow a formal non-inferiority comparison between standard chemo-endocrine therapy and test-directed treatment in this population. This will be accomplished by a combined analysis of data from two sister trials, OPTIMA and OPTIMA-YOUNG associated with this project.

**Figure 2: OPTIMA-YOUNG study design**

(taken from OPTIMA-YOUNG Protocol v1.1)



OPTIMA-YOUNG (NCT07106632) is a multicentre, international, randomised non-inferiority trial sponsored by UNICANCER (France) and funded by the European Union. OPTIMA-YOUNG will recruit primarily in mainland Europe and South America using a study design closely aligned to that of OPTIMA.

Specifically, OPTIMA-YOUNG will randomise premenopausal women with HR-positive/HER2-negative primary breast cancer to test-directed treatment or to standard adjuvant chemo-endocrine therapy. The test technology used is identical to OPTIMA with patients in the test-directed arm allocated to receive chemotherapy or no chemotherapy using a Prosigna Score cut-off of >60 vs. ≤60.

OPTIMA will contribute premenopausal patients recruited into the main study (protocol versions 5.0-10.0) and the premenopausal extension (version 11.0 and subsequent). The main change made in protocol version 11 is to restrict eligibility to premenopausal women with an age range of 35 to 54 (rather than the lower age limit of 40 in previous protocol versions) years.

The justification for reducing the lower age limit from 40 is that whilst there was almost no available data to validate MPA use for younger women at the time OPTIMA trial was first designed, it has since been established that MPAs provide accurate prognostic information for younger women (e.g.(93)). Nevertheless, breast cancer is an uncommon disease below the age of 35 and whilst higher risk subgroups predominate, there is some evidence that young women with low risk tumours do benefit from chemotherapy (92). Consequently women aged under 35 remain excluded.

Both trials use the same procedures, including permitted chemotherapy regimens and endocrine therapy and collect the same endpoint data to facilitate the joint analysis. The efficient use of existing patient follow up and events as well as use of the existing OPTIMA research infrastructure to recruit new participants will enable OPTIMA / OPTIMA-YOUNG to determine if premenopausal patients can safely avoid adjuvant chemotherapy and inform clinical practice for future patients in the timeliest manner.

Horizon Europe is the primary funder of the OPTIMA premenopausal extension and OPTIMA-YOUNG (award reference 1011568000).

## 6. TRIAL HYPOTHESIS AND OBJECTIVES

### HYPOTHESIS

- Tumour multi-parameter assays predict chemotherapy sensitivity. Patients with hormone sensitive primary breast cancers that have a low multi-parameter assay score do not have a meaningful chance of benefiting from adjuvant chemotherapy despite other factors that may predict for a high risk of disease recurrence.

### OBJECTIVES (OPTIMA MAIN TRIAL)

- To identify a method of selection that reduces chemotherapy use for patients with hormone sensitive primary breast cancer without detriment to recurrence and survival.
- To establish the cost-effectiveness of test-directed treatment strategies compared to standard practice.

### OBJECTIVES (OPTIMA PREMENOPAUSAL EXTENSION) / PATH-FOR-YOUNG

- To demonstrate that the strategy using a gene expression (Prosigna)-driven decision to administer adjuvant chemotherapy or not is non-inferior to the standard of care (adjuvant chemotherapy) in premenopausal women with HR-positive/HER2-negative primary BC treated with optimal ET in terms of invasive breast cancer free survival (IBCFS).

## 7. OUTCOME MEASURES

### OPTIMA MAIN TRIAL

#### PRIMARY OUTCOMES

- Invasive breast cancer free survival (IBCFS): non-inferiority of test-directed chemotherapy treatment and endocrine therapy compared to chemotherapy followed by endocrine treatment.
- Cost effectiveness evaluation of protocol specified multi-parameter assay driven treatment against standard clinical practice.

#### SECONDARY OUTCOMES

- **Key Secondary outcome:** IBCFS and other outcome measures for patients with low-score tumours (defined as tumours for which the Prosigna score is below the cut-off [ $\leq 60$ ] for chemotherapy use).
- Invasive disease free survival (IDFS), recurrence free interval (RFI) and distant recurrence free interval (DRFI).
- Breast cancer specific survival (BCSS) and Overall survival (OS).
- Health resource use, and Quality of life as measured by EQ-5D & FACT-B questionnaires and distress thermometer.
- Patient compliance with long term endocrine therapy.

### OPTIMA PREMENOPAUSAL EXTENSION / PATH-FOR-YOUNG

#### PRIMARY OUTCOMES

- Invasive breast cancer free survival (IBCFS).

## SECONDARY OUTCOMES

- **Key Secondary outcome:** IBCFS and other outcome measures for patients with low-score tumours (defined as tumours for which the Prosigna score is below the cut-off [ $\leq 60$ ] for chemotherapy use).
- Distant recurrence free interval (DRFI) and Distant recurrence free survival (DRFS).
- Breast cancer specific survival (BCSS) and Overall survival (OS).
- Health resource use, and Quality of life as measured by EQ-5D & FACT-B questionnaires and distress thermometer.
- Cost effectiveness evaluation of protocol specified multi-parameter assay driven treatment against standard clinical practice.

Table 3 provides definitions of each of the outcome measures(94).

**Table 3: Definition of outcome measures**

Outcome measure		Definition
Invasive Breast Cancer Free Survival	IBCFS	ipsilateral loco-regional invasive breast cancer recurrence; distant breast cancer recurrence; contralateral new invasive primary breast cancer; death from any cause
Invasive Disease Free Survival	IDFS	ipsilateral loco-regional invasive breast cancer recurrence; distant breast cancer recurrence; contralateral new invasive primary breast cancer; new invasive primary non-breast cancer (excluding squamous and basal cell skin cancers or new in situ carcinomas of any site); death from any cause
Recurrence Free Interval	RFI	ipsilateral loco-regional invasive breast cancer recurrence; distant breast cancer recurrence; death from breast cancer
Distant Recurrence Free Interval	DRFI	distant recurrence of breast cancer; death from breast cancer
Distant Recurrence Free Survival	DRFS	distant recurrence of breast cancer; death from any cause
Breast Cancer Specific Survival	BCSS	death from breast cancer
Overall Survival	OS	death from any cause

## 8. PATIENT SELECTION, ELIGIBILITY & TREATMENT

### 8.1. Inclusion criteria

**NOTE:** refer to appendix 2 for the OPTIMA main trial inclusion criteria

- Female, age 35-54
- Premenopausal, defined as follows:
  - i. Younger than age 45 with no evidence of ovarian insufficiency.
  - ii. At least one episode of spontaneous menstrual bleeding in the 6 months prior to trial entry if age  $\geq 45$ .
  - iii. If neither (i) or (ii) apply, premenopausal status must be confirmed by laboratory testing: serum FSH level must be  $\leq 25$  IU/L and oestradiol level within the locally defined pre-menopausal range.

**NOTE:** Hormonal contraception including depot progestogens will suppress FSH and oestradiol levels. In those taking oral contraception, levels will recover rapidly on discontinuation.

- Excised invasive breast cancer with local treatment either completed or planned according to trial guidelines.

**NOTE:** Re-excision or completion mastectomy for close or positive/involved margins and delayed axillary clearance for pathologically proven axillary lymph node involvement is permitted following trial entry, either before or after chemotherapy.

- ER positive ( $>10\%$  of tumour cells stained positive) as determined by the referring site in a laboratory meeting national external quality assurance standards and in accordance with national or ASCO-CAP guidelines(95).

**NOTE:** Where ER status is reported by Allred (or Quick) Score or by H-Score, tumours with high scores meet the ER-positive definition but the %staining component of the score is required to determine eligibility for intermediate-score tumours. Refer to the table for mapping.

	Eligible (ER staining $>10\%$ )	Eligibility determined by %staining component of the score	Ineligible (ER staining $\leq 10\%$ )
Allred (or Quick) Score	6, 7, or 8	4 or 5	3 or less
H-Score	$>30$	10-30	$<10$

- HER2 negative (IHC 0-1+, or ISH negative/non-amplified) as determined by the referring site in a laboratory meeting national external quality assurance standards and in accordance with national or ASCO-CAP guidelines(96, 97).
- Tumour size and axillary lymph node status; one of the following must apply:
  - i. 4-9 lymph nodes involved AND any invasive tumour size.
  - ii. 1-3 nodes involved, with at least 1 node containing a macrometastasis (i.e. deposit  $>2$ mm diameter) AND any invasive tumour size.
  - iii. 1-3 lymph nodes involved with micrometastases only (i.e. deposit  $>0.2$ -2mm diameter) AND invasive tumour size  $\geq 20$ mm.
  - iv. node negative AND invasive tumour size  $\geq 30$ mm.

**NOTES:**

- a. Lymph nodes containing isolated tumour cell clusters (ITC) only (i.e. deposit  $\leq 0.2$ mm diameter) will be considered to be uninvolved.
- b. Involvement of lymph nodes with macrometastases or micrometastases may be determined either by histological examination or by OSNA or equivalent PCR-based assay.

- Considered appropriate for adjuvant chemotherapy by the treating physician.
- Patient must be fit to receive chemotherapy and other trial-specified treatments with no concomitant medical, psychiatric or social problems that might interfere with informed consent, treatment compliance or follow up.
- Multiple ipsilateral cancers are permitted provided at least one tumour fulfils the tumour size and axillary lymph node entry criteria, and none meet any of the exclusion criteria.  
*NOTE: Refer to [section 9.3](#) for guidance on selection of tumour blocks to be sent to the Central Laboratory.*
- Bilateral cancers are permitted provided the tumour(s) in one breast meets the eligibility criteria and the other, contralateral tumour is not ER negative and/or HER2 positive and not clinically significant, defined by both of the following:
  - i. The contralateral tumour **does not** fulfil the tumour size and lymph node eligibility criteria required for trial entry; i.e. the following are **not** acceptable:
    - presence of lymph node macro-metastases;
    - presence of lymph node micrometastases if the tumour size is  $\geq 20\text{mm}$ ;
    - tumour size  $\geq$  when there is no lymph node involvement.
  - ii. The treating physician does not consider that the characteristics of the contralateral tumour alone justify consideration of adjuvant chemotherapy.
- Short term pre-surgical treatment with endocrine therapy including in combination with non-cytotoxic agents is allowed providing that the duration of treatment does not exceed 8 weeks.  
*NOTE: A pre-treatment core biopsy should be sent to the Central Laboratory; a sample from a surgical excision or other on-treatment biopsy is not acceptable. Refer to [section 9.3](#).*
- Informed consent for the study.  
*NOTE: Consent must be received prior to undertaking any trial procedure. Randomisation and tumour block processing may be performed based on formally documented remote verbal consent when written consent will be delayed; written consent is required before proceeding to trial-specified treatment. Refer to [section 9.1](#).*

## 8.2. Exclusion criteria

**NOTE:** refer to appendix 2 for the OPTIMA main trial exclusion criteria

- $\geq 10$  involved axillary lymph nodes (with either macrometastases and/ or micrometastases) or involvement of any of internal mammary, supraclavicular and infraclavicular nodes.  
*NOTE: Internal mammary lymph nodes identified by anatomical imaging studies alone will be considered uninvolved where the diameter is  $< 10\text{mm}$ .*
- ER negative/low ( $\leq 10\%$  of tumour cells stained positive) OR HER2 positive/amplified tumour (as determined by the referring site).
- Metastatic disease.  
*NOTE: Formal staging according to local protocol is recommended for patients where there is a clinical suspicion of metastatic disease or for stage III disease (tumour  $> 50\text{mm}$  with any nodal involvement OR any tumour size with 4 or more involved nodes).*
- Previous diagnosis of malignancy unless:
  - i. managed by local treatment only AND disease-free for 10 years.
  - ii. ductal carcinoma in situ (DCIS) or pleomorphic lobular carcinoma in situ (pleomorphic LCIS) of the breast managed by local treatment only; treatment with anti-oestrogens is not permitted.  
*NOTE: Isolated classical type lobular carcinoma in situ (LCIS) is not considered in this context to be a diagnosis of malignancy.*

- iii. any other in situ carcinoma as defined by the International Classification of Diseases for Oncology (ICD-O) including basal cell carcinoma of skin and cervical intraepithelial neoplasia.
- Pre-operative anti-cancer treatments except short-term endocrine therapy administered as per the inclusion criteria.
- Adjuvant systemic treatment commenced prior to trial entry\* except endocrine therapy, which must be discontinued prior to starting trial-allocated chemotherapy.
- Trial entry\* and randomisation more than 12 weeks after completion of breast cancer surgery. Trial entry should ordinarily be within 8 weeks of final surgery.

\*Trial entry is dated from the earlier of participant signature of the consent form or the giving of remote verbal consent.

### 8.3. Chemotherapy regimens

**NOTE:** refer to appendix 2 for the OPTIMA main trial chemotherapy regimens

Chemotherapy to be chosen from a list of allowed regimens: the intended regimen must be stated at randomisation.

Chemotherapy is recommended to start within 2 weeks of treatment allocation. Monitoring and dose modifications during treatment is according to local guidelines. This includes the use of anti-emetics and other supportive care including the use of Granulocyte – Colony Stimulating Factor (G-CSF).

#### ANTHRACYCLINE NON-TAXANE REGIMENS

- FEC90-100:  
 fluorouracil [F] 500 mg/m<sup>2</sup>, i.v. q.3weeks x 6 cycles  
 epirubicin [E] 90-100mg/m<sup>2</sup>,  
 cyclophosphamide [C] 500mg/m<sup>2</sup>
- EC90-100:  
 epirubicin [E] 90-100mg/m<sup>2</sup>, i.v. q.3weeks x 4-6 cycles  
 cyclophosphamide [C] 600mg/m<sup>2</sup>

#### TAXANE NON-ANTHRACYCLINE REGIMENS

- TC:  
 docetaxel [T] 75mg/m<sup>2</sup> i.v. q.3weeks x 4 -6 cycles  
 cyclophosphamide [C] 600mg/m<sup>2</sup>

#### COMBINED ANTHRACYCLINE-TAXANE REGIMENS

- (F)EC-T:  
 FEC90-100 **OR** EC90-100 (as above) i.v. q.3weeks x 3-4 cycles  
*followed by*  
 docetaxel [T] 100mg/m<sup>2</sup> i.v. q.3weeks x 3-4 cycles  
*note – the order of (F)EC and docetaxel administration may be reversed*
- (F)EC-P:  
 FEC90-100 **OR** EC90-100 (as above) i.v. q.3weeks x 3-4 cycles  
*followed by*  
 paclitaxel [P] 80-90mg/m<sup>2</sup> i.v. q.1week x 8-12 cycles  
**OR** 175mg/m<sup>2</sup> q.2weeks x 4-6 cycles  
*note – the order of (F)EC and paclitaxel administration may be reversed*

- AC-T:
 

doxorubicin [A] 60mg/m <sup>2</sup>	i.v. q.3weeks x 3-4 cycles
cyclophosphamide [C] 600mg/m <sup>2</sup>	
<i>followed by</i>	
docetaxel [T] 100mg/m <sup>2</sup>	i.v. q.3weeks x 3-4 cycles
<i>note – the order of AC and docetaxel administration may be reversed</i>	
- AC-P:
 

doxorubicin [A] 60mg/m <sup>2</sup>	i.v. q.3weeks x 3-4 cycles
cyclophosphamide [C] 600mg/m <sup>2</sup>	
<i>followed by</i>	
paclitaxel [P] 80-90mg/m <sup>2</sup>	i.v. q.1week x 8-12 cycles
<b>OR</b> 175mg/m <sup>2</sup>	q.2weeks x 4-6 cycles
<i>note – the order of AC and paclitaxel administration may be reversed</i>	
- TAC:
 

docetaxel [T] 75mg/m <sup>2</sup>	i.v. q.3weeks x 6 cycles
doxorubicin [A] 50mg/m <sup>2</sup>	
cyclophosphamide [C] 500mg/m <sup>2</sup>	

#### DOSE-DENSE REGIMENS

- dd AC/EC-P: [dd = dose dense]:
 

doxorubicin [A] 60mg/m <sup>2</sup> <b>OR</b>	i.v. q.2weeks x 4 cycles
epirubicin [E] 90mg/m <sup>2</sup>	(with G-CSF support)
cyclophosphamide [C] 600mg/m <sup>2</sup>	
<i>followed by</i>	
paclitaxel [P] 175mg/m <sup>2</sup>	i.v. q.2weeks x 4-6 cycles
<b>OR</b> 80-90mg/ m <sup>2</sup>	q.1week x 8-12 cycles

Paclitaxel albumin (nab-paclitaxel) at appropriate dose and schedule may be used in place of either docetaxel or solvent-based paclitaxel in the allowed regimens.

Platinum salts can be added to any of the allowed regimens with appropriate adjustments to other components if a patient carries a germline BRCA1/2 or PALB2 mutation or has a tumour with evidence of homologous recombination deficiency.

**NON-UK SITES:** please refer to your country-specific protocol annexe for details of any additional allowed drugs/ regimens.

#### 8.4. Adjuvant endocrine therapy (premenopausal extension)

**NOTE:** refer to appendix 2 for the OPTIMA main trial adjuvant endocrine therapy section

##### INITIATION

Endocrine therapy is recommended to be started within 2 weeks of treatment allocation in patients assigned to no chemotherapy or 4 weeks after day 1 of the final cycle of chemotherapy for all other patients. Concomitant endocrine therapy and chemotherapy is not allowed. Initiation of endocrine therapy should not be delayed until after radiotherapy.

Endocrine therapy should be planned for a minimum of 5 years; the recommended duration is 10 years.

##### INITIAL TREATMENT PERIOD (YEARS 0-5)

Endocrine therapy for all (premenopausal) patients should be ovarian suppression combined with either tamoxifen or an aromatase inhibitor.

Ovarian suppression should consist of either a licensed Gonadotropin Releasing Hormone (GnRH) agonist, such as goserelin 3.6mg subcutaneously once a month, goserelin 10.8mg subcutaneously once every 3 months or leuprorelin acetate 11.25mg subcutaneously once every 3 months, for at least 3 years, or bilateral surgical oophorectomy. Radiation menopause is not permitted.

Ovarian suppression may be deferred for patients who experience chemotherapy-induced amenorrhoea but should be initiated in the event of resumption of menses up to 2 years from trial entry.

In addition, women should receive either tamoxifen or an aromatase inhibitor (anastrozole, exemestane or letrozole) for a minimum of 5 years. If ovarian suppression is deferred due to chemotherapy induced amenorrhoea, sites are strongly recommended to treat with adjuvant tamoxifen rather than an aromatase inhibitor, whilst there is any doubt about the patient's menopausal status.

***NOTE:** Ovarian suppression is mandated for all premenopausal women within the OPTIMA trial to ensure: (i) that the patients within both arms receive equally balanced endocrine treatment and (ii) to eliminate the risk of confounding from different rates of chemotherapy induced menopause between the arms.*

***NOTE:** Most GnRH agonist SmPCs recommend monitoring FSH and oestradiol levels to confirm ovarian suppression when used in combination with an aromatase inhibitor. Investigators are advised to confirm that oestradiol levels lie within the locally defined post-menopausal range after 3 months of treatment. See [note](#) on interpretation of FSH and oestradiol levels during endocrine therapy, including potential interference of oestradiol immunoassays caused by CDK4/6 inhibitors, below.*

#### **EXTENDED TREATMENT PERIOD (YEARS 6-10)**

As the OPTIMA population is considered to be at high risk of late relapse, all patients are advised extended adjuvant endocrine therapy with either an aromatase inhibitor or tamoxifen up to a total of 10 years.

