



OPTIMA Recruitment Update

We recruited **35 patients in December** giving us a **grand total of 1210**

(798 in Optima main and 412 in prelim)

2018 was a successful year for the trial but moving on to 2019 we encourage you to continue to approach all potentially eligible patients as our recruitment targets increase steeply. If all sites could recruit at least one eligible patient per month we would easily meet our targets. January has started well and with your continued support and hard work we are confident that we can do it!

Please continue to screen and approach ALL potential participants.

Top 10 Recruiting Sites for 2018*

*Totals are those patients recruited in 2018 only. Overall total in brackets

Bristol Haematology & Oncology Centre	21 (34)
Mount Vernon Cancer Centre	19 (37)
University Hospitals of North Midlands	18 (34)
Blackpool Victoria Hospital	16 (30)
Beatson West of Scotland Cancer Centre	16 (20)
Derriford Hospital, Plymouth	15 (18)
Royal Albert Edward Infirmary, Wigan	15 (17)
The Christie	15 (21)
Wrexham Maelor Hospital	14 (21)
Velindre Cancer Centre	14 (19)



Top Recruiters for December

Bristol Haematology & Oncology Centre	3
Mount Vernon Cancer Centre	3
Royal Albert Edward Infirmary	3
Addenbrooke's Hospital, Cambridge	2
Oslo University Hospital	2
Wrexham Maelor Hospital	2

Laboratory Move



As you will be aware by now, HSL-Advanced Diagnostics, the central UK testing laboratory, have recently moved. All sites have been supplied with new address labels to update the silver royal mail sample envelopes. If you haven't yet done so, please complete and return your Laboratory Move Receipt as soon as possible.

The new address is

HSL-Advanced Diagnostics
19 Fitzroy Street
London W1T 4BQ

OPTIMA 2019 Calendars

We haven't forgotten! Our 2019 calendars are on the way and we will be sending them out to you all shortly.



Recruitment tip of the month: Check that you are identifying all eligible OPTIMA patients

January 2019

Recruitment tip of the month: Responding to Patient Preferences

When a patient expresses a preference to either have or not have chemotherapy, take some time to unpack where they are coming from. It might be a well-researched and thought through preference, it might be founded on a friend's or relative's experience, or stem from a conversation earlier in their treatment pathway, or it might be grounded in a misunderstanding.

Patients are usually happy to discuss their preferences if given the opportunity to do so.

Through gently probing, you can check how informed they are and address any misconceptions and gaps in knowledge.

Screening Logs

If you haven't already done so, please send your screening logs for December 2018. sites. Please can you also make sure you are using version 5.0 Thank you!



If you have a recorder,

please ask your **first 2019** eligible patients if you can record the appointment.

Contact Carmel for more details:
carmel.conefrey@bristol.ac.uk

It seems a REALLY long time ago now but we thought you might like a picture of the OPTIMA team enjoying Christmas lunch!



L-R Katie McGuinness, Mariana Bernardo, Caroline Jevons, Georgi Dotchin, Kate Packard, Adam Raynes, Sam Careless

OPTIMA National Investigator Meeting



You should have already received a 'save the date' notice. We are very excited to announce that our 2019 National Investigator Meeting will be held on **Thursday 4th April 2019** at the **British Library**. We will be sending out formal invitations and a copy of the programme very soon. We are very keen to attract as many surgeons as possible to this meeting, please can we ask that you extend the invitation to your surgical colleagues.

Menopausal Status

Please note that a patient's menopausal status must be confirmed prior to randomisation. It is an important stratification variable and you must provide the correct status when randomising your patients into the trial.

And whilst on the subject of menopausal status

Data Entry—End of Chemotherapy Forms

Please don't forget to complete the date of last menstrual period for all pre-menopausal patients on the End of Chemotherapy form, (section 8.1.4) even if you are only able to provide a year (eg NK/NK/2016).

Consent Forms

We have had a couple of incidents recently where consent forms have been sent to us here at the trials office or to HSL-Advanced Diagnostics.

Please make sure that consent forms are filed in section 8.3 of your site file and are not sent away from site. If they are received by either ourselves or the lab this will, unfortunately, constitute a protocol violation because of the patient identifiable data they contain.

Contact Us

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