

Newsletter September 2021

Optimal Personalised Treatment of early breast cancer using Multi-parameter Analysis



Recruitment update:

In August, **47 new participants** were recruited into OPTIMA.

Total recruitment to date: 2792

OPTIMA Main - 2380 participants

OPTIMA prelim - 412 participants

Recruitment tip of the month :

Thinking about recruitment as a multi-stage process

It's helpful to think about recruitment as a process involving a number of linked stages:



To get to the end stage of inviting a patient to consider joining OPTIMA, the patient needs to have passed through each of the preceding ones. How about reviewing each stage and checking how well it is working at your site.

Annual Follow-ups

Don't forget to complete an annual follow-up form each year, for all patients.



These should be completed on the anniversary of Trial Entry, for OPTIMA Main and OPTIMA prelim patients, and sent to WCTU via post or email.

Top Recruiters of 2021 So far!

We really appreciate all your efforts to recruit and support OPTIMA but, just for fun, the top 10 recruiting sites this year so far are:-

Oslo University Hospital	20
The Christie	17
Velindre Cancer Centre	17
Royal Alexandra Hospital, Paisley	15
Royal Albert Edward Infirmary, Wigan	15
New Victoria Hospital, Glasgow	12
Royal Devon and Exeter Hospital	11
Sahlgrenska University Hospital, Gothenburg	11
East Kent Hospitals NHS Foundation Trust	10

A further six sites have recruited 9 patients so not far behind.

Thank you to everyone!



Return of completed CRFs

As we are still working partly from home and partly in the office, please only send CRFs **either** via post **or** via email. Please do **not** send via post **and** email, as this causes duplication of work for our OPTIMA Data Clerks.

When sending any trial paperwork to the trials unit via **email**, please also remember to:

- Make sure you have sufficiently redacted all unrequired patient identifiable information
- Send any required patient identifiable information (i.e. forms containing Date of Birth) securely

Please remember to include the patients Trial Number (TNO) in the email subject

Thank you for your ongoing support!

Lunch with OPTIMA

The next Lunch with OPTIMA will take place on **Tuesday 5th October**.



This will be a repeat of the **Tissue Transit form training** sessions held over the summer for those who weren't able to attend previously. Joining details have been circulated by e-mail but if you need these to be re-sent please do contact us.



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Recruitment per recruiting Site (up to 27/09/2021)

University Hospitals of North Midlands NHS Trust	71	Norfolk & Norwich University Hospital	16
Velindre Cancer Centre	67	Bradford Royal Infirmary	15
Addenbrooke's Hospital	63	George Eliot Hospital, Nuneaton	15
Blackpool Victoria Hospital	63	Queens Hospital, Burton upon Trent	15
Bristol Haematology & Oncology Centre	63	Royal Glamorgan Hospital	15
Mount Vernon Cancer Centre	63	Royal Gwent Hospital	15
The Christie	63	Stepping Hill Hospital	15
Oslo University Hospital (Norway)	62	Basingstoke and North Hampshire Hospital	14
Beatson West of Scotland Cancer Centre	57	Royal Cornwall Hospital	14
Royal Albert Edward Infirmary, Wigan	56	Chase Farm Hospital, Enfield (RFL)	13
University Hospital Coventry	56	University College London Hospital	13
NHS Lanarkshire	53	Western General Hospital, Edinburgh	13
Inverclyde and Royal Alexandra Hospitals	50	NHS Ayrshire and Aran	12
Peterborough City Hospital	43	Sahlgrenska University Hospital (Sweden)	12
Weston Park Hospital, Sheffield	39	St Mary's Hospital, Isle of Wight	12
Wrexham Maelor Hospital, Wrexham	39	Royal Hampshire County Hospital, Winchester	11
Luton and Dunstable University Hospital	38	St George's Hospital, London	11
Royal Devon and Exeter Hospital	38	Guys Hospital	10
East Kent Hospitals NHS Foundation Trust	37	University Hospital of North Tees, Stockton-on-Tees	10
University Hospitals of Morecambe Bay	37	Worcestershire Royal Hospital	10
Glan Clwyd Hospital, Bodelwyddan	35	Airedale General Hospital, Keighley	9
Derriford Hospital, Plymouth	34	Bedford Hospital	9
Surrey and Sussex Healthcare NHS Trust	34	Northumbria Healthcare NHS Foundation Trust	9
Macclesfield District Hospital	33	Charing Cross, London	8
Maidstone Hospital	33	King's Mill Hospital	8
The Princess Alexandra Hospital NHS Trust	33	University Hospital of North Norway	8
Ostfold Hospital, Kalnes (Norway)	32	Weston General Hospital, Weston Super Mare	8
Torbay Hospital	32	Whittington Hospital, London	8
Forth Valley Hospital	31	Hinchingbrooke Hospital, Huntingdon	7
Salisbury District Hospital	31	Prince Charles Hospital, Merthyr Tydfil	7
Royal Shrewsbury Hospital	30	Sunderland Royal Hospital	7
Musgrove Park Hospital, Taunton	27	Worthing Hospital	7
Russells Hall Hospital, Dudley	27	Basildon University Hospital	6
Churchill Hospital, Oxford	26	Royal Derby Hospital	6
Clatterbridge Cancer Centre	25	Stavanger Hospital (Norway)	6
Queen Elizabeth Hospital, Birmingham	24	Dumfries and Galloway Royal Infirmary	5
Great Western Hospital, Swindon	23	Northern Lincolnshire and Goole	5
New Cross Hospital, Wolverhampton	23	East Sussex Healthcare NHS Trust	4
New Victoria Hospital, Glasgow	23	Kidderminster Hospital	4
Queen Elizabeth Hospital, Gateshead	23	Nottingham University Hospital	4
Frimley Park Hospital, Surrey	22	Pennine Acute Hospitals, North Manchester	4
Milton Keynes University Hospital	22	Singleton Hospital, Swansea	4
North Middlesex Hospital	22	Aberdeen Royal Infirmary	3
Sorlandet Hospital, Kristiansand (Norway)	21	Chesterfield Royal Hospital	3
Barnet Hospital (RFL)	20	Haukeland University Hospital (Norway)	3
Medway Maritime Hospital, Gillingham	20	Queen's Hospital, Romford	3
Southampton General Hospital	20	Southend University Hospital	3
Royal United Hospital, Bath	20	Ulster Hospital	3
Darlington Memorial Hospital	19	Ysbyty Gwynedd, Bangor	3
Belfast City Hospital	18	Birmingham City Hospital	2
Lister Hospital	18	Broomfield Hospital	2
Leighton Hospital	17	Doncaster Royal infirmary	2
Queen Elizabeth Hospital, King's Lynn	17	Royal Surrey County Hospital	2
Royal Free Hospital	17	Stoke Mandeville Hospital	2
York Hospital	17	Alexandra Hospital, Redditch	1
Darent Valley Hospital, Dartford	16	Wycombe Hospital	1