

Recruitment update

Total recruitment is currently 2032 (1620 in Optima main and 412 in prelim)

Well done to all at **Russells Hall Hospital** and **The Clatterbridge Cancer Centre**, both sites recruited **6 patients in February**, making them our top recruiters!

If possible please continue to screen and approach potential participants.

Thank you!

You Did it!

February was our best recruitment month to date with a total of 73 randomisations. Congratulations to the team in **Southampton Hospital** who recruited our **2000th Participant!** They are all pictured below, proud recipients of an OPTIMA hamper!



February Recruitment

As mentioned above, February was our best ever month for recruitment. 44 sites recruited at least one patient and **the following hospitals recruited two or more patients**, which is fantastic!

- Basingstoke and North Hampshire Hospital
- Bristol Haematology and Oncology Centre
- Darent Valley Hospital
- Doncaster Royal infirmary
- Musgrove Park Hospital
- Oslo Hospital, Norway
- Ostfold Hospital, Norway
- Peterborough City Hospital
- Royal Shrewsbury Hospital
- Southampton General Hospital
- The Christie NHS Foundation Trust
- The Clatterbridge Cancer Centre
- Ulster Hospital
- University Hospitals Morecombe Bay
- Weston Park Hospital

We reached a major landmark in February - a fantastic

2000 patients recruited!

THANK YOU for all your hard work and support!

The OPTIMA Trial and Covid-19

To prioritise frontline care, we know that sites are reviewing participation in clinical trials. Whilst under constant review, the OPTIMA study is open to recruitment.

Approximately one third of OPTIMA patients will avoid chemotherapy and for this reason, we hope that, where possible, sites can continue to recruit. For patients that you are offering chemotherapy, OPTIMA can enhance patient safety and free up staffing and resources:

Enhance patient Safety:

- Reduce patient exposure to chemotherapy lessens the risk of serious illness from COVID-19
- Patients having endocrine therapy alone will have fewer hospital visits
- Patients having chemotherapy will be cared for the same as outside the study.

Free up staff and clinical resources as:

- Fewer clinic appointments and less use of chemotherapy
- Fewer blood tests for patients not having chemotherapy

From the outset, OPTIMA was designed as a flexible pragmatic study and we are working to enable it to adapt to the present circumstances.

Please let us know how we can support you to continue recruitment to OPTIMA.

OPTIMA Website – a top resource for patients and practitioners



It's live – we are all very excited that the OPTIMA Website launched this week. With patient advocates involved throughout, the website has been designed for both patients and healthcare professionals. Check it out here and share it with your patients:

<https://optimabreaststudy.com>

Please promote it to your patients. In the section 'Taking Part' they can find out about treatment for breast cancer, why we are doing OPTIMA and what's involved in taking part. There's also a handy map showing all OPTIMA hospitals.

On the 'OPTIMA Sites' section you can speedily pull up all the essential OPTIMA documents in the confidence that you will be viewing the current version. You can also access all our recruitment support and training materials and recruitment tips in the back catalogue of newsletters. Let us know what you think about the OPTIMA site at optima@warwick.ac.uk

Patient interviews

Where possible, please continue to approach patients who decline OPTIMA about taking part in an interview about their experiences. We've now completed eight interviews, with the findings helping to refine recruitment guidance. Interviews take around thirty minutes and will likely be carried out over the phone. Sites receive 1 accrual point for each patient they register for an interview and/or an audio-recording.



Please visit the OPTIMA website or contact Nicola Farrar (Nicola.farrar@bristol.ac.uk / 0117 331 3307) for more information and the documents required to register a patient for an interview. Thank you for your continued support for the QRS.

Working arrangements

A postcard was sent out last week but just to remind you, all WCTU staff are now working from home, however are available to answer queries and recruitment is continuing as normal. Please feel free to contact us on optima@warwick.ac.uk

The randomisation line is open as normal

+44 (0)2476 150402 - Monday to Friday, 9am—5pm

The central lab will also be open and active as normal – sample processing and treatment allocation timelines will not currently be altered (*however please remember to use the new address from Friday 27th March!*)

In this ever changing climate we will keep you fully updated as things progress. Responses may be a little slower than usual but please keep an eye out for any updates.

Thank you for your ongoing support!