For women who are considered for extended endocrine therapy with an aromatase inhibitor, the following considerations apply to determination of menopausal status:

- Age  $\geq$  55 on tamoxifen monotherapy with intact ovaries and with amenorrhoea for 2 years may be considered postmenopausal.
- Age  $<$  55 on tamoxifen monotherapy with intact ovaries and with amenorrhoea for 2 years. Assay FSH and oestradiol; consider the patient to be postmenopausal if FSH is  $>$  25IU/L and oestradiol is within the locally defined postmenopausal range.
- Age  $<$ 60 and on GnRH agonist combined with either tamoxifen or an aromatase inhibitor, discontinue GnRH agonist, allowing at least 4 months from final treatment prior to measurement of FSH and oestradiol. Discontinuation of tamoxifen for 8-12 weeks or aromatase inhibitor for 2 weeks is advised before hormone measurement. Consider the patient to be postmenopausal if FSH is  $>$  25IU/L and oestradiol is within the locally defined postmenopausal range. Women age  $\geq$ 60 may be considered postmenopausal.

#### **ATTEMPTED PREGNANCY**

Women may choose to interrupt endocrine therapy if they wish to attempt pregnancy. Those who wish to do so should be informed of the evidence for the safety of taking this step as well as its potential risks and are strongly advised to follow the POSITIVE trial protocol (98, 99). Specifically, they should have completed 18 to 30 months adjuvant endocrine therapy, be no older than 42 years and should resume endocrine therapy after two to three years regardless of conception outcome. Women who follow this recommendation may be reassured that the POSITIVE trial

results indicate that temporary interruption of endocrine therapy and successful pregnancy does not put them at increased risk of recurrence even if they use assisted conception, with the caveats that trial follow-up is of limited duration and that most of the women enrolled were at lower clinical risk than OPTIMA participants.

#### **NOTES ON INTERPRETATION OF FSH AND OESTRADIOL LEVELS IN WOMEN WITH AMENORRHOEA RECEIVING ENDOCRINE THERAPY.**

##### **1. Tamoxifen**

*Tamoxifen may suppress FSH levels in postmenopausal women and cause elevation in premenopausal women. Women with FSH  $\leq$ 25IU/L measured whilst taking tamoxifen should be considered premenopausal regardless of oestradiol level. If the FSH lies close to 25 then consider repeating measurements in 6 months or following interruption of tamoxifen for 8-12 weeks. Women with FSH  $>$ 25IU/L and oestradiol above the menopausal range are likely to be peri-menopausal; consider repeating measurements in 6 months.*

##### **2. Aromatase inhibitors**

*Aromatase inhibitors should suppress the oestradiol level to below the lower limit of detection for all women thought to be postmenopausal on clinical grounds and additionally cause modest elevation of FSH levels in both pre- and postmenopausal women (secondary to the suppressed oestradiol production). If measurements of FSH and oestradiol are made to confirm postmenopausal status for women whilst taking an aromatase inhibitor, and the FSH level lies close to 25IU/L then measurements should be repeated after a two-week interruption of aromatase inhibitor treatment to avoid an incorrect diagnosis of a postmenopausal state.*

##### **3. Ovarian suppression**

*GnRH agonists suppress both FSH and serum oestradiol. If following discontinuation of a GnRH agonist, FSH is  $\leq$ 25IU/L and oestradiol is within the locally defined postmenopausal range then it is likely that there is ongoing GnRH agonist activity; repeat analysis should be performed at 4-6 week intervals until menopausal status is clear.*

*Measurements of FSH and oestradiol when made early, i.e. within 6 months of discontinuation of a GnRH agonist, are much more reliably interpretable where the analysis is performed following washout of tamoxifen or an aromatase inhibitor.*

##### **4. CDK4/6 inhibitors**

*Some oestradiol immunoassays may deliver falsely elevated readings in patients receiving CDK4/6 inhibitors due to interference. Clinicians are advised to consult their laboratory in the event of unexpectedly elevated oestradiol levels, especially in premenopausal patients where clinical and other biochemical indicators are consistent with continued ovarian suppression.*

#### **BONE HEALTH**

Ovarian suppression in premenopausal women especially when combined with aromatase inhibitor therapy is known to cause accelerated bone loss (100). For this reason, careful attention should be paid to bone health for all patients randomised into the OPTIMA protocol. It is advised that sites follow the recommendations for monitoring and maintenance of bone health including the use of Dual Energy X-ray Absorptiometry (DEXA) studies contained in UK national (4, 100) and other relevant guidelines, taking into account any planned use of adjuvant bisphosphonates.

#### **8.5. Adjuvant CDK 4/6 inhibitors**

The Cyclin Dependent Kinase 4/6 inhibitors, abemaciclib or ribociclib may be prescribed concurrently with endocrine therapy according to licence.

## 8.6. Adjuvant bisphosphonates

A meta-analysis has demonstrated a survival benefit for women with early breast cancer receiving adjuvant bisphosphonates(101). This benefit is seen in postmenopausal women and those who become postmenopausal as a result of their treatment. The meta-analysis does not demonstrate superiority of one agent over another or an optimal duration of therapy.

In the OPTIMA trial, all patients are eligible for treatment with a bisphosphonate as they are treated with ovarian suppression.

It is recommended that patients in the OPTIMA trial receive a bisphosphonate (oral or intravenous) for 2-5 years according to UK national (4) and other relevant guidelines.

## 8.7. Surgery

The purpose of this section is to define acceptable local surgical treatment for trial eligibility. Surgery should be performed in accordance with local guidelines, the NICE NG101 guidelines (4) and any other applicable national guidelines.

- **Breast Conservation:**  
If breast conservation is undertaken then margins should be clear. If re-excision is required to gain clear margins this further surgery can take place either before or after chemotherapy.
- **Mastectomy:**  
If mastectomy is performed, immediate reconstruction should be offered according to local guidelines with consideration of all factors including patient choice and without inappropriate delay in delivering systemic therapy.
- **Margins:**  
The acceptable circumferential and deep/superficial margin widths are determined by local guidelines.
- **Axillary Surgery:**  
All patients should undergo pre-operative axillary staging with an ultrasound scan and needle biopsy or fine needle aspiration (FNA) of any suspicious or indeterminate nodes. A normal sentinel lymph node biopsy is required for patients to be considered node-negative. Lymph nodes containing isolated tumour cell clusters (ITC) only on biopsy are considered to be uninvolved.

Patients with pre-operative pathologically proven but low volume axillary lymph node involvement (cT1-2 cN0 tumour with 1-2 abnormal lymph nodes on u/s) may be treated with targeted axillary dissection (either in the context of a clinical trial or with/without axillary radiotherapy) as an alternative to axillary clearance/ radiotherapy.

There is no requirement for further axillary treatment for patients with micrometastases only or with 1-2 nodes with macrometastases identified at sentinel lymph node biopsy. Patients with more extensive axillary lymph node macrometastases should undergo either axillary clearance or axillary radiotherapy according to local/ national guidelines.

## 8.8. Radiotherapy guidelines

Radiotherapy should be given as part of breast cancer treatment as per standard good clinical practice and in accordance with local guidelines and the Royal College of Radiologists 2016 Consensus Statement (102), the NICE NG101 guidelines (4) and any other applicable national guidelines. The purpose of this section is to summarise current opinion on best practice.

CT-based treatment planning is recommended.

Sites may enter patients into clinical trials of post-operative radiotherapy.

- **Breast Conserving Surgery:**

Breast radiotherapy is standard management for all patients who have had breast-conserving surgery. Whole breast including the primary tumour bed is the target volume. A tumour bed boost in conjunction with whole breast radiotherapy may be given as per local guidelines. Partial breast radiotherapy may be used, but only for patients who have a negative sentinel node biopsy, or a full axillary clearance.

- **Post mastectomy Radiotherapy:**

Chest wall radiotherapy is standard management for patients with  $\geq 4$  positive axillary nodes, T3 tumours with any node positivity and is recommended for tumours with a positive deep margin. The chest wall is the target volume.

Chest wall radiotherapy may be considered for patients with 1-3 positive axillary nodes, or high-risk node negative disease.

- **Regional lymph node radiotherapy:**

There are three options for patients who have had a sentinel lymph node biopsy and at least one node is positive. These options are (1) axillary clearance, (2) axillary radiotherapy, or (3) observation. Practice in this area is changing rapidly and treatment selection should therefore be as local guidelines / physician choice. Levels I/II of the axilla should not be routinely irradiated after an axillary clearance.

Treatment of the supraclavicular fossa is standard management when  $\geq 4$  axillary lymph nodes are involved and may be used according to local guidelines for patients with 1-3 involved axillary nodes.

Internal mammary nodes should be treated according to local guidelines.

- **Dose fractionation:**

Recommended schedules after breast conserving surgery or mastectomy:

1. 40Gy in 15 fractions, 5 fractions per week
2. 50Gy in 25 fractions, 5 fractions per week
3. 45Gy in 20 fractions, 5 fractions per week
4. 26Gy in 5 fractions, 5 fractions per week

Dose fractionation for tumour bed boost and regional lymph nodes should be given according to local guidelines.

- **Intraoperative Radiotherapy (IORT):**

Patients who have received IORT are eligible for OPTIMA enrolment provided that they then receive standard external beam radiotherapy to the whole breast after chemotherapy is completed. The OPTIMA trial is designed for higher risk patients than those who participated in the IORT trials, and for this reason IORT alone is deemed inadequate treatment.

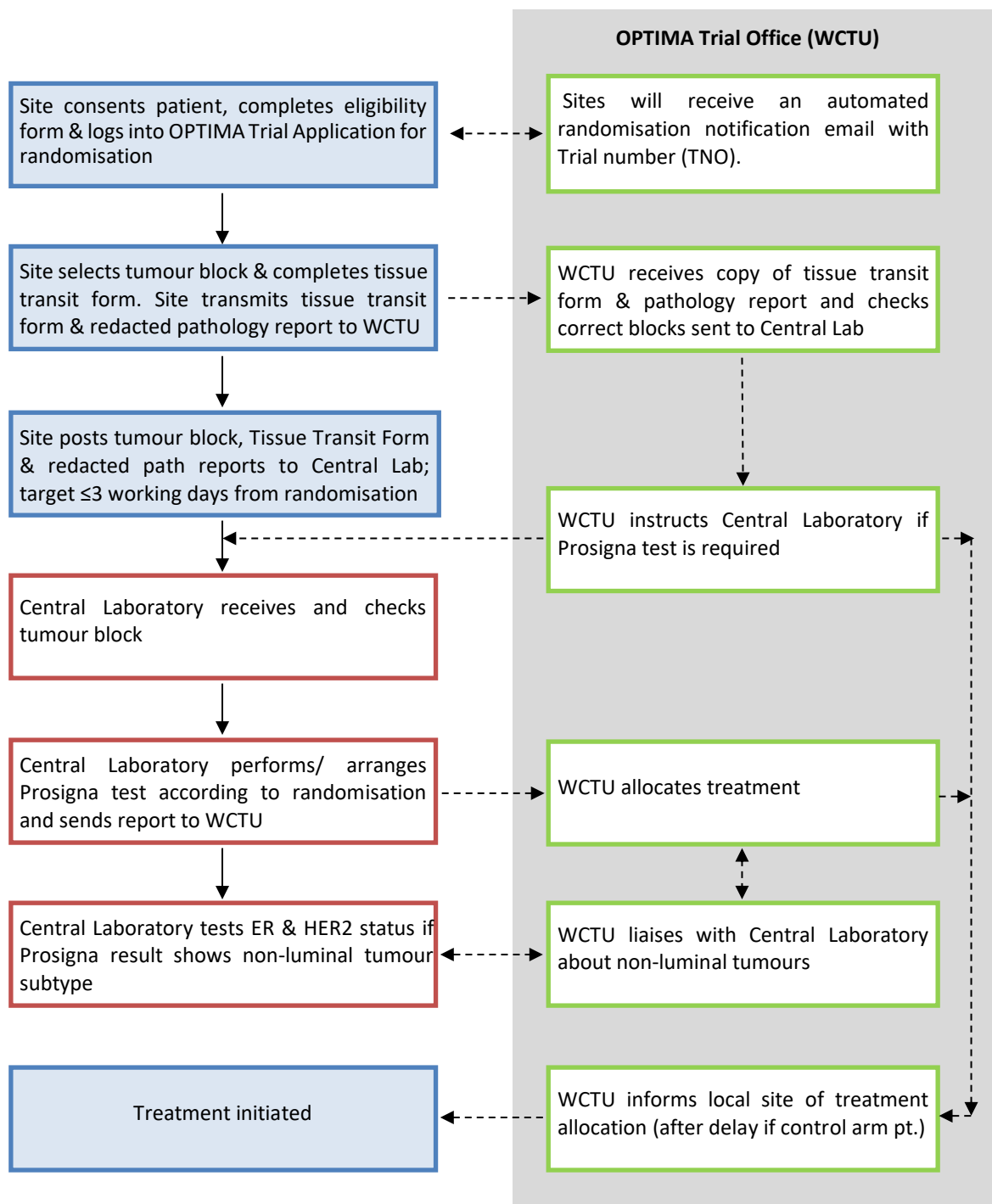
## **9. CONSENT AND RANDOMISATION PROCEDURES**

The process of randomisation is the same for all participating countries, but procedures will differ. For non-UK sites, the procedure is described in the country-specific protocol annexe, which includes details of the local coordinating centre (if any) and designated testing laboratory/ laboratories.

***The below (section 9.1 – 9.7 and figure 3) is for UK Sites only.***

The information flow and tissue handling necessary for randomisation and treatment allocation is summarised in the flowchart (figure 3, below).

**Figure 3. Tissue handling and treatment allocation flow diagram**



The randomisation and treatment allocation process from the date of consent to treatment allocation will take approximately 2 weeks for most participants.

### 9.1. Informed consent

It is the responsibility of the local Principal Investigator (or designee as listed in the Site Signature and Delegation Log) to obtain informed consent in compliance with international requirements from each patient prior to entry into the trial. Discussions about trial participation may take place during an in-person consultation or remotely, i.e. during a telephone or video consultation. In all settings, the trial must be discussed in detail with the patient, and the patient provided with a copy of the Patient Information Sheet. Patients should be offered sufficient time to consider the trial, allowing time for discussion with family/friends/GP. The patient must be given the opportunity to ask questions and to be satisfied with the responses prior to consent being given.

Ethically approved patient facing information such as printed leaflets and on-line information sources, designed to inform potential participants of the existence of the trial are not part of the formal informed consent process. This includes the OPTIMA website ([optimabreaststudy.com](http://optimabreaststudy.com)). Access to these sources will not be restricted to patients who have been approached about trial participation.

Full consent must be given in writing. This may be during an in-person consultation or alternatively, the patient may complete the consent form remotely. When completed remotely, the patient should return the signed form, or a scan or legible photograph of all sections of it, to a named person at the recruiting site using one of the following methods:

- I. by post
- II. electronically (e.g. to an institutional email address)
- III. in person

The local Principal Investigator or designee receiving consent must countersign the consent form. There is no requirement that the counter signature date match the date of the participant signature where this has been completed remotely, but the counter signatory must be satisfied that the consent is genuine. Where the participant has returned an image of the signed form, this should be printed and if unsuitable for countersignature, the investigator should sign a blank consent form and attach the printed image to it. The consent form may be completed and signed/ counter signed electronically where an approved mechanism is available.

A potential participant who is unable to attend an appointment in person may, for convenience, also give *initial* remote verbal consent to the local Principal Investigator or qualified designee during a telephone or video consultation. The patient must be provided with a copy of the PIS and afforded the same opportunities to consider joining the study and to ask questions as they would be when attending in person. A documentation of remote verbal consent form must be completed to record verbal consent.

Remote verbal consent has limited scope. Specifically, participants may be entered into the trial, randomised by the OPTIMA Trial Office and tumour samples sent to the lab for testing. To release details of the treatment allocation however, the randomising site will need to confirm to the Trial Office that written consent has been received.

The Patient Information Sheet and Consent Form are available in electronic format to facilitate printing onto local headed paper. Signed original consent forms (or forms which have been received electronically, printed and counter signed) must be retained on site and should be stored in the trial site file with a copy filed in the patient's hospital notes. Completed Consent Forms **must not** be sent to the OPTIMA Trial Office at Warwick Clinical Trials Unit (WCTU) or to the Central Laboratory.

A copy of the fully signed consent form and where applicable, the documentation of remote verbal consent form, must be given to the patient. Copies may be in paper or electronic format according to site standard procedures. Sites must ensure that patients' participation in the trial is recorded in the patient notes and is communicated to the patient's General (or family) Practitioner.

If the Patient Information Sheet and/or Consent Form are modified during the course of the trial, sites will be notified of any required procedure to follow for patients already consented.

## 9.2. Randomisation

The randomisation procedure will commence after informed consent has been given ('trial entry'). Prior to randomisation, eligibility must be confirmed by a trial investigator using the results of local pathology testing. A paper eligibility form must be completed and eligibility documented in the participant's medical notes.

Trial participants will be randomised using the **WCTU online randomisation application**, by Site staff authorised to randomise participants.

Site staff authorised to randomise participants to the OPTIMA trial will be provided with a username and password to access the randomisation system as part of the site set up process. Information on how to randomise, including a randomisation link, will be provided in a Data Entry Guide and sent to all Sites using EDC.

**Patients can be randomised via the OPTIMA  
Randomisation Application**

<https://ctu.warwick.ac.uk/studycapture>

If the randomisation portal is unavailable, please email [Optima@warwick.ac.uk](mailto:Optima@warwick.ac.uk). The Optima trial team can complete the randomisation during office hours (Mon-Fri 9am-5pm, U.K. time) excluding public holiday closure.

Trial entry will be recorded by WCTU at the time of randomisation but is dated from the giving of informed consent, i.e. the earlier of participant signature of the consent form or the giving of remote verbal consent.

Participants will be randomised to standard treatment (control arm) or to test-directed treatment.

Randomisation will be by computer using a minimisation algorithm to adjust for [stratification factors](#). The randomisation system will ensure that there is no bias between the two trial groups. Patients will be randomised strictly sequentially, and allocation between trial arms will be undertaken at a ratio of 1:1. The randomisation system will send a confirmation email to the research site containing the randomisation details.

Following randomisation, the research site must perform the following actions.

1. The site will send a partially anonymised copy of the participant's relevant histopathology reports to the OPTIMA Trial Office. To assist linkage with tumour blocks, in addition to the participant's trial number and initials, the report should show the date of birth, the hospital name and histopathology numbers. **All other patient identifiable data (name, NHS and hospital numbers etc) should be redacted before the report is sent to the Trial Office.** A copy of the redacted report should accompany the tumour block(s) sent to the Central Laboratory.

The Trial Office will check all pathology reports and any other necessary source documents, and in the event that patient identifiable information has not been fully removed, this will be redacted by the trial team.

2. The site will promptly send a tumour block to the Central Laboratory. The Trial Office will inform the Central Laboratory of the participant's randomisation. The laboratory will inform the Trial Office of receipt of the tumour block.

### 9.3. Tumour Block Selection and Documentation

The collection and subsequent testing of an archival tumour block is integral to patient care in OPTIMA. A suitable tumour block should be sent without delay to the Central Laboratory following patient randomisation, target within 3 working days.

Tumour block selection should be performed as follows:

- Patients with a unifocal tumour: a representative tumour block should be selected.
- Patients who have received pre-operative endocrine treatment: a pre-treatment core biopsy must be selected.

