

Recruitment update

275 participants have been recruited into OPTIMA.

30 participants were randomised in November. **Bristol Haematology and Oncology Centre** and **University Hospital of North Midlands** were joint top recruiters, each recruiting 3 participants.



The OPTIMA team would like to wish you all a very **Merry Christmas** and a **Happy New Year!**

THANK YOU for all your hard work in 2017, your efforts are very much appreciated.

Trial office and randomisation service Christmas closure

Full details of closures have been emailed to sites. The OPTIMA trial office and randomisation service will be **closed from on Friday 22nd December 2017 and will reopen at 9am on Wednesday 3rd January 2018**. You will not be able to randomise any patients into the trial between these dates. However, we will be maintaining some cover to ensure minimal disruption to the treatment allocation process. The central laboratory is planning to operate largely as normal over the Christmas period, with the exception that tumour blocks received on the morning of Wednesday 27th December won't be included in that week's testing/processing run but will be held over for processing the following week. If you have any questions about the likely timelines for your patients currently awaiting treatment allocation please contact the trial office and we will be very happy to help. Contact details are overleaf.

Tip of the month: Establish the rationale for OPTIMA early on



It's helpful to set out the rationale for OPTIMA early on in the recruitment appointment. That being, to target chemotherapy to only those patients who are likely to benefit from it. It's important to establish that some patients who have chemotherapy receive only minimal (or no) benefit, but may encounter side effects and other associated health problems. OPTIMA is trying to better target chemotherapy through better decision making.

Establishing the rationale early on, should provide a platform to discuss OPTIMA in more detail.

'Recruitment clinic' teleconference

We held our first recruitment teleconference on Wednesday 29th November 2017. Staff from seven recruiting sites in London and the South-east dialled-in, along with members of the OPTIMA team. We are pleased to report the meeting was successful. Discussions covered recruitment pathways, exploring patient's treatment preferences, and the most effective ways in which OPTIMA can be presented to patients. We would like to thank everyone who joined the teleconference for their engagement and input. We are planning on arranging further such meetings in the New Year.



If you would be interested in joining a teleconference, please contact the OPTIMA team.



Number of patients randomised per site

Information correct as of 20/12/17

University Hospital Coventry	24	Pennine Acute Hospitals	3
Mount Vernon Cancer Centre	16	Queen Elizabeth Hospital, Gateshead	3
University Hospitals of North Midlands	16	Royal Shrewsbury Hospital	3
Blackpool Victoria Hospital	14	St Margaret's Hospital, Epping	3
Bristol Haematology and Oncology Centre	13	Whittington Hospital	3
Addenbrooke's Hospital	11	Bedford Hospital	2
Royal Alexandra and Inverclyde Hospitals	10	Birmingham City Hospital	2
Luton and Dunstable University Hospital	9	Chesterfield Royal Hospital	2
Peterborough City Hospital	9	Derriford Hospital, Plymouth	2
NHS Lanarkshire	7	Dumfries and Galloway Royal Infirmary	2
Wrexham Maelor Hospital, Wrexham	7	Nottingham University Hospital	2
Barnet Hospital	6	Prince Charles Hospital	2
Glan Clwyd Hospital, Bodelwyddan	6	Queens Hospital, Burton upon Trent	2
Russells Hall Hospital, Dudley	6	Royal Albert Edward Infirmary, Wigan	2
Salisbury District Hospital	6	Royal Glamorgan Hospital	2
The Christie	6	Western General Hospital, Edinburgh	2
Lister Hospital	5	York Hospital	2
Macclesfield District Hospital	5	Ysbyty Gwynedd, Bangor	2
Royal Free Hospital	5	Basingstoke and North Hampshire Hospital	1
Velindre Cancer Centre	5	Chase Farm Hospital	1
New Cross Hospital, Wolverhampton	4	Darent Valley Hospital	1
Northumbria Healthcare NHS Foundation Trust	4	East Kent Hospitals NHS Foundation Trust	1
Royal Devon and Exeter Hospital	4	Forth Valley Hospital	1
Stepping Hill Hospital	4	Musgrove Park Hospital	1
Torbay Hospital	4	Queen Elizabeth Hospital, Birmingham	1
University Hospitals of Morecambe Bay	4	Royal Cornwall Hospital	1
University Hospital of North Tees	4	Royal Hampshire County Hospital	1
Beatson West of Scotland Cancer Centre	3	St Mary's Hospital, Isle of Wight	1
Milton Keynes University Hospital	3	Sunderland Royal Hospital	1
Norfolk & Norwich University Hospital	3		



Contact us

If you have any questions please don't hesitate to contact us, the OPTIMA team are very willing to help.

T: 02476 151948, E: optima@warwick.ac.uk