

Newsletter January 2025

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Happy New Year

Recruitment update:

In December, **49 new participants** were recruited into OPTIMA.

Total recruitment to date: 4685

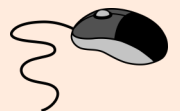
Recruitment countdown:

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BARRIERS TO RECRUITMENT SURVEY

We would really appreciate your time in completing the survey below to identify any barriers to recruitment you have faced.

[Barriers to Recruitment Survey](#)



OPTIMA Young Kick-Off Meeting

Some of the OPTIMA Team were in Paris last week for the OPTIMA-Young Kick off Meeting!



Many thanks to the sites who have already expressed an interest in OPTIMA Young! We plan to allow UK recruitment into OPTIMA as part of OPTIMA Young, following a protocol amendment.

We will let sites know as soon as we have more information regarding OPTIMA Young set up and recruitment.

In the meantime, you can register your interest for OPTIMA-Young within the 'barriers to recruitment' survey link above.

Farewell Dom!

Our Trial Coordinator, Dom, is sadly leaving the OPTIMA Team this month. We will miss him greatly but wish him all the best in his new ventures! Thank you for all of your hard work Dom!

Top 10 UK Recruiters

A massive **THANK YOU** to all of our recruiting Sites for all of their hard work recruiting into OPTIMA.

Velindre Cancer Centre	144
Blackpool Victoria Hospital	138
The Christie NHS Foundation Trust	106
University Hospitals of North Midlands NHS Trust	90
Bristol Haematology and Oncology Centre	90
Beatson West of Scotland Cancer Centre	89
Mount Vernon Cancer Centre	88
Royal Albert Edward Infirmary	87
Weston Park Hospital	84
Addenbrooke's Hospital	76

A total of 3644 UK patients were randomised into OPTIMA-main.



Lunch with OPTIMA - SABCS Update

Many thanks to those that attended our recent Lunch with OPTIMA session. 1 CPD point will be awarded on completion of the feedback form below:

[Lunch with OPTIMA Feedback Form](#)

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Recruitment per recruiting Site

(as of 29 January 2025)