**WARNING:** A tumour block from a surgical excision or other on-treatment biopsy is not acceptable: treated tumours are likely to have a lower Prosigna Score than untreated tumours due to therapy-induced changes in gene expression, which could change the treatment allocation.

- Patients with multiple ipsilateral tumours: the site will identify an "index" lesion, selected as the tumour with the highest grade, followed by largest invasive tumour diameter. In rare cases, it may be necessary to submit samples from more than one lesion to the laboratory, for instance where lesions have differing morphology but the same grade. It is anticipated that laboratories will, as per standard good practice, assess ER and HER2 on the different lesions. Clinical management will be based on the highest Prosigna score for patients randomised to test-directed treatment.

**NOTE:** *Involved lymph nodes are not suitable for trial-specified laboratory investigation.*

Tumour blocks will be accompanied by a transit document which must be completed by a member of staff trained in the interpretation of pathology reports. This should be either a trial investigator or pathologist who is a member of the breast multidisciplinary team or another individual considered competent by the site Principal Investigator. The transit document will record permissions agreed by the patient for future research ([section 15](#)), which will constitute evidence of consent to the receiving laboratory.

The site should additionally send a redacted copy of the histopathology reports to accompany the tumour block; this should be a copy of the redacted report that has been sent to the OPTIMA Trial Office.

The address of the Central Laboratory service to send specimens to is:

**HSL Advanced Diagnostics**  
Ground Floor  
60 Whitfield Street  
London W1T 4EU

Tel: 020 3912 0280  
Fax: 020 3912 0288  
email: [AD@hslpathology.com](mailto:AD@hslpathology.com)  
Web: [hsl-ad.com](http://hsl-ad.com)

Additional details of the processing and delivery of tissue blocks to the Central Laboratory including the transit document to accompany the sample, and packaging and shipping instructions are provided in the OPTIMA Site Sample Collection Standard Operating Procedure (SOP) document.

In the event of the Central Laboratory becoming temporarily unable to perform some or all of its functions, for instance because of equipment failure, then the OPTIMA Trial Management Group may appoint a suitably qualified alternative laboratory to undertake these functions as a temporary arrangement. If this necessitates alternative specimen shipping arrangements, the OPTIMA Trial Office will notify sites accordingly.

#### **9.4. Central Laboratory Procedures**

The Central Laboratory will in the first instance assess the block(s) for invasive tumour content irrespective of randomisation. If any tissue block is deemed as insufficient or unsuitable a further tissue block will be requested from the research site via the OPTIMA Trial Office.

For patients randomised to test-directed treatment, the Central Laboratory will either perform or despatch tissue to a second laboratory for Prosigna testing. The laboratory will inform the Trial Office of the result of the Prosigna test(s) if performed or if suitable tumour cannot be obtained from the research site. In the ordinary course of events, the laboratory will make 2 attempts to obtain suitable tissue and/or perform a Prosigna test.

A small (estimated as approximately 4%, from OPTIMA *prelim*) proportion of patients may require confirmation of tumour ER and HER2 status because of the Prosigna test result, most commonly because the tumour has a non-luminal phenotype. The Central Laboratory will perform receptor re-testing in such cases.

#### **9.5. Treatment Allocation**

For patients randomised to test-directed treatment, the Trial Office (WCTU) will inform the research site, by email, whether the patient is to receive chemotherapy or not, based on the Prosigna Score. Where the Central Laboratory tests more than one tumour block, the block with the highest Prosigna Score will determine treatment allocation.

The research site will be blind to randomisation for those patients allocated chemotherapy. For patients randomised to standard treatment, the trial office will delay informing the research site of the treatment allocation by a time period equivalent to that taken to perform the Prosigna test for those randomised to test-directed treatment.

In the event that the Central Laboratory is unable to obtain sufficient or suitable tissue from the research site, or if the Prosigna test should fail for any other reason, then the participant will be assigned to chemotherapy as per protocol-specified default assignment.

If the patient is found to have an ER negative/low or HER2 positive/amplified tumour as a result of procedures performed by the Central Laboratory then the Trial Office (WCTU) will inform the research site. In such cases, the patient must be treated appropriately for the tumour characteristics but will continue to be followed-up for outcome measures and will be included in the primary analysis on an intention-to-treat basis. This will also apply in the event that additional (not pre-planned) analyses performed by the research site following randomisation result in the identification of an ER negative/low or HER2 positive/amplified tumour.

#### **9.6. Randomisation documentation**

After patients have been randomised, the investigator should send the patient's General Practitioner (GP) a letter and copy of the Patient Information Sheet to inform them of their participation in the trial.

The completed Eligibility Form must be sent to the OPTIMA Trial Office, with copies retained at site. The patient's details must be entered onto the local site's Patient ID Log. The patient's trial number and initials will be used on all subsequent CRFs and correspondence relating to that patient. For sample tracking and pathology forms, the date of birth will additionally be included.

A Screening Log should be maintained to document all patients considered for the trial but not entered. Where possible, the reason for non-entry to the trial should be documented. Electronic Screening logs should be transmitted to OPTIMA Trial office on a monthly basis as requested. Patient names or hospital numbers must not be recorded on the Screening Log (use initials only).

## **10. DATA COLLECTION**

### **UK SITES**

The OPTIMA Case Report Form (CRF) set comprise forms capturing details of eligibility, baseline characteristics, treatment and outcome details. These will be completed using the WCTU electronic data capture (EDC) system. Access to the EDC system will be granted to approved site personnel via the Trial Office. If the use of a paper CRF is required, then scanned copies of original forms should be sent to the co-ordinating team at WCTU, and originals retained on site. CRFs are expected to be completed within 4 weeks of their due date.

**CRFs should be completed on the study data capture application <https://ctu.warwick.ac.uk/studycapture>**

The local Principal Investigator is responsible for ensuring data collection on each patient is as accurate and complete as possible. Members of staff with delegated responsibility to complete CRFs must be listed in the Site Signature and Delegation Log.

### **NON-UK SITES**

Case Report Forms will be completed using the WCTU electronic data capture (EDC) system. Any additional procedures are described in the relevant country-specific protocol annexe.

## 10.1. Schedule of events

Table 4 summarises the schedule of events within OPTIMA.

**Table 4: Schedule of Events**

	Pre-randomisation	Pre-treatment allocation	Following treatment allocation	3-months from trial entry	6 months from trial entry	12 months from trial entry	24 months from trial entry	Annually from 3 to 10 years
Inclusion criteria satisfied	X							
Informed trial consent received	X							
Archival tissue block sent to Central Laboratory		X						
Chemotherapy planned		X <sup>a</sup>						
Chemotherapy treatment			X <sup>b</sup>					
Endocrine treatment and compliance			X <sup>c</sup>			X <sup>d</sup>	X <sup>d</sup>	X <sup>d</sup>
OPTIMA Patient Questionnaire Booklet (Quality of Life & Health Resource Use)*		X <sup>e,f</sup>		X <sup>f</sup>	X <sup>f</sup>	X <sup>f</sup>	X <sup>f</sup>	
Follow-up						X <sup>g</sup>	X <sup>g</sup>	X <sup>g</sup>

\* Sites will be informed when Patient Questionnaire Booklet completion is activated.

### Notes:

Trial entry is dated from informed consent (i.e. the earlier of participant signature of the consent form or the giving of remote verbal consent).

- Chemotherapy must be specified at the time of randomisation. In order to avoid delays, sites are advised to make arrangements for chemotherapy treatment in advance of treatment allocation, accepting that patients may be allocated endocrine therapy alone.
- Chemotherapy is recommended to start within 2 weeks of treatment allocation. Monitoring during treatment is according to local guidelines.
- Endocrine therapy recommended to start within 2 weeks of treatment allocation or within 4 weeks of day 1 of the final cycle of chemotherapy. Monitoring during treatment is according to local guidelines.
- Information on current endocrine treatment and compliance with treatment to be collected as part of annual follow-up.
- The initial Patient Questionnaire Booklet may be completed at any time point between Informed Consent and treatment allocation.
- The Patient Questionnaire Booklet can be completed at all time points either in clinic or at home by post for patients who are not due in clinic or have been discharged from clinical review. If no reply is received to the postal questionnaire, sites are permitted to telephone patient and complete the form over the phone. Completion of questionnaires outside the expected timeframe will not be considered as protocol non-compliance.
- Patients are followed-up annually. It is recommended that the annual follow-up is scheduled for the anniversary of trial entry where possible; follow-up undertaken outside this expected timeframe will not be considered as protocol non-compliance. Telephone or video follow-up is permitted. Follow-up by email is permitted subject to local information governance policies.

## **10.2. Adverse Event Management**

### **10.2.1. DEFINITIONS**

An Adverse Event (AE) is defined as any untoward medical occurrence in a randomised trial participant and which does not necessarily have a causal relationship with their involvement in the trial.

A Serious Adverse Event (SAE) is an AE that fulfils one or more of the following criteria:

- Results in death
- Is immediately life-threatening
- Requires hospitalisation or prolongation of existing hospitalisation
- Results in persistent or significant disability or incapacity
- Is a congenital abnormality or birth defect
- Is an important medical condition

### **10.2.2. RECORDING AND REPORTING**

Information about AEs and SAEs is collected through routine data capture on CRFs (on the Chemotherapy Form and Annual Follow-up Form). Recurrence of and/or death from breast cancer and the diagnosis of new cancers in participants are outcome measures of the trial that will be collected on CRFs (the Event Form and Notification of Death Form) and are treated as expected events.

All treatment administered to trial participants according to the protocol is identical to the treatment given in normal clinical practice, for which there is extensive safety data already available. Therefore all AEs are expected and, for the purposes of this trial, further adverse event data is not collected as it is not required for trial analysis.

There is no requirement for expedited reporting of any SAEs in the trial.

## **10.3. Quality of Life & Health Resource Use Assessment**

### **UK SITES**

Participants will be asked to complete the OPTIMA Patient Questionnaire Booklet. Sites will be instructed when to commence request initiation.

The Patient Questionnaire Booklet incorporates the following validated Quality of Life (QoL) instruments:

- Euroqol EQ-5D-3L, a five-item instrument measuring mobility, self-care, usual activities, pain/discomfort and anxiety/ depression(103).
- The FUNCTIONAL ASSESSMENT OF CANCER THERAPY – BREAST (FACT-B), a 37-item instrument measuring physical, social, emotional, functional well-being as well as a breast-cancer subscale (BCS) specific for breast cancer patients(104).
- Distress thermometer, a self-reported tool using a 0-to-10 rating scale for assessing the levels of distress and also has a problem list for identifying the source of any distress (105)

In addition, the Booklet contains a health resource use questionnaire and a blank page to collect any further patient reported experiences. The first OPTIMA patient questionnaire should be given to patients after informed consent is received but prior to treatment allocation. Further OPTIMA patient questionnaires will be administered at 3, 6, 12 and 24 months from the date of consent. The Patient Questionnaire Booklet can be completed at all time points in clinic or at home by post for patients who are not due in clinic or have been discharged from clinical review. If no reply is received to the postal questionnaire, sites are permitted to telephone patient and complete the form over the phone.

Completion of questionnaires outside the expected timeframe will not be considered as protocol non-compliance.

Each participating site will be responsible for providing patients with the Patient Questionnaire Booklets. The local Principal Investigator or their designee must explain the requirements, ensure the patient understands how to complete the questionnaires and the timeframes within which they are required, and ensure the booklets are submitted to the OPTIMA Trial Office at WCTU following completion. The member of staff responsible for this must be appropriately recorded on the Site Signature and Delegation Log.

#### **NON-UK SITES**

Non-UK sites please refer to your country-specific protocol annexe for additional details of the patient questionnaire.

#### **10.4. Follow-up**

Follow-up at site level will be annually for 10 years from trial entry (date of consent). Telephone follow-up is permitted for patients who have been discharged from clinical review. Follow-up by email is permitted subject to local information governance policies.

For UK patients, information will also be obtained where possible from central databases of hospital episodes, cancer outcome data and mortality maintained by the NHS and other governmental organisations. The duration of follow-up from centralised data sources will not be limited to 10 years.

### **11. POST RANDOMISATION WITHDRAWALS, EXCLUSIONS AND MOVES OUT OF REGION**

Patients have the right to withdraw from the trial at any time for any reason. Patients should be encouraged to remain within the trial. However, if a patient wishes to withdraw, the OPTIMA Trial Office should be notified immediately. Full details of the reasons for withdrawal must be recorded on the relevant CRF.

Patients who have given remote verbal consent but who do not subsequently give written consent will be treated as withdrawn. Tumour blocks will be returned to the referring site in this event.

Patients may be withdrawn from trial treatment at the discretion of the Investigator and/or Trial Management Committee. If a patient is only withdrawn from trial treatment, they must be followed-up in accordance with the protocol.

Patients moving away from the region of the local site should NOT be withdrawn from the trial. Should this occur, please contact the OPTIMA Trial Office with the relevant details, and they will endeavour to assign the patient's follow-up to a site close to their new location.

### **12. END OF TRIAL**

The end of trial is defined as the date of completion of all trial procedures on all participants.

The trial will be stopped prematurely if:

- Mandated by the Ethics Committee
- Following recommendations from the IDMC
- Funding for the trial ceases

The Research Ethics Committee will be notified in writing within 15 days if the trial has been concluded or terminated early.

## 13. OPTIMA MAIN TRIAL STATISTICAL CONSIDERATIONS

### 13.1. Stratification

- Country: each country will be represented as a separate category
- Chemotherapy regimen (anthracycline- non-taxane [FEC90-100, EC90-100] vs. taxane- non-anthracycline [TC] vs. combined anthracycline-taxane [(F)EC-T, (F)EC-P, AC-T, AC-P, TAC] vs. dose dense [dd AC/EC-P])
- Number of involved nodes (node negative [includes isolated tumour cells] vs. positive sentinel node biopsy with micrometastases only and without axillary clearance vs. positive sentinel node biopsy with macrometastases and without axillary clearance vs. 1-3 nodes vs. 4-9 nodes)
- Histological grade (1, 2 vs. 3)
- Tumour size ( $\geq 30$ mm vs.  $< 30$ mm)
- Age ( $< 40$  vs.  $\geq 40$ )
- CDK 4/6 inhibitor use (yes vs no)

### 13.2. Power and sample size

OPTIMA *prelim* informed the type of patients that would be entered into OPTIMA. The tumour characteristics of the population were similar to node-positive patients with HER2 negative disease enrolled in the ATAC and TEAM studies and who received 5 years of an AI. The 5-year disease free survival for patients in the transATAC study, with ER positive HER2 negative tumours with axillary lymph node involvement who were not treated with chemotherapy was 82% and the 5-year DRFS was 84% (Dowsett, Cuzick & Sestak, unpublished). The IBCFS rate is expected to be 2% higher than the IDFS with the removal of non-breast second malignancies.

The power calculations assume an 8-year recruitment period with a minimum of 12 months follow-up and a 5% dropout rate for the per protocol (PP) analysis. On this basis, a trial randomising 2250 patients in each treatment arm (4500 in the 2-arm study) will have the ability to demonstrate non-inferiority of test directed treatment, defining non-inferiority as 'no worse than 3%' below the estimated 87% 5-year invasive breast cancer free survival (IBCFS) for the control arm with a one sided 5% significance level and 83% power. This sample size is sufficient to consider a variety of scenarios if the population changes (Table 5). The inclusion of the 412 OPTIMA *prelim* patients (206 in each arm) or 6 months additional follow-up could increase the power of assessing test directed therapy to above 85%.

**Table 5: Power calculations assuming 8 years recruitment, minimum of 12 months follow-up and non-inferiority defined as no worse than 3% below the control arm.**

Scenario	Rate for control at 5 years	Rate for Test guided arm at 5 years	HR	Minimum Sample size in each arm	Power
ITT	85%	82%	1.22	2250	81%
PP 5%	85%	82%	1.22	2137	80%
PP 10%	85%	82%	1.22	2025	79%
ITT	86%	83%	1.24	2250	84%
PP 5%	86%	83%	1.24	2137	83%
PP 10%	86%	83%	1.24	2025	81%

ITT	87%	84%	1.25	2250	85%
PP 5%	87%	84%	1.25	2137	83%
PP 10%	87%	84%	1.25	2025	82%
ITT	88%	85%	1.27	2250	87%
PP 5%	88%	85%	1.27	2137	85%
PP 10%	88%	85%	1.27	2025	85%
ITT	89%	86%	1.294	2250	89%
PP 5%	89%	86%	1.294	2137	88%
PP 10%	89%	86%	1.294	2025	86%
ITT	90%	87%	1.322	2250	91%
PP 5%	90%	87%	1.322	2137	89%
PP 10%	90%	87%	1.322	2025	88%

Key: IBCFS = Invasive breast cancer free survival; ITT = intention-to-treat analysis; PP= per protocol analysis (% refers to the difference from the ITT population size); HR=non-inferiority limit for the hazard ratio.

If all control arm participants were tested, a 4500 patient sample size would have at least 85% power to demonstrate non-inferiority of IBCFS for patients with tumours categorised as low score using the multi-parameter test (estimated at 65% of patients, based on OPTIMA *prelim*) at 3.5% with a one sided 5% significance level and a 5 year IBCFS in the control arm of at least 89% and allowing for 5% exclusions for a per protocol analysis.

OPTIMA is designed as an adaptive trial to allow the inclusion of another multi-parameter test or tests, should any additional multi-parameter test(s) become sufficiently validated, reasonably priced and warrant further research in the future. The adaptive trial design will be dependent on the available additional funding and the current recruitment rates.

### 13.3. Analysis plan

The primary outcome is invasive breast cancer free survival (IBCFS), as defined in Table 3 (94). All time to event outcomes will be calculated from the date of randomisation to the date of first event, or the date last known to be alive. The time to event outcomes will be assessed using the Kaplan-Meier survival method. Cox proportional hazards models will be used to compare trial arms after adjustment for stratification variables as well as exploring important prognostic factors and trial arm/marker interactions. The primary hypothesis of non-inferiority of IBCFS between test-directed therapy and standard chemotherapy will be tested with adjustment for the stratification variables in a Cox regression model and the hazard ratio obtained. Non-inferiority may be conferred if the 95% quantile of the estimated hazard ratio is less than the non-inferiority limit for the hazard ratio of 1.25 assuming the control IBCFS rate is 87% at 5 years (Table 5). Kaplan-Meier survival curves will also be produced for IBCFS by trial allocation for the patients with low-score tumours only and the 95% quantile of the estimated hazard ratio obtained from fitting a Cox regression model to assess whether having no chemotherapy in this population is non-inferior to having chemotherapy.

The quality of life FACT-B scale will be scored and analysed using longitudinal methods and appropriate statistical tests. Compliance with endocrine therapy will be assessed as the proportion of patients stopping endocrine treatment early and compared using a chi-squared test. In addition, the time to stopping endocrine therapy will be assessed using the Kaplan Meier survival method and compared between trial arms using the Cox regression model after adjustment for the stratification variables. The impact of endocrine therapy use on IBCFS and overall survival will also be assessed.

The primary analyses will be carried out on a per protocol population. The per protocol population will include all patients eligible for trial entry under the final protocol who followed the treatment

which was allocated as per the protocol. It will also include otherwise eligible patients found to have ER low positive or negative and/or HER2-positive tumours because of protocol-specified receptor re-testing and patients for whom Prosigna testing could not be completed, but these patients will be excluded from the key secondary analysis of patients with low-score tumours. A sensitivity analysis will be performed on an intention-to-treat basis using all randomised patients. In addition, patients from the preliminary study will be included in a sensitivity analysis of test-directed therapy versus control without inflating the error rate(106).