Contact Us

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Number of Patients Randomised per Recruiting Site (correct at end of 20/03/2020)

University Hospitals of North Midlands	62	Royal Cornwall Hospital	13
Mount Vernon Cancer Centre	51	Darent Valley Hospital, Dartford	12
Addenbrooke's Hospital	47	George Eliot Hospital	12
Bristol Haematology and Oncology Centre	47	Queen Elizabeth Hospital, King's Lynn	12
Blackpool Victoria Hospital	46	Royal Free Hospital	12
University Hospital Coventry	45	St Mary's Hospital, Isle of Wight	12
Beatson West of Scotland Cancer Centre	42	Bradford Royal Infirmary	11
Velindre Cancer Centre	39	Ostfold Hospital, Kalnes (Norway)	11
NHS Lanarkshire	38	Lister Hospital	10
Peterborough City Hospital	36	Royal Hampshire County Hospital	10
The Christie	33	University College London Hospital	10
Royal Albert Edward Infirmary, Wigan	32	University Hospital of North Tees	10
Royal Alexandra and Inverclyde Hospitals	29	Worcestershire Royal Hospital	10
University Hospitals of Morecambe Bay	27	Belfast City Hospital	9
Derriford Hospital, Plymouth	26	Great Western Hospital, Swindon	9
Wrexham Maelor Hospital	26	Guys Hospital	9
The Princess Alexandra Hospital NHS Trust	25	Northumbria Healthcare NHS Foundation Trust	9
Torbay Hospital	25	Queens Hospital, Burton upon Trent	9
Oslo University Hospital (Norway)	24	Airedale General Hospital	8
Salisbury District Hospital	24	Chase Farm Hospital, Enfield	8
Luton and Dunstable University Hospital	23	NHS Ayrshire and Arran	8
Musgrove Park Hospital	23	Bedford Hospital	7
Royal Devon and Exeter Hospital	23	Prince Charles Hospital, Merthyr Tydfil	7
Glan Clwyd Hospital, Bodelwyddan	22	Sunderland Royal Hospital	7
Weston Park Hospital, Sheffield	22	Western General Hospital, Edinburgh	7
Churchill Hospital, Oxford	20	Whittington Hospital	7
Macclesfield District Hospital	20	Sorlandet Hospital, Kristiansand (Norway)	6
Queen Elizabeth Hospital, Gateshead	20	St George's Hospital, Tooting	6
Southampton General Hospital	20	Weston General Hospital, Weston Super Mare	6
Darlington Memorial Hospital	19	Northern Lincolnshire and Goole NHS Foundation Trust	5
Maidstone Hospital	19	Basildon University Hospital	4
North Middlesex Hospital	19	Dumfries and Galloway Royal Infirmary	4
Queen Elizabeth Hospital, Birmingham	19	East Sussex Healthcare NHS Trust	4
East Kent Hospitals NHS Foundation Trust	18	Hinchingbrooke Hospital, Huntingdon	4
Milton Keynes University Hospital	18	King's Mill Hospital, Sutton-in-Ashfield	4
Royal Shrewsbury Hospital	18	Nottingham University Hospital	4
Russells Hall Hospital, Dudley	18	New Victoria Hospital, Glasgow	4
Forth Valley Royal Hospital	17	Pennine Acute Hospitals, North Manchester	4
Royal United Hospital, Bath	17	Chesterfield Royal Hospital	3
Clatterbridge Cancer Centre	16	Kidderminster Hospital	3
Frimley Park Hospital	16	Ulster Hospital	3
Barnet Hospital	15	Ysbyty Gwynedd, Bangor	3
Medway Maritime Hospital	15	Birmingham City Hospital	2
Norfolk & Norwich University Hospital	15	Broomfield Hospital	2
Royal Glamorgan Hospital	15	Doncaster Royal Infirmary	2
Royal Gwent Hospital	15	Singleton Hospital, Swansea	2
Stepping Hill Hospital	15	Alexandra Hospital, Redditch	1
Basingstoke and North Hampshire Hospital	14	Haukeland University Hospital, Norway	1
East Surrey Hospital	14	Queen's Hospital, Romford	1
Leighton Hospital	14	Royal Derby Hospital	1
New Cross Hospital, Wolverhampton	14	Stavanger Hospital, Norway	1
York Hospital	14		