Oslo University Hospital, Norway	169	York Hospital	25	Princess of Wales Hospital	7
Velindre Cancer Centre	144	Milton Keynes University Hospital	25	Grampians Health Ballarat, Australia	7
Blackpool Victoria Hospital	138	Chase Farm Hospital	24	Royal Bolton Hospital	7
The Christie NHS Foundation Trust	106	Wishaw General Hospital	24	Lake Macquarie Private Hospital, Australia	7
University Hospitals of North Midlands NHS Trust	90	Queens Hospital, Burton upon Trent	24	Icon Cancer Centre Hobart, Australia	7
Bristol Haematology and Oncology Centre	90	Stavanger Hospital, Norway	23	Doncaster Royal infirmary	6
Beatson West of Scotland Cancer Centre	89	University Hospital of North Norway, Norway	23	St Olavs Hospital, Norway	6
Mount Vernon Cancer Centre	88	St George's Hospital	22	University Hospital Geelong, Australia	6
Ostfold Hospital, Norway	88	Singleton Hospital	21	Coffs Harbour Health Campus, Australia	6
Royal Albert Edward Infirmary	87	The Royal Glamorgan Hospital	21	Nepean Cancer Care Centre, Australia	6
Weston Park Hospital	84	Darent Valley Hospital	21	Ulster Hospital	5
Addenbrooke's Hospital	76	The Whittington Hospital	20	Northern Lincolnshire and Goole NHS Foundation Trust	5
University Hospital Coventry	69	Norfolk & Norwich University Hospital	20	Alexandra Hospital	5
East Surrey Hospital	61	University College London Hospital	20	Hereford County Hospital	5
Sorlandet Hospital, Norway	61	University Hospital Crosshouse	20	Southern Highlands Cancer Centre, Australia	5
Royal Alexandra Hospital	59	George Eliot Hospital	20	Frankston Hospital, Australia	5
Sahlgrenska University Hospital, Sweden	59	Basildon University Hospital	20	Nottingham University Hospital	4
University Hospitals of Morecambe Bay	57	Nordland Hospital, Norway	20	East Sussex Healthcare NHS Trust	4
New Victoria Hospital	57	Lister Hospital	19	Kidderminster Hospital	4
Macclesfield District Hospital	56	Weston General Hospital	19	Haukeland University Hospital, Norway	4
Forth Valley Hospital	55	Darlington Memorial Hospital	19	Calvary Mater Newcastle, Australia	4
Wrexham Maelor Hospital	54	Aberdeen Royal Infirmary	19	St Vincent's Hospital Melbourne, Australia	4
Royal Devon and Exeter Hospital	53	Telemark Hospital, Norway	18	Icon Cancer Centre Wesley, Australia	4
Luton and Dunstable University Hospital	53	Worcestershire Royal Hospital	17	Monash Health – Clayton, Australia	4
Glan Clwyd Hospital	53	Royal Derby Hospital	17	Sydney Adventist Hospital, Australia	4
Peterborough City Hospital	53	Royal Sussex County Hospital	17	Macarthur Cancer Therapy Centre, Australia	4
Belfast City Hospital	53	Royal Hampshire County Hospital	16	Toowoomba Hospital, Australia	4
Russells Hall Hospital	52	Western General Hospital	16	Ysbyty Gwynedd	3
East Kent Hospitals NHS Foundation Trust	52	Royal Cornwall Hospital	15	Chesterfield Royal Hospital	3
Guys Hospital	52	Bedford Hospital	15	Queen's Hospital, Romford	3
St Margaret's Hospital	49	Royal Gwent Hospital	15	Mater Hospital Sydney, Australia	3
Salisbury District Hospital	48	Stepping Hill Hospital	15	Westmead Hospital, Australia	3
Derriford Hospital	48	Royal Surrey County Hospital	15	Bendigo Hospital, Australia	3
Maidstone Hospital	48	Basingstoke and North Hampshire Hospital	14	Gosford Hospital, Australia	3
Hairmyres Hospital	47	Manchester University NHS Foundation Trust	14	Orange Health Service, Australia	3
New Cross Hospital	46	Airedale General Hospital	14	Prince of Wales Hospital, Australia	3
Torbay Hospital	45	Southend University Hospital	14	Box Hill Hospital, Australia	3
Frimley Park Hospital	43	St Mary's Hospital	13	Birmingham City Hospital	2
Royal Free Hospital	42	Hinchingbrooke Hospital	13	Broomfield Hospital	2
North Middlesex Hospital	35	Tameside General Hospital	12	Western Health - incorporating Sunshine Hospital	2
Queen Elizabeth Hospital, Birmingham	34	Prince Charles Hospital	11	Epworth Richmond Hospital, Australia	2
Churchill Hospital	34	Wycombe Hospital	11	Austin Hospital, Australia	2
Medway Maritime Hospital	34	University Hospital of North Tees	10	St John of God Subiaco Hospital, Australia	2
Charing Cross Hospital	34	University Hospital Ayr	10	Antrim Area Hospital	2
Royal United Hospital	33	Royal Melbourne Hospital, Australia	10	Chris O'Brien Lifehouse, Australia	2
Musgrove Park Hospital	32	Maroondah Hospital, Australia	10	Northeast Health Wangaretta, Australia	1
Leighton Hospital	31	Northumbria Healthcare NHS Foundation Trust	9	Alfred Hospital, Australia	1
Inverclyde Royal Hospital	30	Worthing Hospital	9	Victorian Breast & Oncology Care, Australia	1
Barnet Hospital	30	Sunshine Coast University Hospital, Australia	9	Queen Elizabeth Hospital, Australia	1
Royal Shrewsbury Hospital	30	Dumfries and Galloway Royal Infirmary	8	Icon Cancer Centre Kurralt Park, Australia	1
The Great Western Hospital	30	King's Mill Hospital	8	Mid North Coast Local Health District trading as Port Macquarie Base Hospital, Australia	1
Queen Elizabeth Hospital, Gateshead	29	Alesund Hospital, Norway	8	Northern Beaches Hospital, Australia	1
Southampton General Hospital	29	Ninewells Hospital, Dundee	8	Concord Repatriation General Hospital, Australia	1
Clatterbridge Cancer Centre	29	The Queen Sirikit Centre for Breast Cancer, Thailand	8	Wellington Hospital, New Zealand	1
The Queen Elizabeth Hospital, King's Lynn	27	Sunderland Royal Hospital	7	Waikato Hospital, New Zealand	1
Bradford Royal Infirmary	26	Stoke Mandeville Hospital	7		