Two interim analyses of the primary outcome measure are planned, equally spaced in terms of numbers of IBCFS events and the primary analysis. At each, it may be concluded that the experimental trial arm (test-directed therapy) is non-inferior to the control arm. The 5% Type I error rate for testing non-inferiority will be controlled by an O'Brien-Fleming-like alpha-spending rule set at  $p = (0.004, 0.007 \text{ and } 0.047)$ . A futility analysis based on conditional power to determine the value of continuing the study may also be considered at these times. Conditional power limits are likely to be set at 10%, to be decided after discussion with the Independent Data Monitoring Committee (IDMC); anything below this level would be unlikely to prove non-inferiority at the 3% margin. The sample size assumptions will be assessed at each interim analysis.

#### **13.4. Subsequent analyses**

To assess the longer-term effects of test-directed treatment a further analysis will be performed when at least 90% of patients recruited into OPTIMA main (i.e. under protocol versions 5 -10) have been on study for a minimum of 5 years.

A final analysis is intended for OS when at least 90% of the main trial cohort have been on study for a minimum of 10 years.

### **14. STATISTICAL CONSIDERATIONS: OPTIMA PREMENOPAUSAL/ OPTIMA-YOUNG**

#### **14.1. Stratification**

- Country: each country will be represented as a separate category
- Chemotherapy regimen (anthracycline- non-taxane [FEC90-100, EC90-100] vs. taxane- non-anthracycline [TC] vs. combined anthracycline-taxane [(F)EC-T, (F)EC-P, AC-T, AC-P, TAC] vs. dose dense [dd AC/EC-P])
- Number of involved nodes (node negative [includes isolated tumour cells] vs. positive sentinel node biopsy with micrometastases only and without axillary clearance vs. positive sentinel node biopsy with macrometastases and without axillary clearance vs. 1-3 nodes vs. 4-9 nodes)
- Histological grade (1, 2 vs. 3)
- Tumour size ( $\geq 30\text{mm}$  vs.  $< 30\text{mm}$ )
- Age at trial entry ( $< 40$  vs.  $\geq 40$  years of age)
- Intended CDK 4/6 inhibitor use (yes vs no)

#### **14.2. Sample size**

OPTIMA-YOUNG, a sister study of the OPTIMA trial, will compare protocol specified multi-parameter gene expression assay (Prosigna) driven treatment to standard clinical practice among premenopausal women with higher clinical risk early-stage breast cancer in terms of Invasive Breast Cancer Free Survival (IBCFS).

Premenopausal women recruited in OPTIMA (main study and pre-menopausal extension) and treated according to the same clinical trial design will contribute with events and follow-up time to the total accrual of OPTIMA-YOUNG.

OPTIMA-YOUNG is designed as a non-inferiority trial with a one-sided significance level of 2.5%. The IBCFS in the control arm at 5 years is expected to be 90%. This expert consensus estimation is based on the fact that 1) in the SOFT, in the chemotherapy cohort, among patients assigned to exemestane plus ovarian suppression, 85.7% (95% CI, 82.3 to 88.5) remained free from breast cancer at 5 years and 2) in RxPonder that recruited a lower risk population than OPTIMA / OPTIMA-YOUNG and no OFS: 93.9% with chemoendocrine therapy at 5 years (78, 107). A non-inferiority margin of 3%, the same as in the OPTIMA main trial, is used. The 3% margin was deemed acceptable by the patient group consulted for the design of OPTIMA (108) and with several advocacy groups, including EuropaDonna, Eupati, BIG PPI and the Independent Cancer Patients' Voice (ICPV), for OPTIMA YOUNG.

For an expected 90% 5-year IBCFS, this corresponds to a hazard ratio (HR) of 1.32. A total of 408 events will provide 80% power at a one-sided significance level of 2.5%, assuming an HR of 1 under the alternative hypothesis.

Assuming a 2.5-year uniform recruitment period, and a minimum of 36 months of follow-up, a total sample size of 4959 premenopausal patients is required, allowing for an 8% probability of dropout at 5-years (determined by East). It is estimated that 2620 patients will be enrolled in OPTIMA-YOUNG and an additional 2339 premenopausal patients will be enrolled in the OPTIMA trial (followed-up for a maximum of 120 months), which includes up to 760 patients recruited during the premenopausal extension phase. The primary analysis is estimated to be performed when the last patient reaches 36 months of follow-up which combined with OPTIMA patients will provide a median follow-up of approximately 60 months.

To control for multiple testing, the non-inferiority hypothesis for the key secondary endpoint will be tested in a hierarchical setting, i.e. only when the null hypothesis of the primary endpoint has been rejected. The inferential non-inferiority evaluation in the population with Prosigna score  $\leq 60$  (expecting 70%) will be conducted when a sufficient number of IBCFS events are reached. Using the same non-inferiority margin of 3% absolute difference, and an expected 5-year IBCFS of 92% (and thus a HR=1.40), a projected number of 302 events (corresponding to 80% power) should be reached 18 months after the primary endpoint analysis.

### **14.3. Analysis plan**

#### **POPULATIONS**

The intention-to-treat population will include all patients enrolled and randomised in the OPTIMA-YOUNG trial (NCT07106632) and premenopausal patients from OPTIMA. Patients will be analysed according to their randomisation arm.

The per-protocol population will exclude:

- Otherwise eligible patients found to have HR low positive or negative and/or HER2-positive tumours because of protocol-specified receptor re-testing
- Patients who were assigned ET only and received at least one cycle of chemotherapy, or patients who were assigned chemotherapy and did not receive any cycle of chemotherapy.
- Patients in the Prosigna guided arm for which Prosigna failed to provide a test result.

#### **DISPOSITION OF PATIENTS**

A trial specific CONSORT flow diagram will display the progress of all participants through the trial. It will be used to summarize the number of patients screened, followed up and analysed, along with the number of patients withdrawn, lost to follow-up, and the patients excluded from analysis.

#### **BASELINE DATA**

Patients' characteristics will be summarized by trial arm in the study populations defined previously, using descriptive statistics. Continuous variables will be summarized using median, mean, standard

deviation, minimum, maximum and number of missing observations. Qualitative variables will be summarized using counts, percentages and number of missing observations

#### **PRIMARY ENDPOINT ANALYSIS**

The primary analysis of invasive breast cancer free survival (IBCFS) within this pragmatic trial will be conducted in the intention-to-treat population and any intercurrent events (including deviations from the assigned treatment or discontinuation of treatment) will be ignored. A Cox model stratified by study (OPTIMA vs OPTIMA-YOUNG) and adjusted for the stratification factors, will be used to calculate the hazard ratio (HR) and perform a non-inferiority test. Kaplan-Meier survival curves will be constructed.

Similar analyses will be conducted for the sensitivity analysis of the primary endpoint conducted with the per-protocol population and for the secondary analysis restricted to low-risk tumours.

Another sensitivity analysis will be conducted for all randomised patients, except for patients in the Prosigna guided arm for which Prosigna failed to provide a test result. Inverse probability of censoring weighting (IPCW) will be applied to estimate the effect of the Prosigna guided arm compared to SOC regarding IBCFS in an hypothetical population in which no patient would have deviated from the assigned strategy (109).

Pre-specified subgroup analyses will include the stratification factors used for randomisation, with particular subgroups of interest defined by age at trial entry (<40 vs. ≥40 years), and extent of nodal involvement. Forest plots will be used to display subgroup effects.

Cox proportional hazards models will also be used to explore important prognostic factors and trial arm/marker interactions.

Complementary time-to-event clinical outcomes analyses will follow the same analytic plan established for the primary analyses.

## **15. PATHOLOGY RESEARCH**

Tumour samples from all participants will be stored in the relevant country-specific OPTIMA Tissue Bank for future research.

Where Prosigna testing of tumour samples from patients randomised to the control arm is not undertaken prior to treatment allocation, testing will be performed using stored samples after a delay. Testing control-arm tumours is necessary for the key secondary analysis of recurrence in patients with low-score tumours and is an integral part of the trial.

Patients will be asked to gift their tumour samples for future research. This includes permission to allow the future retrieval of additional stored tumour samples, which may include lymph nodes, from their treating hospital. These donations are optional and in the event that a patient chooses not to gift their samples, these will be returned to the treating site. Routine tissue return will be delayed until both recruitment and all delayed Prosigna testing have been completed so as not to compromise study blinding.

Intended pathology research to be performed on gifted samples aims to develop and improve multi-parameter assays and is integral to the OPTIMA study. This includes performing additional multi-parameter testing on stored samples to allow evaluation of these tests in predicting study outcome and the evaluation of tumour within lymph nodes. The OPTIMA Trial Management Group (TMG) may also undertake research intended to improve and personalise treatment and to increase knowledge of breast cancer biology. Genetic testing may be performed on tumour tissue as part of future research.

It is the intention of the TMG to make gifted samples available to third party researchers in the future. A tissue access mechanism will be developed to manage this process.

In the event of tissue being required by the treating site for diagnostic use then either the remaining tissue or sections from the block will be returned according to need and availability. Requests should be made to the OPTIMA Trial Office.

The UK tissue bank is located at the University of Edinburgh. Non-UK sites should refer to their country-specific protocol annexe for local tissue banking arrangements.

## **16. MAIN TRIAL ECONOMIC EVALUATION (UK ONLY)**

Preference-based utility data from the EQ-5D-3L will be collected at baseline and after 3, 6, 12 and 24 months from trial entry. Information will be collected using CRFs on all hospital-based chemotherapy, other drugs prescribed, inpatient stays and outpatient visits during the initial treatment phase and those associated with subsequent short and long-term toxicities. Other health and social care services used up to 24 months post-randomisation will be recorded using questionnaires posted to patients that will ask about primary care consultations, out of pocket expenses, social care contacts, and employment status. These will be administered at the same time as the quality of life questionnaires. Unit costs will be obtained from NHS reference costs, PSSRU Unit Costs for Health and Social Care, and other national sources, supplemented if necessary by unit cost data from participating sites.

### **16.1. Main study economic analysis plan**

At the time of the final analysis of the main trial two cost-effectiveness analyses will be conducted.

1. A within-trial analysis will report the incremental cost-effectiveness ratio (cost per QALY) using data collected within the trial only. Methods recommended at the time of analysis will be followed to account for missing data and censoring (110). Uncertainty will be calculated using bootstrapping and presented as a cost-effectiveness acceptability curve.
2. A model-based analysis will be considered the method of choice for calculating the primary economic outcome measure, the incremental cost-effectiveness ratio (cost per QALY). The model will consist of a decision model used to simulate costs and outcomes and will be based on that developed for analysis of the preliminary stage. The model will adopt a lifetime horizon and will be populated wherever possible using data from the trial but will be supplemented with external data where necessary or desirable on the basis of on the basis of data from published literature. Uncertainty will be evaluated by probabilistic analysis using Monte Carlo simulation and presented as a cost-effectiveness acceptability frontier. The precise methods (e.g. discount rate for costs and benefits) will be implemented in line with best practice for cost-effectiveness analysis at the time of the analysis, as specified by the updated methods guidance of the National Institute for Health and Clinical Excellence(111). For a further description of the modelling methods upon which the analysis will be based see Hall et al (5)

The primary perspective for all analyses will be the UK NHS and personal social services. Additional analyses will be conducted from a societal perspective.

## **17. ECONOMIC EVALUATION: OPTIMA PREMENOPAUSAL EXTENSION (UK ONLY)/ OPTIMA-YOUNG**

An economic analysis will be conducted for 4 of the key participating countries: UK (OPTIMA), France, Spain and Italy. The health economist will produce a health economic analysis plan (HEAP) which will be signed off by the project PI and lead statistician prior to data transfer.

The economic evaluation will consist of two parts: a within-trial analysis, assessing cost-effectiveness of Prosigna-driven treatment over the trial follow-up period; and a model-based analysis, assessing cost-effectiveness over a lifetime horizon using a decision analytic model incorporating data from the trial and additional sources (e.g. published literature). The primary analysis will assume a healthcare payer perspective and a secondary analysis assuming a societal perspective (including productivity and informal care) will be conducted. Cost-effectiveness will be evaluated in terms of the incremental cost per incremental QALY (ICER) and Net Health Benefit (NHB) metrics.

Patient's health over the trial period will be measured using the self-reported EQ-5D data. (UK sites will use the EQ-5D-3L questionnaire. Other countries may use EQ-5D-5L.) Country-specific EQ-5D value sets, which are essentially a set of preference weights derived from a representative sample of people from the general population, will be applied to convert each EQ-5D health state into a single summary utility value (preference-based measure). Utility values will be used to weight survival time for each patient and compute QALYs. A discount rate will be applied to both costs and QALYs, in line with best practice methods. Data from the trial case report forms and patient-reported resource use data will be used to determine patients' use of healthcare resources and out-of-pocket expenses over the trial period and will be assigned country-specific costs (using national reference costs or diagnostic-related group (DRG) costs where available). Outcomes will be evaluated over 36-months after randomisation (main analysis) and final analysis at 60 months. Methods recommended at the time of analysis will be followed to account for missing data and censoring in the cost and QALY data, and to sample stochastic outputs including confidence intervals (110, 112). Results will be presented on the cost-effectiveness plane.

A decision model will be used to estimate long-term cost-effectiveness adopting a lifetime horizon. The model developed for the preceding OPTIMA trial will be updated and adapted for OPTIMA-YOUNG, following best-practice processes and recommendations (113, 114). The model will be populated wherever possible using data from the trial. This will be supplemented with external data where necessary based on data from published literature and country-specific unit costs for hospital admissions, drugs and out of hospital services. The primary model analysis will be based on probabilistic sensitivity analysis, drawing from uncertain distributions for each of the model input parameters to reflect second-order uncertainty. A cost-effectiveness acceptability curve will be computed to illustrate the cost-effectiveness of the Prosigna-driven treatment over increasing willingness to pay per QALY thresholds. The results will be reported in line with the CHEERS statement (115).

## **18. DATA MANAGEMENT & PATIENT CONFIDENTIALITY**

### **18.1. Data acquisition**

Case Report Forms (CRFs) will be designed by the Trial Manager in conjunction with the Chief Investigator and Statistician. For sites using electronic data capture, paper CRFs will be provided for reference. The online application for electronic data capture will be managed by the WCTU programming department.

### **18.2. Data quality monitoring and audit**

The Trial Manager in conjunction with the Chief Investigator and Statistician will develop and maintain a Data Management Plan which will outline the requirements for CRF completion, return and data checking.

For UK patient data, electronically completed CRFs will be checked for completeness and congruity. Forms containing data fields marked unobtainable or data anomalies will be queried with the site for resolution. Missing and ambiguous data will be queried in line with the WCTU OPTIMA data management plan, which will outline the requirements for CRF completion and return.

A similar process will be followed for UK patient data captured on paper CRFs. Once checked, these will be entered onto the trial database at WCTU. Periodically, data will undergo additional checks to ensure consistency between data submitted on CRFs.

For non-UK Sites, the ICC will be responsible for checking data and ensuring that they are accurate using online reporting tools provided by WCTU and will liaise with the recruiting teams if anomalies are discovered.

WCTU/ ICC staff will maintain regular communication with sites, through routine calls, mailings and/or meetings. In the event of persistent issues with the quality and/or quantity of data submitted, an on-site monitoring visit may be arranged. In such circumstances, patient notes and the investigator site file must be available during the visit. The representative from the Trial Office will work with the site staff to resolve issues, offer appropriate training if necessary, and to determine the site's future participation in the trial.

An audit may be arranged at a site if the Trial Management Group feels it is appropriate. Audits will be conducted by an independent team, determined by the Trial Management Group.

### **18.3. Participant Identifiable Data and Confidentiality**

Personal data collected during the trial will be handled and stored in accordance with the UK Data Protection Act (2018), UK-GDPR and all other applicable legislation and regulations. Participants (potential and actual) should be assured that their confidentiality will be respected at all times. WCTU and partner organisations receiving personal data will maintain the confidentiality of all patient data and will not disclose information by which patients may be identified to any third party, other than those directly involved in the treatment of that individual.

Details of the use made of participant's data within the study, arrangements for protection of data and participant's legal rights in accordance with legislation are contained in the Patient Information Sheet and Data Transparency Statement.

#### **18.3.1. DATA COLLECTION AND USE**

To preserve patient anonymity, only the minimum patient identifiable data will be collected. For all routine communication including identification on CRFs, participants will be referred to by trial number (TNO) and initials only.

Participant full date of birth and National Health Service (NHS) number/ Community Health Index (CHI)/ Health and Social Care (HSC) number or other unique identifier (where applicable) will be collected at baseline.

Copies of pathology reports sent to the OPTIMA Trial Office and the Central Laboratory should contain in addition to TNO and initials, the participant's date of birth and histology number(s) and name of randomising/ pathology hospital. All other patient identifiable data should be redacted from these documents as described in [Section 9.2](#) (Randomisation). Any participant identifiable data inadvertently sent to the Trial Office will be removed by staff prior to document processing and storage.

Participant identifiable data will be used as follows:

- Date of Birth is used together with histology number as an identifier for tissue samples sent to the Central Laboratory and Tissue Bank to help ensure that tissue samples are associated with the correct patient. Both are used in communications between the Trial Office and Central Laboratory (and Tissue Bank). This procedure increases patient safety. Date of birth is additionally used to calculate participant age.
- National Health Service (NHS) number/ Community Health Index (CHI)/ Health and Social Care (HSC) number and date of birth will be used for flagging with NHS England Digital and Digital

Heath and Care Scotland or their successor organisations, the Office of National Statistics (ONS) and other relevant bodies that collect long-term health data. These data are vital for analysis of the primary outcome of the trial.

#### **18.4. Data Storage**

The local investigator must maintain documents not for submission to the Warwick Clinical Trials Unit (WCTU) (e.g. patients' written consent forms) in strict confidence. In the case of special problems and/or regulatory queries, it will be necessary to have access to the complete trial records, provided that patient confidentiality is protected.

WCTU will maintain a trial database. This will contain all information related to trial participants including patient identifiable data and scanned copies of patient reports from the referring site. The database will be set up by the Programming Team at WCTU and all specifications (i.e. database variables, validation checks, screens) will be agreed between the Programmer, Statistician and Trial Manager. The database will meet industry-standard security criteria and will only be accessible to authorised personnel.

Data from OPTIMA participants which may include patient identifiable data that are held at other authorised sites including the University of Bristol, the Central Laboratory and the University of Edinburgh in the UK, will be stored in locally approved secure arrangements and in accordance with current legislative and regulatory requirements.

#### **18.5. Data Sharing**

The OPTIMA Trial Management Group supports the sharing of (anonymised) outcome data with other researchers wishing to undertake additional analyses such as meta-analysis once the primary analysis of the trial has been published. This includes the sharing of data generated by protocol-specified tumour sample analysis. The analysis of data from premenopausal women in the PATH-FOR-YOUNG project requires sharing of data collected in both OPTIMA main and the premenopausal extension.

All data sharing will be governed by contract between the Sponsor and recipient to ensure that relevant intellectual property and the identity of individual trial participants are protected.

Where tumour and any other biological samples collected as part of the trial are made available to third party researchers ([Pathology Research, section 15](#)), contractual arrangements between the Sponsor and researcher will be made to preserve the anonymity of trial participants. Specifically, attempts to identify individuals through analysis of data generated by researchers and the sharing and/or publication of data that could be used for this purpose will be prohibited.

#### **18.6. Archiving**

All essential documentation and trial records will be stored by WCTU in conformance with the applicable regulatory requirements, and access to stored information will be restricted to authorised personnel.

Participating sites will make local arrangements for storage of essential documents to enable both the conduct of the trial and the quality of the data produced to be evaluated and show whether the site complied with the principles of Good Clinical Practice and all applicable regulatory requirements.

Trial documentation and data will be archived for at least 10 years after [completion of the trial](#) in accordance with the University of Warwick's Research Data Management Policy.

The OPTIMA Trial Office will notify sites when trial documentation can be archived. All archived documents must be made available for inspection by appropriate authorities upon request.

## **19. TRIAL ORGANISATION & OVERSIGHT**

### **19.1. Sponsor and governance arrangements**

University College London (UCL) will act as Sponsor for the OPTIMA trial.

The OPTIMA Trial Office at Warwick Clinical Trials Unit will coordinate the OPTIMA trial.

The trial will be conducted in accordance with the principles and guidelines of the International Conference on Harmonisation (ICH), Good Clinical Practice (GCP), UK legislation, WCTU SOPs and the Protocol. GCP-trained personnel will conduct the trial. The trial will be overseen by independent governance committees.

### **19.2. Trial administration**

The Chief Investigator for the trial is Professor Rob Stein, University College London Hospitals NHS Foundation Trust (UCLH) and UCL. The Chief Investigator is chair of the Trial Management Group (TMG). The trial will be co-ordinated from the OPTIMA Trial Office at WCTU, under the direction of Professor Janet Dunn (WCTU lead). WCTU will collect and process the trial data.

### **19.3. Essential documentation**

A Trial Master File will be set up and held securely at the WCTU, in accordance with WCTU SOPs.

WCTU will provide the documents for the Investigator Site Files to all recruiting sites involved in the trial. Investigator Site Files for non-UK sites will be supplied according to country-specific arrangements as detailed in the relevant country-specific protocol annexe.

### **19.4. Site staff training**

Prior to activating a site to recruitment, it is necessary for all staff members working on the trial to participate in an induction session. This will be carried out during the initial launch meeting. For sites unable to attend the trial launch, or for sites opening to recruitment at a later date, this will be carried out via telephone or video conference or by site initiation visit.

Support will be offered to staff at participating sites to ensure they remain fully aware of trial procedures and requirements. Additional support and training will be offered to sites where necessary (e.g. recruitment rate lower than expected).

### **19.5. Ethical & regulatory review (UK)**

#### **APPROVALS**

All required approvals for the trial will be sought using the Integrated Research Application System. The OPTIMA Trial has obtained UK ethical approval from the NHS Health Research Authority London - Surrey (formerly South East Coast - Surrey) Research Ethics Committee. Before enrolling patients into the trial, each trial site must ensure that the local conduct of the trial has the permission of the relevant NHS/Health and Social Care (HSC) Organisation's research management function (e.g. R&D department). NHS/HSC management permission will be obtained through Health Research Authority (HRA) Approval for NHS Organisations in England and via the coordinated NHS/HSC permissions systems in the devolved administrations. UCL and WCTU will only activate a site to recruitment once written confirmation of the NHS/HSC Organisation's permission to participate in the study has been received.

#### **AMENDMENTS**

All amendments will be documented by the OPTIMA Trial Office. Substantial amendments will be submitted for HRA Approval, which includes NHS REC review, prior to communication to relevant participating NHS Organisations. Non-substantial amendments will be submitted to the HRA, and the

applicable national coordinating functions in the devolved administrations, for review. Each trial site must ensure that they are using the most up to date version of the protocol, the Patient Information Sheet and Consent Form. All previous versions of the protocol, and other trial documents should be crossed out with 'this version is now superseded' written on cover page.

#### **TRIAL UPDATE REPORTS**

OPTIMA Trial staff will provide trial update reports as required to the NHS REC, which will be distributed to the local research team at each trial site. It is the responsibility of the local research team at each site to send a copy of update reports to the research management function (e.g. R&D Office) in accordance with local requirements together with any recommendations made by the REC. Any additional local information required must also be submitted. Additional data required by NHS Trusts are available from the OPTIMA Trial Office on request.

### **19.6. International Collaborations**

All International collaborators will follow the UK protocol, unless otherwise stated. All country-specific arrangements for trial management where these differ from the main protocol either because of different legislative or regulatory requirements or because of local arrangements related to data and sample handling will be contained in a separate country-specific protocol annexe.

Country-specific versions of the UK-approved Patient Information Sheets/ Consent Form including removal of UK-specific information and translation into local language where required will be made available to potential participants. These documents will be developed and maintained by the relevant International Coordinating Centre in consultation with WCTU for use in the specified country only. Clinical Leads for each country will be responsible for the accuracy of the translation.

Where relevant, a country-specific version of the OPTIMA Patient Questionnaire Booklet will be developed in consultation with WCTU. This will use the official translations of the component Quality of Life (QoL) instruments, where required, together with a locally adapted (and translated) version of the health resource use questionnaire.

The ICC and/ or country Clinical Lead will be responsible for obtaining local approvals for the current main protocol, the country-specific protocol annexe, the country-specific version of the current Patient Information Sheets/ Consent Form, the country-specific version of the OPTIMA Patient Questionnaire Booklet and any subsequent amendments to these documents.

UCL and WCTU will require written confirmation that the necessary ethical approvals are in place before any international site commences recruitment.

### **19.7. Trial registration**

OPTIMA is registered with the International Standard Randomised Controlled Trial Number (ISRCTN) Register: ISRCTN42400492

### **19.8. Indemnity**

NHS indemnity covers NHS staff, medical academic staff with honorary contracts, and those conducting the trial in the UK. UK NHS bodies carry this risk themselves or spread it through the Clinical Negligence Scheme for Trusts, which provides unlimited cover for this risk. All sites should ensure that they carry insurance allowing them to conduct studies including this one.

UCL will indemnify the trial in relation to the design and management of the research in the UK and internationally.

### **19.9. Trial timetable and milestones**

The OPTIMA main trial will randomise 4500 patients from both UK and international sites in addition to patients randomised into OPTIMA *prelim*.

A 24-month recruitment feasibility phase has been incorporated into OPTIMA where we aim to have recruited 835 patients in total. Within the UK we aim to have 100 sites open, 790 patients recruited, and reach an average recruitment rate of 0.5 patients or more per site per month during the last 6 months of this phase (months 33 to 39).

The OPTIMA premenopausal extension aims to recruit up to an additional 760 patients.

The trial timetable is as follows where month 1 = October 2015.

- Months 0-15: HTA Grant activation and new site set up. Main Trial launch meeting.
- Month 16: Trial open to recruitment
- End month 26: 74 sites open; 300 patients randomised; IDMC followed by Trial Steering Committee (TSC) to monitor recruitment and progress
- End month 39: End of recruitment feasibility phase: 835 patients randomised in total IDMC followed by TSC to monitor recruitment and progress.
- End month 111: UK recruitment complete. IDMC/TSC meetings.
- Month 112-123: Follow-up of patients, data collection & data cleaning and start analysis.
- Month 121: Premenopausal extension open to recruitment.  
International recruitment into OPTIMA main trial complete. 4500 patients recruited.
- Month 123-128: Analysis, preparation of main trial manuscript for publication & presentation
- Month 129: Presentation of main trial result at national and international clinical conferences, dissemination through patient and consumer groups.
- Month 151: \*Recruitment into premenopausal extension complete; up to 760 patients recruited.
- End month 213: Planned final overall survival analysis (10 years from recruitment of last patient)

\*Recruitment between the OPTIMA premenopausal extension and OPTIMA-Young is competitive. The exact number of patients to be recruited into the premenopausal extension and the time-table is therefore dependent on OPTIMA-YOUNG progress.

### **19.10. Funder**

The OPTIMA *prelim* and main trials are funded in the UK by the NIHR HTA programme (grant references 10/34/01, 10/34/501). Although funding from additional sources may be acquired to support non-UK recruitment and translational research projects, this will not affect the position of NIHR as the primary funder.

The OPTIMA premenopausal extension is funded by a Horizon Europe grant (reference 101156800) for the “Personalized Adjuvant Treatment for HR+/HER- breast cancer FOR YOUNG patients” (PATH-FOR-YOUNG) programme.

### **19.11. Trial Management Group (TMG) and core Trial Management Group (cTMG)**

The Trial Management Group (TMG) are the OPTIMA investigators and are responsible for trial design and monitoring trial progress. The TMG is a multidisciplinary team whose members include clinicians, statisticians, translational scientists and a patient advocate, and has considerable expertise in all aspects of design, running, quality assurance and analysis of the trial. The core TMG (cTMG) consists of members of the TMG and the WCTU and is responsible for the day-to-day conduct of the trial. The TMG reports to the Trial Steering Committee through the cTMG.

### **19.12. Trial Steering Committee (TSC)**

The Trial Steering Committee (TSC) is an oversight committee appointed by the Trial Funder or Sponsor. The TSC will have an independent Chairperson and majority independent membership. The Chief Investigator and WCTU lead represent the TMG to the TSC. Additional members of the TMG will be co-opted onto the TSC as appropriate. Virtual (or face to face meetings if required) will be held at regular intervals determined by need but not less than once a year. Routine business is conducted by email or teleconferencing.

The TSC will take responsibility throughout the trial for:

- Proposals for substantial protocol amendments and provision of advice to the funder regarding approvals of such amendments
- Monitoring and supervising the progress of the trial
- Reviewing relevant information from other sources
- Considering recommendations from the Independent Data Monitoring Committee (IDMC)
- Informing and advising on all aspects of the trial

### **19.13. Independent Data Monitoring Committee (IDMC)**

An Independent Data Monitoring Committee (IDMC) will be established for this trial and will advise the Trial Steering Committee. The IDMC will review the main trial for trial progress, recruitment, protocol compliance and interim assessment of outcomes, annually or more frequently if requested. The IDMC will advise on whether the trial should continue, be amended or stop prematurely based on the trial data monitored and any future publications or emerging worldwide evidence.

### **19.14. NCRI Clinical Studies Group**

The (former) National Cancer Research Institute (NCRI) Breast Clinical Studies Group developed and approved the trial and provided input into responses to reviewers of the funding applications.

### **19.15. Patient and Public Involvement (PPI)**

Patient and Public Involvement is integral to the design of OPTIMA, and the patient advocacy group Independent Cancer Patients' Voice (ICPV) has contributed to study design, the patient information sheet and is represented on the TMG.

The effect of chemotherapy on patient's quality of life, adherence to endocrine therapy and reasons for non-adherence, and their experience of the use of multiparameter tests for decision making are issues that have been discussed in ICPV focus groups and the NCRI Breast Clinical Studies group symptom management subgroup, of which some of OPTIMA team are members. Any ethical approvals for national surveys to explore these issues further will be sought on a case-by-case basis.

## **20. DISSEMINATION & PUBLICATION**

The results of the trial will be published in peer-reviewed journal(s) and presented at national and international meetings and will be widely disseminated amongst the research community. The results will be presented first to the trial collaborators. The main trial report will be drafted by the trial coordinating team at the WCTU on behalf of the TMG, and the final version will be agreed by UCL prior to public presentation and/or submission for publication. Publication will be on behalf of the OPTIMA collaboration. The trial will be reported in accordance with the Consolidated Standards of Reporting Trials (CONSORT) guidelines ([www.consort-statement.org](http://www.consort-statement.org)), the Vancouver guidelines and the Helsinki Declaration. The publication process will include a version of the results suitable for lay audiences including trial participants which will be made available to recruiting sites and patient organisations, and will be published on the trial website.

The success of the trial depends on the collaboration of researchers from across the UK and other participating countries. Equal credit will be given to those who have wholeheartedly collaborated in the trial. All participating investigators and sites will be acknowledged in the primary publication(s). No investigator may present or publish data relating to OPTIMA without prior permission from the OPTIMA TMG.

The impact of various scenarios of results on investigators, and the potential change of practice, will be ascertained by surveys.

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## APPENDIX 1: OPTIMA PRELIM-SPECIFIC FEATURES OF PROTOCOL

This appendix lists the features of the protocol that are specific to OPTIMA *prelim* and which are not current from version 4 onwards. Wording and section numbers are taken from protocol version 2.0, the final activated version of the OPTIMA *prelim*-specific protocol. The full wording of the eligibility criteria from protocol version 2.0 is included for reference. Features of OPTIMA *prelim* that are applicable to the entire study and have subsequently been amended are summarised in Appendix 3: Protocol history.

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## 1. TRIAL DESIGN

### SECTION 6 IN PROTOCOL V2.0— ORIGINAL WORDING

OPTIMA is a multi-site partially blind randomised clinical trial with a non-inferiority endpoint and an adaptive design. The preliminary or feasibility phase of the study, which has the same structure as the main trial is referred to as OPTIMA *prelim*.

OPTIMA *prelim* will establish whether a large efficacy trial of multi-parameter test-based treatment allocation (“test-directed” treatment) is acceptable to patients and clinicians. A total of 300 patients will be randomised in a 1:1 ratio. The recruitment phase will last for up to two years. A 200 patient extension phase is built into the design of OPTIMA *prelim* to allow a smooth roll through into the main trial. OPTIMA *prelim* has an adaptive design. The performance of alternate multi-parameter tests will be compared to allow the selection of multi-parameter tests to be evaluated in the main trial.

OPTIMA will compare standard treatment of chemotherapy followed by endocrine therapy with multi-parameter test-directed treatment allocation to either chemotherapy followed by endocrine therapy or endocrine therapy alone. The randomisation of patients allocated to chemotherapy will be concealed from treating sites. In the main trial, 1860 patients will be randomised to each arm in a two or three arm design (with either one or two test arms). Patients will be followed up for ten years.

The test technology used in OPTIMA *prelim* to allocate patients to chemotherapy or to no chemotherapy is Oncotype DX (with a Recurrence Score cut-off of >25 vs. ≤25). The test technology or technologies and their cut-offs will be selected according to outcome of the preliminary study

## 2. OBJECTIVES

### *SECTION 7 IN PROTOCOL V2.0*

- To evaluate the performance and health-economics of alternative multi-parameter tests to determine which technology(s) are to be evaluated in the main trial.
- To establish the acceptability to patients and clinicians of randomisation to test-directed treatment assignment.
- To establish efficient and timely sample collection and analysis essential to the delivery of multi-parameter tests driven treatment.

## 3. OUTCOME MEASURES

### *SECTION 8 IN PROTOCOL V2.0*

- Identification of a multi-parameter test technology that is suitable for validation in the main study.
- Recruitment of 300 patients in not more than 2 years from the first site opening to recruitment, and, for the final 150 patients: (1) patient acceptance rate will be at least 40%; (2) recruitment will take no longer than 6 months; (3) chemotherapy will start within 6 weeks of signing the OPTIMA consent form for no less than 85% of chemotherapy assigned patients.
- Patient Selection, Eligibility & Treatment

## 4. PATIENT SELECTION, ELIGIBILITY & TREATMENT

### 4.1. Inclusion Criteria

#### *SECTION 9.1 IN PROTOCOL V2.0*

- Female, age  $\geq 40$
- Excised invasive breast cancer with local treatment either completed or planned according to trial guidelines.
- ER +ve (Allred score  $\geq 3$  or H-score  $\geq 10$  or as otherwise established by the reporting pathologist) as determined by the referring centre and centrally confirmed.
- HER2 negative – i.e. IHC 0-1+, or FISH or other ISH non-amplified (HER2 testing in lab meeting NEQAS EQA standards), as determined by the referring centre and centrally confirmed.
- Axillary lymph node status: (i) 1-9 involved (macro metastases i.e.  $>2\text{mm}$  OR micro metastases i.e.  $>0.2\text{-}2\text{mm}$ ) OR (ii) node negative AND tumour size  $\geq 30\text{mm}$ . Nodes containing isolated tumour cell clusters (ITC) only, i.e.  $\leq 0.2\text{mm}$  diameter will be considered to be uninvolved.
- Considered appropriate for adjuvant chemotherapy by treating physician.
- Patient must be fit to receive chemotherapy and other trial-specified treatments with no concomitant medical, psychiatric or social problems that might interfere with informed consent, treatment compliance or follow up.
- Bilateral and multiple ipsilateral cancers are permitted provided at least one tumour fulfils the entry criteria and none meet any of the exclusion criteria. Patients with bilateral tumours where both tumours fulfil all eligibility criteria including size and nodal status are excluded.

*Note: For separate synchronous primary cancers, whether ipsilateral or bilateral, it is anticipated that laboratories will, as per standard good practise, assess ER and HER2 on the different lesions. Sites should send a block for each separately reported tumour for central eligibility testing provided sufficient material is available. If there are multiple invasive foci which are deemed to derive from one main cancer (satellite foci), which have the same histological features including for example tumour type and grade, it is not required that every focus will have receptor status re-assessed.*

- Written informed consent for the study.

## 4.2. Exclusion Criteria

### *SECTION 9.2 IN PROTOCOL V2.0*

- $\geq 10$  involved axillary nodes or involved internal mammary node.
- ER –ve OR HER2 positive/amplified on central eligibility testing
- Metastatic disease.

*Note: Formal staging according to local protocol is recommended for patients where there is a clinical suspicion of metastatic disease or for stage III disease (tumour > 50mm with any nodal involvement OR any tumour size with 4 or more involved nodes)*

- Previous diagnosis of malignancy unless:
  - i. managed by surgical treatment only and disease free for 10 years
  - ii. previous basal cell carcinoma of skin, cervical intraepithelial neoplasia or in situ ductal carcinoma (DCIS) of the breast treated with surgery only.
- The use of estrogen replacement therapy (HRT) at the time of surgery. Patients who are taking HRT at the time of diagnosis are eligible provided the HRT is stopped before surgery.
- Pre-surgical chemotherapy, endocrine therapy or radiotherapy for breast cancer. Treatment with endocrine agents known to be active in breast cancer including ovarian suppression is permitted provided this was completed >1 year prior to study entry.
- Commencement of adjuvant treatment prior to trial entry. Short-term endocrine therapy initiated because of, for instance, prolonged recovery from surgery is permitted but must be discontinued at trial entry.
- Trial entry more than 8 weeks after completion of breast cancer surgery.
- Planned further surgery for breast cancer, including axillary surgery, to take place after randomisation, except either re-excision or completion mastectomy for close or positive/involved margins which may be undertaken following completion of chemotherapy.
- Patients with more than two involved axillary nodes (as defined in the inclusion criteria) identified by sentinel node biopsy or by axillary sampling where further axillary surgery is not planned.

## 5. STATISTICAL CONSIDERATIONS

### 5.1. Preliminary study sample size

#### *SECTION 14.2 IN PROTOCOL V2.0*

The feasibility study requires 300 patients to be recruited over the first 2 years (6 month set-up and 18 month recruitment phase). These numbers are sufficient to be able to detect concordance between tests, assuming that at least 70% of all ‘test-directed’ patients will be allocated to not requiring

chemotherapy, taking into account the expected type of patients entered into the study. Oncotype DX is the current “Gold Standard” test from which the decision not to receive chemotherapy is acceptable. It is anticipated that the Oncotype DX test will be used prospectively to make the decision to receive chemotherapy or not, whilst the other tests will be applied retrospectively to the first 300 patients before a decision of which test(s) to take forward in the main trial is made. The extension of 400 patients will allow recruitment to continue at an estimated 30 patients per month for 12 months whilst the main trial is activated if the TSC decides for the TMG to proceed. Some further evaluation of test performance will be undertaken during the extension phase.

Assuming that 70% of patients randomised to test-directed treatment will be assigned to no chemotherapy as the result of the Oncotype DX test, then out of the 150 patients randomised to test-directed arm it is estimated that 105 of these will start endocrine therapy immediately. The true efficacy of this test will not be known until all patients have been followed up for 5 years and invasive disease free survival is compared. However all alternative tests (and combination of tests) will be compared against the Oncotype DX test for concordance. The study requires 150 patients to be randomised to the test-driven arm to be able to estimate the kappa value with reasonable accuracy. If the true kappa value was 0.8, this would give a lower 95% confidence limit of 0.7. In addition patients randomised to the control arm will also have Oncotype DX testing (retrospectively) and the pooling of all 300 patient’s results at the end of the pilot phase will considerably improve the stability of the concordance estimate, lower 95% confidence limit of 0.73.

## 5.2. Analysis plan

### *SECTION 14.3 IN PROTOCOL V2.0*

The selection of the tests to be included in the main trial will be based on observations from the feasibility study. It is anticipated that this decision will be informed by a combined primary outcome measure including concordance of test results, cost-effectiveness and deliverability of pathology services. The Kappa concordance coefficient will be used to assess agreement between tests, whilst multivariate models will be produced to determine factors influencing concordance. Each test (and combinations of tests) will be compared with the Oncotype DX “gold standard”. The planned economic evaluation is described in section 15.

## 5.3. Independent Data Monitoring Committee (IDMC)

### *SECTION 14.4 IN PROTOCOL V2.0*

An independent data monitoring and ethics committee will be established for this trial. Its main objective will be to advise the Trial Steering Committee as to whether there is evidence or a reason why the trial should be amended or terminated based on recruitment rates, compliance and delivery of tests. All centres should be set up within the first 6 months and the IDMC will review progress 7 months after grant activation when reports containing recruitment, protocol compliance and delivery of test results will be reviewed by the IDMC. The second IDMC review will be prior to discussions with funders to see if it is feasible to continue with the main trial. This decision will be based on the combined primary outcome of concordance of test results, cost-effectiveness and deliverability of pathology services.

## 5.4. Trial timetable and milestones for OPTIMA *prelim*

### *SECTION 14.5 IN PROTOCOL V2.0*

OPTIMA *prelim* will randomise 300 patients from 6-7 NCRN research networks in the UK. Up to 400 additional patients will be randomised in the preliminary study extension. Recruitment milestones assume at least 3 new centres activated per month up to at least 25 centres (30 maximum) which each recruit at least 1 patient per month. This enables 300 patients to be recruited within the 2 year funding period with the ability to recruit a further 400 patients in the best case scenario.

May 2012	Grant activated
May-Oct 2012	Site set-up and screening
Sept 2012	IDMC and TSC joint meeting to review protocol & timelines
Oct 2012	1 <sup>st</sup> patient randomised
April 2013	72 patients, IDMC followed by TSC review
Oct 2013	210 patients, IDMC followed by TSC review
Dec 2013	Discussion with HTA re application for main trial
Feb 2014	300 patients recruited
April 2014	IDMC followed by TSC review

OPTIMA *prelim* will inform the timetable and milestones for the main trial.

## 6. ECONOMIC ANALYSIS PLAN

### *SECTION 15 IN PROTOCOL V2.0*

The objective of the preliminary economic analysis will be to confirm that there is societal value in conducting further research into the cost-effectiveness of Oncotype DX or alternative test-directed therapy. An algorithm will be used to prioritize candidate tests for inclusion the main trial. The basis of this will be the model developed in preparation for the OPTIMA trial(5). The model will be updated with contemporary evidence from the feasibility study and appropriate external data at the time of the feasibility analysis. It will then be evaluated and outcomes presented in a number of stages, taking Oncotype DX as the initial gold-standard test:

1. The probability of cost-effectiveness of the gold-standard test in comparison to standard care (control arm) will be calculated. The gold-standard test will only be offered for inclusion in the main trial if there is an adequate probability of the gold-standard test being demonstrated cost-effective.
2. The probability of cost-effectiveness of alternative tests in comparison to standard care will be calculated from the same adapted model. Tests with an adequate probability of cost-effectiveness will be offered for inclusion in the main trial.
3. A test selection process will compare the expected value of including each test in the main trial as follows:
  - a. Data on discordant selection of patients by candidate tests will be used in the cost-effectiveness model in light of a best-case scenario to ascertain if they can ever be demonstrated cost-effective.
  - b. A fully probabilistic evaluation of the model will quantify the decision uncertainty around the cost-effectiveness of each test. Tests exhibiting a realistic probability of cost-effectiveness will be assessed by value of information (VoI) analysis. VoI analysis will be used to describe the societal value of including each test in the main OPTIMA trial.

## APPENDIX 2: OPTIMA MAIN TRIAL-SPECIFIC FEATURES OF THE PROTOCOL

This appendix lists the features of the protocol that are specific to the OPTIMA main trial and which are not current from version 11 onwards. Wording and section numbers are taken from protocol version 10.0, the final version of the OPTIMA main trial-specific protocol. Features of the OPTIMA main trial that are applicable to the entire study and have subsequently been amended are summarised in Appendix 3: Protocol history. The full wording of the eligibility criteria, list of chemotherapy regimens and endocrine therapy guidance from protocol version 10.0 is included for reference; changes made in version 11 are indicated by “¶”.

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## 1. PATIENT SELECTION, ELIGIBILITY & TREATMENT

### 1.1. Inclusion criteria

FORMERLY PROTOCOL SECTION 9.1

- ¶ Female or male, age  $\geq 40$
- Excised invasive breast cancer with local treatment either completed or planned according to trial guidelines.
- ER positive ( $>10\%$  of tumour cells stained positive) as determined by the referring site in a laboratory meeting national external quality assurance standards and in accordance with national or ASCO-CAP guidelines<sup>1</sup>.

**NOTE:** Where ER status is reported by Allred (or Quick) Score or by H-Score, tumours with high scores meet the ER-positive definition but the %staining component of the score is required to determine eligibility for intermediate-score tumours. Refer to the table for mapping.

	Eligible (ER staining $>10\%$ )	Eligibility determined by %staining component of the score	Ineligible (ER staining $\leq 10\%$ )
Allred (or Quick) Score	6, 7, or 8	4 or 5	3 or less
H-Score	$>30$	10-30	$<10$

<sup>1</sup> Allison KH, Hammond MEH, Dowsett M, McKernin SE, Carey LA, Fitzgibbons PL, et al. Estrogen and Progesterone Receptor Testing in Breast Cancer: ASCO/CAP Guideline Update. J Clin Oncol. 2020;38(12):1346-66.

## Appendix 2 – OPTIMA main trial-specific features of protocol

- HER2 negative (IHC 0-1+, or ISH negative/non-amplified) as determined by the referring site in a laboratory meeting national external quality assurance standards and in accordance with national or ASCO-CAP guideline<sup>1</sup>.
- Tumour size and axillary lymph node status; one of the following must apply:
  - i. 4-9 lymph nodes involved AND any invasive tumour size.
  - ii. 1-3 nodes involved, with at least 1 node containing a macrometastasis (i.e. deposit >2mm diameter) AND any invasive tumour size.
  - iii. 1-3 lymph nodes involved with micrometastases only (i.e. deposit >0.2-2mm diameter) AND invasive tumour size  $\geq 20$ mm.
  - iv. node negative AND invasive tumour size  $\geq 30$ mm.

### NOTES:

- a. *Lymph nodes containing isolated tumour cell clusters (ITC) only (i.e. deposit  $\leq 0.2$ mm diameter) will be considered to be uninvolved.*
  - b. *Involvement of lymph nodes with macrometastases or micrometastases may be determined either by histological examination or by OSNA or equivalent PCR-based assay.*
- Considered appropriate for adjuvant chemotherapy by the treating physician.
  - Patient must be fit to receive chemotherapy and other trial-specified treatments with no concomitant medical, psychiatric or social problems that might interfere with informed consent, treatment compliance or follow up.
  - Multiple ipsilateral cancers are permitted provided at least one tumour fulfils the tumour size and axillary lymph node entry criteria, and none meet any of the exclusion criteria.
  - Bilateral cancers are permitted provided the tumour(s) in one breast meets the eligibility criteria and the other, contralateral tumour is not ER negative and/or HER2 positive and not clinically significant, defined by both of the following:
    - i. The contralateral tumour **does not** fulfil the tumour size and lymph node eligibility criteria required for trial entry; i.e. the following are **not** acceptable:
      - presence of lymph node macro-metastases;
      - presence of lymph node micrometastases if the tumour size is  $\geq 20$ mm;
      - tumour size  $\geq 30$ mm when there is no lymph node involvement.
    - ii. The treating physician does not consider that the characteristics of the contralateral tumour alone justify consideration of adjuvant chemotherapy.
  - Short term pre-surgical treatment with endocrine therapy including in combination with non-cytotoxic agents is allowed providing that the duration of treatment does not exceed 8 weeks. ***NOTE:** A pre-treatment core biopsy should be sent to the Central Laboratory; a sample from a surgical excision or other on-treatment biopsy is not acceptable.*
  - Informed consent for the study. ***NOTE:** Consent must be received prior to undertaking any trial procedure. Randomisation and tumour block processing may be performed on the basis of formally documented remote verbal consent when written consent will be delayed; written consent is required before proceeding to trial-specified treatment.*

<sup>¶</sup> Amended from protocol v11 onwards

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<sup>1</sup> Wolff AC, Hammond MEH, Allison KH, Harvey BE, Mangu PB, Bartlett JMS, et al. Human Epidermal Growth Factor Receptor 2 Testing in Breast Cancer: American Society of Clinical Oncology/College of American Pathologists Clinical Practice Guideline Focused Update. J Clin Oncol. 2018;36(20):2105-22.

## 1.2. Exclusion criteria

### SECTION 9.2 IN PROTOCOL V10.0

- ≥10 involved axillary lymph nodes (with either macrometastases and/ or micrometastases) or involvement of any of internal mammary, supraclavicular and infraclavicular nodes.  
*NOTE: Internal mammary lymph nodes identified by anatomical imaging studies alone will be considered uninvolved where the diameter is <10mm.*
- ER negative/low OR HER2 positive/amplified tumour (as determined by the referring site).
- Metastatic disease.  
*NOTE: Formal staging according to local protocol is recommended for patients where there is a clinical suspicion of metastatic disease or for stage III disease (tumour >50mm with any nodal involvement OR any tumour size with 4 or more involved nodes).*
- Previous diagnosis of malignancy unless:
  - i. managed by local treatment only AND disease-free for 10 years.
  - ii. ductal carcinoma in situ (DCIS) or pleomorphic lobular carcinoma in situ (pleomorphic LCIS) of the breast managed by local treatment only; treatment with anti-oestrogens is not permitted.  
*NOTE: Isolated classical type lobular carcinoma in situ (LCIS) is not considered in this context to be a diagnosis of malignancy.*
  - iii. any other in situ carcinoma as defined by the International Classification of Diseases for Oncology (ICD-O) including basal cell carcinoma of skin and cervical intraepithelial neoplasia.
- Pre-operative anti-cancer treatments except short-term endocrine therapy administered as per the inclusion criteria.
- Adjuvant systemic treatment commenced prior to trial entry\* except endocrine therapy, which must be discontinued prior to starting trial-allocated chemotherapy.
- <sup>¶</sup>Treatment with agents, including ovarian suppression, known to influence breast cancer growth but prescribed for other indications within one year of trial entry\* except as follows:
  - i. Use of oestrogen replacement therapy (HRT) provided this is stopped before surgery.
  - ii. Drugs administered for in vitro fertilization or fertility preservation.
  - iii. Use of hormonal contraception.  
*NOTE: The use of topical vaginal oestrogen preparations is not restricted.*
- Trial entry\* and randomisation more than 12 weeks after completion of breast cancer surgery. Trial entry should ordinarily be within 8 weeks of final surgery.
- <sup>¶</sup>Planned further surgery for breast cancer, including axillary surgery, to take place after trial entry\*, except either re-excision or completion mastectomy for close or positive/involved margins which may be undertaken following completion of chemotherapy if given.  
*NOTE: The timing of radiotherapy to the axilla for lymph-node involvement is not restricted.*

\*Trial entry is dated from the earlier of participant signature of the consent form or the giving of remote verbal consent.

<sup>¶</sup>Removed from protocol v11 onwards

## 1.3. Chemotherapy regimens

### SECTION 9.3 IN PROTOCOL V10.0

Chemotherapy to be chosen from a list of allowed regimens: the intended regimen must be stated at randomisation.

Chemotherapy is recommended to start within 2 weeks of treatment allocation. Monitoring and dose modifications during treatment is according to local guidelines. This includes the use of anti-emetics and other supportive care including the use of Granulocyte – Colony Stimulating Factor (G-CSF).

#### ANTHRACYCLINE NON-TAXANE REGIMENS

- <sup>1</sup>FEC75-80:  
 fluorouracil [F] 500-600 mg/m<sup>2</sup>, i.v. q.3weeks x 6 cycles  
 epirubicin [E] 75-80 mg/m<sup>2</sup>,  
 cyclophosphamide [C] 500-600 mg/m<sup>2</sup>
- FEC90-100:  
 fluorouracil [F] 500 mg/m<sup>2</sup>, i.v. q.3weeks x 6 cycles  
 epirubicin [E] 90-100mg/m<sup>2</sup>,  
 cyclophosphamide [C] 500mg/m<sup>2</sup>
- EC90-100:  
 epirubicin [E] 90-100mg/m<sup>2</sup>, i.v. q.3weeks x 4-6 cycles  
 cyclophosphamide [C] 600mg/m<sup>2</sup>
- <sup>1</sup>E-CMF:  
 epirubicin [E] 100mg/m<sup>2</sup> i.v. q.3weeks x 4 cycles  
*followed by*  
 cyclophosphamide [C] 600mg/m<sup>2</sup> i.v. D1,8 q.4weeks x 4 cycles  
**OR** 100mg/m<sup>2</sup> p.o. daily x14 days  
 methotrexate [M] 40mg/m<sup>2</sup>  
 fluorouracil [F] 600mg/m<sup>2</sup>

#### TAXANE NON-ANTHRACYCLINE REGIMENS

- TC:  
 docetaxel [T] 75mg/m<sup>2</sup> i.v. q.3weeks x 4 (-6) cycles  
 cyclophosphamide [C] 600mg/m<sup>2</sup>

#### COMBINED ANTHRACYCLINE-TAXANE REGIMENS

- (F)EC-T:  
 FEC90-100 **OR** EC90-100 (as above) i.v. q.3weeks x 3-4 cycles  
*followed by*  
 docetaxel [T] 100mg/m<sup>2</sup> i.v. q.3weeks x 3-4 cycles  
*note – the order of (F)EC and docetaxel administration may be reversed*
- (F)EC-P:  
 FEC90-100 **OR** EC90-100 (as above) i.v. q.3weeks x 3-4 cycles  
*followed by*  
 paclitaxel [P] 80-90mg/m<sup>2</sup> i.v. q.1week x 8-12 cycles  
**OR** 175mg/m<sup>2</sup> q.2weeks x 4-6 cycles  
*note – the order of (F)EC and paclitaxel administration may be reversed*
- AC-T:  
 doxorubicin [A] 60mg/m<sup>2</sup>  
 cyclophosphamide [C] 600mg/m<sup>2</sup>  
*followed by*  
 docetaxel [T] 100mg/m<sup>2</sup>  
*note – the order of AC and docetaxel administration may be reversed*
- AC-P:  
 doxorubicin [A] 60mg/m<sup>2</sup> i.v. q.3weeks x 3-4 cycles  
 cyclophosphamide [C] 600mg/m<sup>2</sup>  
*followed by*

## Appendix 2 – OPTIMA main trial-specific features of protocol

paclitaxel [P] 80-90mg/m<sup>2</sup> i.v. q.1week x 8-12 cycles  
**OR** 175mg/m<sup>2</sup> q.2weeks x 4-6 cycles  
*note – the order of AC and paclitaxel administration may be reversed*

- TAC:

docetaxel [T] 75mg/m<sup>2</sup> i.v. q.3weeks x 6 cycles  
doxorubicin [A] 50mg/m<sup>2</sup>  
cyclophosphamide [C] 500mg/m<sup>2</sup>

### DOSE-DENSE REGIMENS

- dd AC/EC-P: [dd = dose dense]:

doxorubicin [A] 60mg/m<sup>2</sup> **OR** i.v. q.2weeks x 4 cycles  
epirubicin [E] 90mg/m<sup>2</sup> (with G-CSF support)  
cyclophosphamide [C] 600mg/m<sup>2</sup>  
*followed by*  
paclitaxel [P] 175mg/m<sup>2</sup> i.v. q.2weeks x 4-6 cycles  
**OR** 80-90mg/m<sup>2</sup> q.1week x 8-12 cycles

Paclitaxel albumin (nab-paclitaxel) at appropriate dose and schedule may be used in place of either docetaxel or solvent-based paclitaxel in the allowed regimens.

Platinum salts can be added to any of the allowed regimens with appropriate adjustments to other components if a patient carries a germline BRCA1/2 or PALB2 mutation or has a tumour with evidence of homologous recombination deficiency.

**NON-UK SITES:** please refer to your country-specific protocol annexe for details of any additional allowed drugs/ regimens.

<sup>¶</sup> *Removed as an allowed regime from protocol v11 onwards*

## 1.4. Adjuvant endocrine therapy

### SECTION 9.4 IN PROTOCOL V10.0

#### INITIATION

Endocrine therapy is recommended to be started within 2 weeks of treatment allocation in patients assigned to no chemotherapy or 4 weeks after day 1 of the final cycle of chemotherapy for all other patients. Concomitant endocrine therapy and chemotherapy is not allowed. Initiation of endocrine therapy should not be delayed until after radiotherapy.

Endocrine therapy should be planned for a minimum of 5 years; the recommended duration is 10 years.

#### INITIAL TREATMENT PERIOD (YEARS 0-5)

Recommended endocrine therapy is based on the patient's menopausal status at trial entry (defined as the date of informed consent). Endocrine therapy for all (premenopausal) patients should be ovarian suppression combined with either tamoxifen or an aromatase inhibitor.

- <sup>¶</sup> Postmenopausal at trial entry:  
All postmenopausal women should be treated with an aromatase inhibitor (anastrozole, exemestane or letrozole). Tamoxifen may be given where aromatase inhibitor therapy is contraindicated or not tolerated.
- Premenopausal at trial entry:  
All premenopausal patients should receive Ovarian suppression should consist of either a licensed Gonadotropin Releasing Hormone (GnRH) agonist, such as goserelin 3.6mg subcutaneously once a month, goserelin 10.8mg subcutaneously once every 3 months or leuprorelin acetate 11.25mg

subcutaneously once every 3 months, for at least 3 years, or bilateral surgical oophorectomy. Radiation menopause is not permitted.

Ovarian suppression may be deferred for patients who experience chemotherapy-induced amenorrhoea but should be initiated in the event of resumption of menses up to 2 years from trial entry.

In addition, women should receive either tamoxifen or an aromatase inhibitor (anastrozole, exemestane or letrozole) for a minimum of 5 years. Investigators must declare prior to randomisation whether they plan to use tamoxifen or an aromatase inhibitor. If ovarian suppression is deferred due to chemotherapy induced amenorrhoea, sites are strongly recommended to treat with adjuvant tamoxifen rather than an aromatase inhibitor, whilst there is any doubt about the patients menopausal status.

***NOTE:** Ovarian suppression is mandated for all premenopausal women within the OPTIMA trial to ensure: (i) that the patients within both arms receive equally balanced endocrine treatment and (ii) to eliminate the risk of confounding from different rates of chemotherapy induced menopause between the arms.*

***NOTE:** Most GnRH agonist SmPCs recommend monitoring FSH and oestradiol levels to confirm ovarian suppression when used in combination with an aromatase inhibitor. Investigators are advised to confirm that oestradiol levels lie within the locally defined post-menopausal range after 3 months of treatment.*

- <sup>¶</sup> Male  
Tamoxifen for 5 years.

#### <sup>¶</sup> ASSESSMENT OF MENOPAUSAL STATUS AT TRIAL ENTRY

Women who fulfil the following criteria at trial entry will be considered postmenopausal:

- Age >45 and natural amenorrhoea of at least 1 year's duration.
- Bilateral surgical oophorectomy.
- For amenorrhoea not fulfilling the above criteria the diagnosis of postmenopausal status should be supported by hormone measurement: FSH levels must be > 25IU/L with low oestradiol (i.e. within the locally defined postmenopausal range), in the event of doubt measured on 2 occasions preferably 4-6 weeks apart. This applies to women who have undergone hysterectomy without bilateral surgical oophorectomy and are age <60; those ≥60 may be considered postmenopausal.

***NOTE:** Hormonal contraception will suppress FSH and oestradiol levels. In those taking oral contraception, levels will recover rapidly on discontinuation. Depo-Provera injectable contraception lasts many months: all women receiving this agent should be considered premenopausal.*

#### EXTENDED TREATMENT PERIOD (YEARS 6-10)

As the OPTIMA population is considered to be at high risk of late relapse, all patients are advised extended adjuvant endocrine therapy with either an aromatase inhibitor or tamoxifen up to a total of 10 years as follows:

- Female:  
Aromatase inhibitor or tamoxifen.
- <sup>¶</sup> Male:  
Tamoxifen

For women deemed premenopausal at trial entry who are considered for extended endocrine therapy with an aromatase inhibitor, the following considerations apply to determination of menopausal status:

- Age ≥ 55 on tamoxifen monotherapy with intact ovaries and with amenorrhoea for 2 years may be considered postmenopausal.

- Age < 55 on tamoxifen monotherapy with intact ovaries and with amenorrhoea for 2 years. Assay FSH and oestradiol; consider the patient to be postmenopausal if FSH is > 25IU/L and oestradiol is within the locally defined postmenopausal range.
- Age <60 and on GnRH agonist combined with either tamoxifen or an aromatase inhibitor, discontinue GnRH agonist, allowing at least 4 months from final treatment prior to measurement of FSH and oestradiol. Discontinuation of tamoxifen for 8-12 weeks or aromatase inhibitor for 2 weeks is advised before hormone measurement. Consider the patient to be postmenopausal if FSH is > 25IU/L and oestradiol is within the locally defined postmenopausal range. Women age ≥60 may be considered postmenopausal.

## 2. CONSENT AND RANDOMISATION PROCEDURES

### 2.1. Tumour Block Selection and Documentation

SECTION 10.3 IN PROTOCOL V10.0

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Tumour block selection should be performed as follows:

- Patients with a unifocal tumour: a representative tumour block should be selected.
- Patients who have received pre-operative endocrine treatment: a pre-treatment core biopsy must be selected.

A tumour block from a surgical excision or other on-treatment biopsy is not acceptable: treated tumours are likely to have a lower Prosigna Score than untreated tumours, which could change the treatment allocation.

- <sup>¶</sup> Patients with multiple ipsilateral tumours: blocks from more than one lesion should be submitted to the laboratory when the lesions are considered to be clinically significant by the research site and they are interpreted as synchronous primary cancers (based either on the location of the lesions, i.e. in different quadrants, or if they are of differing morphology, i.e. histological type or grade). It is anticipated that laboratories will, as per standard good practice, assess ER and HER2 on the different lesions.

Clinical management will be based on the highest Prosigna score for patients randomised to test-directed treatment.

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<sup>¶</sup>Amended from protocol v11 onwards

## 3. QUALITATIVE RECRUITMENT STUDY (UK ONLY)

SECTION 17 IN PROTOCOL V10.0

Some of the recruitment difficulties encountered in OPTIMA *prelim* are likely to re-emerge in the main trial, which may also encounter new challenges in light of the opening of new sites, and the different multi-parametric test under investigation (e.g. issues of equipoise, logistics of testing). To this end, an integrated qualitative recruitment study (QRS) will build on the findings from OPTIMA *prelim*, with a focus on implementing transferrable findings from the feasibility study and identifying unique challenges that arise in the main trial. Emerging challenges will be reported to the Chief Investigator (CI) and Trial Management Group (TMG), with a view to formulating tailored solutions as the trial proceeds. This work will be undertaken with support from theme II of the Medical Research Council (MRC) ConDuCT-II (Collaboration and innovation in Difficult and Complex randomised controlled Trials In Invasive procedures) methodology hub.

The QRS methods employed will be similar to those used in OPTIMA *prelim*, based on methods developed by Donovan in the National Institute for Health Research Health Technology Assessment (NIHR HTA) Programme-funded ProtecT (**Pro**state **test**ing for **c**ancer and **T**reatment) study<sup>1</sup>. The QRS will proceed in two iterative phases.

### 3.1. Phase 1

#### SECTION 17.1 IN PROTOCOL V10.0

Phase 1 will focus on implementing findings of OPTIMA *prelim* and identifying new challenges that arise in the main trial. Investigation of emerging challenges will be undertaken in a select sample of sites experiencing recruitment difficulties, with some high recruiting sites selected for comparison. A multi-faceted, flexible approach will be adopted, using one or more of the following methods:

#### 1. MAPPING OF ELIGIBILITY/RECRUITMENT PROCESSES

Previous research has shown that logistical and other local issues can sometimes lead to more or less efficient recruitment pathways. Patient eligibility and recruitment pathway details will be mapped for select sites, to include: the point at which patients receive information about the trial, members of the clinical team encountered, and the timing and frequency of appointments. Logs of eligible and recruited patients will be assembled using simple flow charts and counts to display numbers and percentages of patients at each stage of the eligibility and recruitment process. Logs will be analysed by the QRS researcher and trial co-ordinator and compared with the trial protocol.

#### 2. IN-DEPTH INTERVIEWS

In-depth, semi-structured interviews will be conducted and audio-recorded with three groups:

- (a) Members of the TMG, including the CI and those most closely involved in the design, management, leadership and coordination of the trial.
- (b) Clinical and recruitment staff across a range of clinical sites involved in the RCT.
- (c) Patients eligible for recruitment to the RCT, including those who accept or reject randomisation.

Interview topic guides will be used to ensure similar areas are covered in each interview within each group. Informants in group (a) will be asked about the background, development and purpose of the RCT, interpretation of evidence and perceptions of equipoise; and their views on key recruitment challenges and how these may be addressed.

In addition to these topics informants in group (b) who directly recruit to the trial will also be asked the questions about their personal sense of equipoise when faced with individual eligible patients; the recruitment pathway in their sites and how they feel the protocol integrates into their clinical setting. Informants in group (b) will also be asked how they explain the RCT, the multi-parametric tests, and key trial processes (e.g. randomisation, blinding) to patients.

Informants in group (c) will include patients who have agreed to or rejected randomisation who are willing to discuss their views about the trial and how they reached their decision about participation. Patients will be probed to discuss: their individual pathway, from diagnosis until their decision about trial participation; their interpretation of the trial rationale and perceptions of equipoise, and their views on trial processes (such as randomisation and blinding). Attempts will be made to obtain a sample of maximum variation on the basis of age (i.e. extremes of the eligibility criteria), clinical

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<sup>1</sup> Donovan J, Mills N, Smith M, Brindle L, Jacoby A, Peters T, et al. Quality improvement report: Improving design and conduct of randomised trials by embedding them in qualitative research: ProtecT (prostate testing for cancer and treatment) study. Commentary: presenting unbiased information to patients can be difficult. *BMJ*. 2002;325(7367):766-70.

characteristics (e.g. those with a small/large number of positive lymph nodes), decision about trial participation (accept/decline), and socio-demographic characteristics.

Information Sheets have been developed to inform staff and patients about the QRS including interviews. Consent Forms for staff and for patient interviews may be completed in person or alternatively, remotely by a researcher during a telephone interview; when completed remotely, the researcher will audio-record the consent process.

### **3. OBSERVATION OF TMG AND INVESTIGATOR MEETINGS**

The QRS researcher will regularly observe TMG and investigator meetings to obtain an overview of trial conduct and overarching challenges (logistical issues, etc.). Based on experiences from OPTIMA *prelim*, these meetings can elucidate new solutions to recruitment difficulties, and add a new dimension to challenges that have emerged through other data collection methods.

### **4. AUDIO-RECORDING OF RECRUITMENT APPOINTMENTS**

Audio-recording of recruitment consultations is an important component of the QRS. The QRS researcher will work closely with the CI/TMG to identify sites where audio-recording of recruitment appointments would be most appropriate and feasible. These will be based on the existing screening log information, initially focusing on sites that have attempted recruitment; and later driven by theoretical sampling following data analysis and continued scrutiny of screening log information. There will be an attempt to sample a wide range of sites that vary in terms of recruitment rates.

One main point of contact (usually the lead research nurse) will be identified per site, and digital audio-recorders will be provided. The number of recorders required for each site will depend on the number of recruiting staff and the logistics and geographic location of recruiters. Recruitment staff will be requested to audio-record all appointments where they provide information to patients and attempt to recruit them to the RCT.

Documents explaining the ethical requirements of audio-recording of patient appointments (Patient and Staff Information Sheets and consent forms for audio-recording) and Standard Operating Procedures (SOPs) to help with the operation of the recorder, dictation of patient/recruiter/recording identifiers, naming and securely transferring of the recording to the computer and then to the QRS researcher will be provided to sites in 'Recruiter Packs'.

Recordings will be analysed through thematic, content, and targeted conversation analysis to identify aspects of information provision that are unclear, disrupted, and hinder recruitment. The QRS researcher will document findings and provide a summary of key issues to be fed back to the CI/TMG. These findings will form an important basis for individual and group feedback and training programmes to be initiated in Phase 2.

### **5. STUDY DOCUMENTATION**

Patient information sheets (PIS) and consent forms will be scrutinised to identify aspects that are unclear or potentially open to misinterpretation, assess the clarity of the lay presentation of the evidence, and the balance of information on the different arms in the RCT and its adverse events. The information from the study documents will be compared with the findings from the interviews and recorded appointments, to identify any disparities or improvements that could be made.

#### **3.2. Phase 2: Feedback to CI/TMG**

##### *SECTION 17.1 IN PROTOCOL V10.0*

Findings from Phase 1 will be presented to the TMG. If recruitment difficulties are evident across the study or in particular sites, the TMG and QRS team will formulate a 'plan of action' to improve recruitment and information provision. The specific plan implemented will be grounded in the findings from the main trial and OPTIMA *prelim*. Generic forms of intervention may include 'tips' documents that provide suggestions about how to explain trial design and processes. Supportive feedback will be a core component of the plan of action, with the exact nature and timing of feedback dependent on

the issues that arise. Site-specific feedback may cover institutional barriers, while multi-site group feedback sessions may address widespread challenges that would benefit from discussion. All group feedback sessions will be aided by anonymised data extracts from interviews and audio-recorded consultations. Individual confidential feedback will also be offered – particularly where recruiters experience specific difficulties, or where there is a need to discuss potentially sensitive issues. Investigator meetings and site visits may also be employed to discuss technical or clinical challenges (e.g. discomfort surrounding eligibility criteria).

#### **EVALUATING CHANGES IN RECRUITMENT PRACTICE AND RANDOMISATION**

The QRS team will evaluate the impact of QRS interventions implemented in phase 2 and consider further opportunities for action. Evaluation will constitute mixed approaches, including ‘before/after’ comparisons (eligible patients identified, number of recruited patients, patients accepting allocation) and investigation of changes in recruiter practice (through continued analysis of audio-recorded consultations). Semi-structured interviews will be conducted with recruiting staff and TMG members to explore their views on QRS interventions, and suggestions for areas that would benefit from continued QRS input.

## **4. TRIAL ORGANISATION & OVERSIGHT**

### **4.1. Trial timetable and milestones**

#### *SECTION 19.8 IN PROTOCOL V10.0*

The main OPTIMA trial will randomise 4500 patients from both UK and international sites in addition to patients randomised into OPTIMA *prelim*.

A 24-month recruitment feasibility phase has been incorporated into OPTIMA where we aim to have recruited 835 patients in total. Within the UK we aim to have 100 sites open, 790 patients recruited, and reach an average recruitment rate of 0.5 patients or more per site per month during the last 6 months of this phase (months 33 to 39).

The trial timetable is as follows where month 0 = (1<sup>st</sup>) October 2015.

- Months 0-15: HTA Grant activation and new site set up. Main Trial launch meeting.
- Month 16: Trial open to recruitment
- End month 26: 74 sites open; 300 patients randomised; IDMC followed by Trial Steering Committee (TSC) to monitor recruitment and progress
- End month 39: End of recruitment feasibility phase: 835 patients randomised in total IDMC followed by TSC to monitor recruitment and progress.
- End month 111: 4500 patients randomised. IDMC/TSC meetings.
- Month 112-123: Follow-up of patients, data collection & data cleaning and start analysis.
- Month 123: Analysis, preparation of trial report for HTA and manuscript for publication, presentation at national and international clinical conferences, dissemination through patient and consumer groups.
- End month 213: Planned final overall survival analysis (10 years from recruitment of last patient)

**APPENDIX 3: PROTOCOL HISTORY**

**PROTOCOL CORRECTIONS AND CLARIFICATIONS WITHOUT DESIGN CHANGES, AND MINOR ADMINISTRATIVE CHANGES ARE NOT LISTED.**

**VERSION 1:**

Version	Version date	REC Submission	REC opinion	Notes
V1.0	08 Mar 2012	Initial application 14 Mar 2012	08 May 2012: Provisional favourable opinion.	REC approval conditional subject to specified changes
V1.2	22 May 2012	Re-submission of initial application 22 May 2012	22 Jun 2012: Approved	Addressed REC comments on V1.0

**VERSION 2:**

Version	Version date	Amendment ID	REC opinion	Notes
V2.0	23 Jul 2013	SA#1 24 Jul 2013	24 Jul 2013: Unfavourable	Protocol approved but implementation delayed pending revision to PIS
		Modified SA#1 3 Oct 2013	16 Oct 2013: Approved	Permission to implement protocol V2.0 following revised PIS approval
<p><b><u>CHANGE SUMMARY</u></b></p> <p><b>Minor changes to study design</b></p> <ul style="list-style-type: none"> <li>• Inclusion and exclusion criteria amendments (section 1, 9.1, 9.2) <ul style="list-style-type: none"> <li>i. Minimum tumour size required for eligibility of patients with node negative disease changed from &gt;30mm to ≥30mm.</li> <li>ii. Previous formal staging requirement for patients with ≥4 involved nodes made a recommendation.</li> <li>iii. Addition of a rule prohibiting adjuvant therapy commencement prior to trial entry with the exception of short-term endocrine therapy to be discontinued at trial entry.</li> <li>iv. Addition of an 8-week time limit for trial entry following completion of breast/ axillary surgery.</li> </ul> </li> <li>• Chemotherapy regimen added: FEC-Pw (sections 1, 9.4 &amp; 15.1).</li> <li>• Statement added to section 9.7 (Radiotherapy) to confirm compatibility with trials of post-operative radiotherapy.</li> </ul> <p><b>Study conduct</b></p> <ul style="list-style-type: none"> <li>• Tissue handling process streamlined to reduce risk of randomisation delay (section 10).</li> <li>• Schedule of events updated to reflect changes to inclusion/exclusion criteria (section 12.1).</li> <li>• Addition of telephone consultation by research staff as an allowed method of completing Patient Questionnaire Booklets (applies to all time points except baseline) (section 12.1).</li> </ul> <p><b>Administrative changes to study/ protocol:</b> Trial milestones updated (section 14.5).</p> <p>Number of patients randomised when V2.0 approved: 130</p>				

**VERSION 3:**

Version	Version date	Amendment ID	REC opinion	Notes
V3.0	18 Jul 2014	SA#2 18 Jul 2014	11 Aug 2014: Unfavourable	Unfavourable opinion due to safety concern reported to REC between amendment submission and REC review.
V3.0	18 Jul 2014	SA#4 20 Feb 2015	26 Mar 2015: Approved	REC resubmission. Protocol version 3 not activated at sites.

**CHANGE SUMMARY**

**Major changes to study design**

- Discontinued central eligibility confirmation of ER and HER2 status with randomisation now performed at the time of registration rather than delayed for eligibility check.
- Increased sample size of the roll through phase (between feasibility and main study) from 200 to 400 participants.

Number of patients randomised when V3.0 approved: 412

**VERSION 4**

Version	Version date	Amendment ID	REC opinion	Notes
V4.0	09 Sep 2015	SA#5 9 Sep 2015	18 Sep 2015: approved	Protocol version 4 defines the main study design; not activated due to admin delay.

**CHANGE SUMMARY**

**Major changes to study design**

- Replacement of Oncotype DX by Prosigna as the primary test used to allocate treatment (sections 1, 2, 4.7, 5, 6, 10 & 14.2).
- Increase in sample size from 3,720 to 4,500 patients with amended power calculation (sections 1, 14.2).
- Introduction of Breast Cancer Specific Survival and Invasive Disease Free Survival for patients with low Prosigna Score tumours as (key) secondary outcome measures (sections 1 & 8).
- Patients with tumours identified as ER negative or HER2 positive as a result of Prosigna testing allowed to continue with the trial and to be included in the ITT analysis (sections 1, 9.2, 10).
- Statement added that lymph nodes containing micrometastases only considered to be uninvolved for eligibility purpose (sections 1, 9.1 & 9.7).
- Update to Statistical Considerations (section 14) to justify changes in sample size and analysis plan.
- Integrated Qualitative Recruitment Study, similar to the QRS in the feasibility study, incorporated into the main study (section 16).
- Updates to study background and rationale (sections 4 & 5) with evidence relevant to the amendment, including information on the contribution of endocrine therapy to outcome (section 4.5), availability of multi-parameter testing in the UK (section 4.6) and the results of OPTIMA prelim (section 4.7).

**Minor changes to study design**

- Eligibility criteria extended to include men (sections 1, 9.1, 9.5 & 14.1).
- Chemotherapy regimen definition modified: fluorouracil made optional component of anthracycline combination chemotherapy (FEC) regimens (sections 1, 9.4).
- Endocrine therapy recommendations modified (sections 1, 2 & 9.5):
  - recommended treatment duration changed from 5 years to 5-10 years,
  - option added for use of AIs in combination with ovarian suppression for premenopausal patients,
  - tamoxifen recommendation added for men.
- Recommendation made for use of adjuvant bisphosphonates for all patients (section 9.6).
- Update to surgery and radiotherapy guidance made to reflect changes in consensus on “best clinical practice” (sections 9.7 & 9.8).

**Study conduct**

- Prosigna testing rule added: for multifocal or bilateral disease, more than 1 lesion may be tested when the foci are in different quadrants or morphology/ histological type differ (section 1, 9.1).

**Administrative changes to study/ protocol**

- Restructuring of protocol: features of the protocol specific to OPTIMA prelim removed from the main body into Appendix 1 (sections 1, 2, 4.7, 5, 6, 7, 8, 11, 14, 15 & 16).
- Appendix 2 (Protocol history) added.

Number of patients randomised when V4.0 approved: 412

## VERSION 5

Version	Version date	Amendment ID	REC opinion	Notes
V5.0	27 Sep 2016	SA#6 30 Sep 2016	4 Oct 2016: Approved	Main study recruitment opened with protocol version 5
<p><b><u>CHANGE SUMMARY (V5)</u></b></p> <p><b>Major changes to study design</b></p> <ul style="list-style-type: none"> <li>• New eligibility category added to allow participation by patients with micrometastatic nodal involvement only, provided that the tumour diameter is at least 20mm (sections 1, 9.1, &amp; 15.1).</li> <li>• Removal of exclusion criteria to allow participation by patients with more than two involved axillary nodes (as defined in the inclusion criteria) identified by sentinel node biopsy or axillary sampling where further axillary surgery is not planned. This in effect allows but does not require axillary radiotherapy as an alternative to surgical clearance for all participants (sections 1, 9.2 &amp; 9.8).</li> </ul> <p><b>Minor changes to study design</b></p> <ul style="list-style-type: none"> <li>• Update to study background and rationale with information relevant to the amendment (sections 4 &amp; 5).</li> </ul> <p><i>Eligibility and treatment</i></p> <ul style="list-style-type: none"> <li>• Chemotherapy regimens added: TAC and dose-dense AC/EC-paclitaxel (dd AC/EC-P) (sections 1, 9.4).</li> <li>• Chemotherapy regimen definitions modified: (F)EC-T and (F)EC-Pw (sections 1, 9.4 &amp; 15.1).</li> <li>• Endocrine therapy recommendations modified (sections 1 &amp; 9.5): <ul style="list-style-type: none"> <li>i. Clarification made on when endocrine therapy should be started following chemotherapy.</li> <li>ii. Insertion of statement that radiation is not permitted as a form of ovarian suppression (previously removed from protocol V4.0 in error).</li> <li>iii. Information added regarding extended endocrine therapy.</li> <li>iv. Definition of menopause simplified and updated to be consistent with NICE NG23 (Nov 2015) guidance.</li> <li>v. New information added on determination of menopausal status in women receiving anti-oestrogen treatment.</li> </ul> </li> <li>• Rule added that participants whose tissue samples are found to have insufficient invasive tumour content for Prosigna testing will be treated as having a high-score tumour (sections 10 &amp; 15.3).</li> </ul> <p><i>Study endpoints and statistical design</i></p> <ul style="list-style-type: none"> <li>• Formal definitions of the outcome measures added for clarity and to demonstrate alignment with internationally accepted (STEEP) definitions (section 8).</li> <li>• Description of existing secondary outcome measure rephrased to clarify that Quality of Life is measured by EQ-5D and FACT-B questionnaires (sections 1 &amp; 8).</li> </ul> <p><b>Study conduct</b></p> <ul style="list-style-type: none"> <li>• Modification to consent requested from participants for the use of personal data (sections 10 &amp; 18.3): <ul style="list-style-type: none"> <li>i. Consent for the trial office at WCTU to hold a record of patient date of birth and NHS/CHI number made a required (rather than optional) part of the patient consent to participate in the trial.</li> <li>ii. Clarification made that permission to collect patient's name and address will only be sought from those patients who consent to be interviewed as part of the Qualitative Recruitment Study.</li> </ul> </li> <li>• Rule added specifying which members of site staff can complete the transit document that accompanies a participant's tissue block to the Central Laboratory (section 11.1).</li> <li>• Addition of email as an allowed method of patient follow-up, subject to local information governance permissions (section 12.1 &amp; 12.4).</li> <li>• Section on management of adverse events added, including statement that expedited reporting of SAEs is not required (section 12.2).</li> </ul> <p><b>Administrative changes to study/ protocol</b></p> <ul style="list-style-type: none"> <li>• Clarification for regulatory reasons made that no ionising radiation exposure is required as part of the research protocol (sections 9.5, 9.8 &amp; 12.1).</li> <li>• Statement added that study records will be archived and retained for at least 10 years following the conclusion of the study, in accordance with the University of Warwick's Research Data Management Policy (section 18.4).</li> </ul>				

<ul style="list-style-type: none"> <li>• Update to section on Ethical &amp; Regulatory Review following introduction of the UK HRA study approval process (section 19.4).</li> <li>• Details of the trial administration, and trial management and oversight committees updated (sections 19.5, 19.9 – 19.12).</li> <li>• Restructuring of protocol: sections on Trial Organisation, Patient Protection &amp; Ethical Conduct and Research Governance combined into a single section titled Trial Organisation &amp; Oversight (section 19).</li> <li>• Restructuring of protocol: trial timetable and milestones moved from Statistical Considerations (section 15) to Trial Organisation and Oversight (section 19).</li> <li>• Trial milestones updated to reflect the intended start of main trial recruitment (section 19.7).</li> </ul>
Number of patients randomised when V5.0 approved: 412

**VERSION 6:**

Version	Version date	Amendment ID	REC opinion	Notes
V6.0	8 Nov 2018	SA#8 8 Nov 2018	21 Jan 2019: Approved	

**CHANGE SUMMARY (v6)**

**Major changes to study design**

- Recruitment timetable extended from 4 to 5 years with adjustment to trial milestones and power calculation (section 1, 14 [formerly 15], 19.7).
- Short term pre-surgical endocrine therapy (maximum 8 weeks), including participation in window studies that do not involve chemotherapy, allowed in eligibility rules.

**Minor changes to study design**

- Update to study background and rationale with information relevant to the amendment (sections 4, 5).
- The term “risk” replaced by “score” when used in the context of Prosigna test results and treatment (e.g. “low-score” not “low-risk”) to avoid potential confusion (section 1, 2, 3, 8, 14, 15 and also PIS).
- Distress thermometer added to Patient Questionnaire Booklet (section 1, 8, 11.3).

*Eligibility and treatment*

- Inclusion and exclusion criteria amendments, with re-structuring to maintain clarity (section 1, 9.1, 9.2)
  - Time limit for trial entry following final surgery extended from 8 to 12 weeks.
  - Definitions of what constitutes an ER positive and HER2 negative tumour updated to be consistent with current ASCO guidance.
  - Rules on bilateral cancers amended to disallow ER-positive HER2-negative contralateral tumours that otherwise fulfil the entry criteria
  - Radiotherapy treatment in addition to surgery allowed for previously diagnosed cancers including in situ breast cancers. No changes to the rules on systemic therapy.
  - Clarification added that isolated classical LCIS is not considered a diagnosis of malignancy.
  - Exclusion criteria on the use of systemic treatment liable to affect breast cancer prior to trial entry amended so as not to conflict with the allowed use of pre-surgical endocrine therapy.
  - IVF/ fertility preservation and hormonal contraception use allowed within 12 months of trial entry.
- Chemotherapy regimen amendments (section 1, 9.4).
  - Addition of platinum salts to chemotherapy regimens allowed for patients identified as having a homologous DNA repair deficiency.
  - Chemotherapy regimen added: EC90 x4.
  - Paclitaxel 2-weekly added as alternative to weekly administration in (F)EC-Pw (now (F)EC-Pw/2w).
  - Reversal of administration order for anthracyclines and taxanes in sequential anthracycline-taxane regimens allowed [(F)EC-T, (F)EC-Pw/P2w].
  - Paclitaxel-albumen (nab-paclitaxel) use allowed as substitute for docetaxel/ paclitaxel.

*Analysis & statistics*

- Distant recurrence free interval (DRFI) added as an additional secondary end point (section 1, 8).
- Recruitment country added as a stratification factor (section 14.1).
- Dose-dense chemotherapy made an additional chemotherapy stratification sub-category (section 14.1).

**Study conduct**

- Requirement added that a pre-treatment biopsy is required for Prosigna testing where patients have received pre-surgical endocrine therapy (section 1, 10.2).

**Administrative change to study/ protocol**

- Protocol adjusted to allow for international involvement with the addition of an appendix to contain country-specific administrative arrangements where these differ from the UK (sections 1, 6, appendix 3 with references to appendix throughout protocol).
- Restructuring of protocol sections 10 & 11 to ensure that information related to randomisation and laboratory procedures is more logically organised and with insertion of hyper-links to cross references in electronic copies of the protocol to aid navigation (section 9.1, 9.2, 10, 11, 15, re-numbering former sections 12-15 now 11-14).
- Information on tumour block selection clarified and added to new section 10.2 (including move of rules for testing multiple tumours), with inclusion in the summary (section 1, 9.1, 10.2).
- Statement added that multi-parameter assays in lymph node metastases may be investigated as part of future research (section 15)
- Detail added on confidentiality and data sharing with references to GDPR/ 2018 legislation (section 18).
- Trial milestones updated to incorporate the actual start of main trial recruitment (section 19.7).
- Dissemination and publication policy amended (section 20).

Activation date = 12 Mar 2019; number of patients randomised when V6.0 activated: 1,348

**VERSION 6.1**

Version	Version date	Amendment ID	REC opinion	Notes
V6.1	5 Feb 2019	NSA#17 5 Feb 2019	12 Mar 2019: Approved	Non-substantial protocol amendment (no study-wide review required by HRA rules)
<b><u>CHANGE SUMMARY</u></b>				
<ul style="list-style-type: none"> <li>• Correction of significant typographical error.</li> </ul>				
Activation date = 27 Mar 2019; number of patients randomised when V6.1 activated: 1,365				

**VERSION 7**

Version	Version date	Amendment ID	REC opinion	Notes
V7.0	11 Aug 2020	SA#10 20 Aug 2020	14 Sept 2020: Approved	
<b><u>CHANGE SUMMARY (V7)</u></b>				
<b>Major changes to study design</b>				
<ul style="list-style-type: none"> <li>• Definition of ER-positive tumours in inclusion and exclusion criteria amended to exclude ER-low tumours (≤10% staining) as defined in the 2020 ASCO-CAP guidance, on the advice of the IDMC (section 1, 9.1, 9.2)</li> </ul>				
<b>Minor changes to study design</b>				
<ul style="list-style-type: none"> <li>• Update to study background and rationale with information relevant to the amendment (sections 4, 5).</li> </ul>				
<i>Eligibility and treatment</i>				
<ul style="list-style-type: none"> <li>• Trial entry definition amended from the date of consent form signature to include the giving of remote verbal consent, if earlier, to accommodate changes to consent rules (sections 1, 9.1, 9.2).</li> <li>• Rule on endocrine therapy initiated following surgery amended to allow continuation up to the time of starting chemotherapy, if allocated, rather than be discontinued at trial entry (sections 1, 9.2).</li> <li>• Chemotherapy regimen definition modified: (F)EC75-80 and (F)EC90-100 replaced by FEC75-80, FEC90-100 and EC90-100 to clarify standard cyclophosphamide doses for FEC90-100 &amp; EC90-100 and disallow EC75-80 (section 9.3).</li> <li>• Endocrine therapy recommendations (Ovarian Suppression) modified (sections 1, 9.4)</li> </ul>				

<p>i. Allow ovarian suppression to be deferred for patients who experience chemotherapy-induced amenorrhoea with requirement to commence this in the event of resumption of menses up to 2 years from trial entry.</p> <p>ii. Allow the prescribing of licensed 3-monthly GnRH agonist preparations (limited to leuprorelin acetate 11.25mg at time of amendment).</p> <ul style="list-style-type: none"> <li>• Radiotherapy fractionation schedule added: 26Gy in 5 fractions over 5 days (section 9.5).</li> <li>• Prior intra-operative radiotherapy use allowed provided external beam RT is subsequently given (section 9.5).</li> </ul> <p><i>Study endpoints and statistical design</i></p> <ul style="list-style-type: none"> <li>• Addition of a statement of trial hypothesis (section 1, 7).</li> <li>• Additional detail provided on the intended statistical analysis (sections 1, 14.3).</li> </ul> <p><b>Study conduct</b></p> <ul style="list-style-type: none"> <li>• Introduce procedure for “remote consent” including (limited) remote verbal consent from patients wishing to join the study but who are unable to attend a clinic appointment in person (sections 1, 10.1).</li> </ul> <p><b>Administrative change to protocol</b></p> <ul style="list-style-type: none"> <li>• Protocol restructuring: section 9.3 (Informed Consent) moved to new section 10.1 (re-numbering former sections 9.4-9.8, 10.1-10.5).</li> </ul> <p>Activation date = 20 Oct 2020; number of patients randomised when V7.0 activated: 2237.</p>
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**VERSION 8**

Version	Version date	Amendment ID	REC opinion	Notes
V8.0	19 July 2021	SA#11 22 July 2021	11 Aug 2021: Approved	Non-substantial protocol amendment (no study-wide review required by HRA rules)
<b>CHANGE SUMMARY</b>				
<ul style="list-style-type: none"> <li>• Recruitment timetable extended from 60 to 72 months (section 19.7).</li> </ul>				
Activation date = 20 Sept 2021; number of patients randomised when V8.0 activated: 2,775				

**VERSION 9**

Version	Version date	Amendment ID	REC opinion	Notes
V9.0	17 Sept 2022	Significant Amendment 12 (SA#12) 17 Sept 2022	22 Nov 2022: Approved	Non-substantial protocol amendment (no study-wide review required by HRA rules)
<b>CHANGE SUMMARY</b>				
<b>Minor changes to study design</b>				
<ul style="list-style-type: none"> <li>• Recruitment timetable extended from 72 to 78 months (section 19.7).</li> <li>• Addition of adjuvant CDK4/6 inhibitor (abemaciclib) as a treatment option (section 1, new section 9.5) and its inclusion as an additional stratification factor (section 14.1).</li> <li>• Exclusion criteria amendments (sections 1, 9.2) <ul style="list-style-type: none"> <li>i. Supraclavicular and infraclavicular lymph node involvement added to existing exclusion for ≥10 axillary or internal mammary nodal involvement.</li> <li>ii. Exception to exclusion for previous malignancy allowing invasive disease treated by surgery with or without radiotherapy only amended to state local therapy only without further specification.</li> <li>iii. Exception to exclusion for previous malignancy allowing in situ carcinoma extended to include all in situ tumours as defined by ICD-O.</li> <li>iv. Note added to exclusion for prior treatment with agents likely to influence breast cancer risk to clarifying that topical vaginal oestrogens are not considered a systemic treatment.</li> </ul> </li> <li>• Chemotherapy regimen definition modified: dd AC/EC-P, (F)EC-Pw/P2w renamed (F)EC-P (sections 1, 9.4).</li> </ul>				

<ul style="list-style-type: none"> <li>Chemotherapy regimen added: AC-P as alternative to (F)EC-P (sections 1, 9.4).</li> </ul> <p><b>Administrative change to study/ protocol</b></p> <ul style="list-style-type: none"> <li>Ambiguity over “obligatory” and “optional” future research on tumour samples removed: all research on tumour tissue additional to Prosigna testing now subject to optional patient consent (section 15, PIS/CF).</li> <li>Archiving arrangements following trial completion clarified to include explicit statement on site obligations (section 18.6).</li> <li>Trial history appendix restructured and reworded to aid navigation (Appendix 2).</li> </ul>
Activation date = 26 December 2022; number of patients randomised when V9.0 activated: 3,131

**VERSION 10**

Version	Version date	Amendment ID	REC opinion	Notes
V10.0	30 Mar 2023	Significant Amendment 13 (SA#13) 31 March 2023	18 May 2023 Approved	
<p><b><u>CHANGE SUMMARY</u></b></p> <p><b>Major changes to study design</b></p> <ul style="list-style-type: none"> <li>Change of 1° outcome measure to invasive breast cancer free survival (IBCFS) from invasive disease free survival (IDFS) to reduce the risk of a false non-inferiority conclusion as per STEEP v2 guidelines (section 8).</li> <li>Change 1° analysis population to per protocol from intention to treat to reduce the risk of a false non-inferiority conclusion (section 14.3).</li> <li>Remove OPTIMA prelim recruitment from the primary analysis population; to be included in a sensitivity analysis (section 14.2, 14.3).</li> <li>Recruitment timetable extended from 78 to 96 months (section 19.8).</li> <li>Amended power calculation (section 14.2).</li> </ul> <p><b>Minor changes to study design</b></p> <ul style="list-style-type: none"> <li>Promotion of outcome analyses for patients with low Prosigna-score tumours to “key secondary outcome” (section 8).</li> <li>Revision of 2° outcome measures (section 8).                             <ol style="list-style-type: none"> <li>Addition of recurrence free interval (RFI) and IDFS.</li> <li>Removal of distant recurrence free survival.</li> </ol> </li> <li>Change start date for time-to-event analyses calculations from trial entry to randomisation (section 14.3).</li> </ul> <p><b>Administrative change to study/ protocol</b></p> <ul style="list-style-type: none"> <li>Appendix 3 (Country-Specific Protocol Arrangements for non-UK sites) has been replaced by a requirement to maintain a separate country-specific protocol annexe. Details are contained in (new) section 19.5 (International Collaborations).</li> </ul>				
Activation date = 27 Jun 2023; number of patients randomised when V10.0 activated: 3810				

**VERSION 11**

Version	Version date	Amendment ID	REC opinion	Notes
V11.0	2 Oct 2025	Significant Amendment 14 (SA#14) 7 October 2025	30 Dec 2025 Approved	Not activated in U.K. because of U.K.-specific administrative changes in protocol version 11.1. International sites use version 11.0.

**CHANGE SUMMARY**

**Major changes to study design**

- Introduction of OPTIMA premenopausal extension as part of the PATH-FOR-YOUNG (& OPTIMA-Young) project
- Revised introductory sections (3 & 4) to make clear the evidence that has been generated since the main trial commenced recruitment including evidence that relates to premenopausal women and the justification for PATH-FOR-YOUNG whilst retaining relevant original evidence justifying the trial
- Revised inclusion criteria to limit recruit recruitment to premenopausal women in the 35-54 age range with definition of premenopausal status added (section 8.1\*).
- Update of objectives (section 6) and endpoints (section 7) and addition of sections on statistical and health economics considerations for the premenopausal extension/ OPTIMA-Young (sections 14 & 17).

**Minor changes to study design**

- Revised exclusion criteria (section 8.2\*) removing prohibitions on
  - i. Treatment with agents known to influence breast cancer growth but prescribed for other indications during the 12 months prior to trial entry,
  - ii. Axillary surgery post trial entry.
- Minor changes to permitted chemotherapy regimens (section 8.3 chemotherapy regimens\*).
- Updated section on endocrine therapy appropriate for premenopausal women including allowing temporary interruption of treatment to attempt pregnancy (section 8.4 adjuvant endocrine therapy\*)
- Change to guidance on block selection for testing to reduce multiple testing (section 9.4 tumour block selection and documentation)

**Administrative change to study/ protocol**

- Restructuring of protocol: features of the protocol specific to the OPTIMA main study removed from the main body into Appendix 2 either to preserve version 10 wording [inclusion criteria (v10 section 9.1), exclusion criteria (v10 section 9.2), chemotherapy regimens (v10 section 9.3), adjuvant endocrine therapy (section 9.4); tumour block selection and documentation (v10 section 10.3 – part only), trial timetable and milestones (v10 section 19.8)] or because no-longer active [qualitative recruitment study (v10 section 17)]
- Revision of introductory sections with removal of former section 3 (Rationale) and re-numbering of all subsequent sections.
- Section 4 renamed as The OPTIMA Trial (formerly section 5, Trial Design)
- Insertion of new sections 14 (Statistical considerations: OPTIMA premenopausal extension/ OPTIMA-Young) and 16 (Economic analysis: OPTIMA premenopausal extension/ OPTIMA-Young)

\* previous wording preserved in appendix 2

Not activated in UK..

**VERSION 11.1**

Version	Version date	Amendment ID	REC opinion	Notes
V11.1	11March2026	Substantial Amendment 15 (SA#15)		UK administrative protocol amendment

**CHANGE SUMMARY**

**Administrative change to study/ protocol**

- Altered data collection instructions for move to electronic data capture (sections 1, 9, 10 &18).

Activation date = TBA number of patients randomised when v11.1 activated TBA